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10 CENTERS FOR MEDICARE AND MEDICAID SERVICES

11 Medicare Evidence Development & Coverage

12 Advisory Committee

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17 April 21, 2010

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19 Centers for Medicare and Medicaid Services

20 7500 Security Boulevard

21 Baltimore, Maryland

22

23 Reported by:

24 Paul Gasparotti

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1 Panelists

2

3 Chairperson

4 Clifford Goodman, Ph.D.

5

6 Vice-Chair

7 Saty Satya-Murti, M.D., F.A.A.N.

8

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10 Charles S. Carignan, M.D.

11 Roger Dmochowski, M.D.

12 Josef E. Fischer, M.D.

13 James M. Hevezi, Ph.D., FACR/FAAPM

14 Jeffrey G. Jarvik, M.D., M.P.H.

15 Roger D. Klein, M.D., J.D.

16 Barbara McNeil, M.D., Ph.D.

17 Curtis A. Mock, M.D., M.B.A.

18 Louis Potters, M.D., FACR

19 David J. Samson, M.S.

20 Sanford J. Schwartz, M.D.

21 Robert L. Steinbrook, M.D.

22 Craig Umscheid, M.D., M.S.C.E.

23

24 Industry Representative

25 G. Gregory Raab, Ph.D.

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1 Panelists (Continued)
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3 CMS Liaison
4 Marcel Salive, M.D.
5
6 Executive Secretary
7 Maria A. Ellis
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1 PANEL PROCEEDINGS
2 (The meeting was called to order at
3 8:10 a.m., Wednesday, April 21, 2010.)
4 MS. ELLIS: Good morning and welcome,

5 committee chairperson, vice chairperson,
6 members and guests. I am Maria Ellis, the
7 executive secretary for the Medicare Evidence
8 Development and Coverage Committee, MedCAC.
9 The committee is here today to discuss the
10 evidence, hear presentations and public
11 comment, and make recommendations concerning
12 the currently available evidence regarding the
13 risks, benefits and outcomes of radiation
14 therapy inclusive of external beam radiotherapy
15 and brachytherapy for the treatment of
16 localized prostate cancer.
17 The following announcement addresses
18 conflict of interest issues associated with
19 this meeting and is made part of the record.
20 The conflict of interest statutes prohibit
21 special government employees from participating
22 in matters that could affect their or their
23 employer's financial interests. Each member
24 will be asked to disclose any financial
25 conflicts of interest during their

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1 introduction. We ask in the interest of
2 fairness that all persons making statements or
3 presentations also disclose any stock or any
4 other form of financial interest in any
5 company, including Internet or E-commerce
6 organizations, that develops, manufactures,
7 distributes and/or markets devices or services,
8 hardware, implants, surgical instruments,
9 radiotherapy equipment, kits or testing
10 equipment used for the diagnosis and/or
11 treatment of prostate cancer. This includes
12 direct financial investments, consulting fees,
13 and significant institutional support. If you
14 haven't already received a disclosure
15 statement, they are available on the table
16 outside of this room.
17 We ask that all presenters please
18 adhere to their time limits. We have numerous
19 presenters to hear from today and a very tight
20 agenda, and therefore cannot allow extra time.
21 There is a timer at the podium that you should
22 follow. The light will begin flashing when
23 there are two minutes remaining and then turn
24 red when your time is up. Please note that
25 there is a chair for the next speaker, and

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1 please proceed to that chair when it is your
2 turn. We ask that all speakers addressing the
3 panel please speak directly into the mike and
4 state your name.
5 For the record, the voting members
6 present for today's meeting are: Dr. Saty

7 Satya-Murti, Dr. Charles Carignan, Dr. Roger
8 Dmochowski, Dr. Joseph Fischer, Dr. James
9 Hevezi, Dr. Jeffrey Jarvik, Dr. Roger Klein,
10 Dr. Barbara McNeil, Dr. Curtis Mock, Dr. Louis
11 Potters, David Samson, Dr. Sanford Schwartz,
12 Dr. Robert Steinbrook, and Dr. Craig Umscheid.
13 A quorum is present and no one has been recused
14 because of conflicts of interest.
15 The entire panel, including nonvoting
16 members, will participate in the voting. The
17 voting scores will be available on our website
18 following the meeting. Two averages will be
19 calculated, one for voting members and one for
20 the entire panel. I ask that all panel members
21 please speak directly into the mikes, and you
22 may have to move the mikes since we may have to
23 share.

24 There is a TV network broadcasting and
25 recording today's MedCAC meeting. This is in
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1 addition to the CMS Webinar and
2 transcriptionist. By your attendance you are
3 giving consent to the use and distribution of
4 your name, likeness and voice during the
5 meeting. You are also giving consent to the
6 use and distribution of any personally
7 identifiable information that you or others may
8 disclose about you during today's meeting.
9 Please do not disclose any personal health
10 information.
11 If you require a taxicab, there is a
12 signup sheet at the desk outside of the
13 auditorium. Please submit your name during the
14 lunch break.
15 Please remember to discard your trash
16 in the trash cans located outside of this room.
17 And lastly, all CMS guests attending
18 today's meeting are only permitted in the
19 following areas of CMS single site: The main
20 lobby, the auditorium, the lower level lobby
21 and the cafeteria. Any persons found in any
22 area other than those mentioned will be asked
23 to leave the conference and will not be allowed
24 back on CMS property again.
25 And now, I would like to turn the

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1 meeting over to Dr. Barry Straube.
2 DR. STRAUBE: Thank you, Maria, and
3 thank you Dr. Goodman and Dr. Satya-Murti for
4 chairing and cochairing the committee today. I
5 want to welcome everybody. I'm Barry Straube,
6 I'm the chief medical officer here at the
7 Centers for Medicare and Medicare Services, as
8 well as being the director of the Office of

9 Clinical Standards and Quality, and I want to
10 welcome our panel yet again.
11 I am always amazed when I look over
12 the hundred people who serve on the MedCAC
13 panel from which we can draw, and then when we
14 actually ask people and they agree to serve on
15 these panels, it's always a very large group of
16 renowned and respected individuals who have
17 great subject expertise in the areas that we're
18 delving into, so I want to thank all of you for
19 taking the time to serve on this very important
20 panel.
21 The MedCAC, as evidenced by our
22 changing the title from MCAC, Medicare Coverage
23 Advisory Committee, to MedCAC, Medicare
24 Evidence Development and Coverage Advisory
25 Committee has been evolving under Dr. Goodman's

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1 tutelage here of running this panel, and I
2 think we're getting more and more focused on
3 the need for the strength of evidence as we
4 make coverage decisions here at CMS,
5 particularly the strength of that evidence in
6 the population that we cover.
7 As you know, many of the areas that we
8 look at when we look at the evidence for
9 general populations, the strength may be there,
10 but we are more and more looking and
11 challenging ourselves to see whether the
12 evidence is applicable to our population,
13 particularly those over 65, those with end
14 stage renal disease and those with
15 disabilities.
16 This particular topic is very timely
17 and certainly relevant to that population of
18 people. I think that as a sign of the need for
19 this MedCAC, I was meeting with an academic
20 department of urology a few weeks ago about
21 other issues, but I happened to raise this
22 issue to the diverse staff that was present
23 that particular day, and I thought I was going
24 to have to mediate a fist fight because there
25 was a very decided and rather wide divergent

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1 opinions among that collegial staff on what
2 they felt about best treatments for localized
3 prostate cancer with radiation. So I'm very
4 interested and the Agency is very interested in
5 the deliberations today and we look forward to
6 the advice that this panel will be giving us
7 going forward.
8 So Dr. Goodman, I will turn it over to
9 you.
10 DR. GOODMAN: Thank you very much, Dr.

11 Straube.
12 We have today just until 4:30 for an
13 ambitious agenda on a topic with considerable
14 potential impact on the wellbeing of Medicare
15 beneficiaries. With that in mind, we do expect
16 that all of our speakers, those providing
17 public comments, and any who provide open
18 public comments later on today, as well as my
19 fellow MedCAC members, will be on point and
20 concise today.
21 Do speak into the microphone. If you
22 don't do that, we won't hear you, and just as
23 important, our trusty court reporter won't hear
24 you, which means that the important thing that
25 you have to say will not get into the record.

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1 We have today a time schedule for
2 public comments, I understand that there are a
3 dozen such comments, each of which has been
4 allocated by CMS a maximum of seven minutes.
5 And because of our tight agenda today,
6 including the need to hear from all of our
7 speakers and to provide full discussion for
8 this important subject, we will need to adhere
9 to those seven-minute limits, and I and our
10 cochair, Dr. Satya-Murti, kindly, though
11 firmly, suggest that each scheduled speaker
12 think now, think now about how to focus your
13 comments in those seven minutes on the
14 information that pertains directly to today's
15 voting questions. Please focus on those if you
16 can.
17 If you plan to present material that
18 you soon find to be repetitive of previous
19 speakers or that is merely background
20 information in those comments about your
21 organization, for example, you might consider
22 dispensing with that material and focusing
23 instead on those questions for today. In any
24 case, please do heed the traffic light system
25 and do know that we will proceed to the next

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1 speaker once you've used your allotted seven
2 minutes. Thanks for that.
3 With regard to disclosures and
4 introductions, I'm Cliff Goodman, vice
5 president of The Lewin Group. Lewin is one of
6 multiple subsidiaries of Ingenix, a health care
7 information and analytics firm. Ingenix in
8 turn is one of multiple subsidiaries of United
9 Health Group, and another subsidiary of United
10 Health Group is United Health Care.
11 With regard to interests, I understand
12 that I have a mutual fund with some health care

13 holdings that could involve some of these
14 issues. I have no other financial interests
15 pertaining to today's topic. Dr. Satya-Murti.
16 DR. SATYA-MURTI: Saty Satya-Murti. I
17 am a neurologist and I had been a contract
18 medical director for a number of years, and I
19 consult for industry, academic societies, and
20 at MedCAC here as well. I once did consult for
21 advanced prostate carcinoma treatment, it had
22 nothing to do with the radiation end and the
23 product is not on the market, and it was for
24 late stage prostate carcinoma. No other
25 conflicts.

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1 DR. GOODMAN: In any case, if you
2 would recite your name and if you have any
3 conflicts of interest, and if none, state none.
4 Next.
5 DR. CARIGNAN: I'm Dr. Charles
6 Carignan. I'm currently the CEO of NinePoint
7 Medical and I have no conflicts.
8 DR. FISCHER: Joe Fischer. I'm a
9 surgeon at Harvard Medical School and I have no
10 conflict of interest that I'm aware of.
11 DR. HEVEZI: I'm James Hevezi,
12 director of medical physics at the CyberKnife
13 Center in Miami, and I am a consultant to
14 Accuray Corporation.
15 DR. JARVIK: I'm Jeffrey Jarvik, a
16 radiologist at the University of Washington. I
17 have no direct conflicts of interest.
18 DR. KLEIN: Roger Klein, medical
19 director of Molecular Oncology and BloodCenter
20 of Wisconsin, and I have no conflicts.
21 DR. MCNEIL: Barbara McNeil, Harvard
22 Medical School and the Brigham and Women's
23 Hospital. No conflicts.
24 DR. MOCK: Curtis Mock, family
25 medicine and geriatrics, medical director of

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1 United Health Care. No known conflicts of
2 interest.
3 DR. POTTERS: I'm Louis Potters, I'm
4 chairman of radiation medicine, North Shore
5 LIJ. It's an academic department and I have no
6 ownership in any of the equipment that we use,
7 and have no other conflicts.
8 MR. SAMSON: David Samson. I'm
9 director of the comparative effectiveness
10 research at the Blue Cross and Blue Shield
11 Association. I have no conflicts.
12 DR. SCHWARTZ: Sandy Schwartz,
13 University of Pennsylvania. I own stock in
14 General Electric and I have served as a

15 consultant to Genentech and a Blue Cross Blue
16 Shield advisory committee.
17 DR. STEINBROOK: Robert Steinbrook,
18 Dartmouth Medical School. No conflicts.
19 DR. UMSCHIED: I'm Craig Umscheid, I'm
20 an internist and epidemiologist at the
21 University of Pennsylvania, and I direct the
22 Center for Evidence-Based Practice at Penn, and
23 I have no financial conflicts of interest.
24 DR. RAAB: I'm Greg Raab, I'm an
25 independent consultant, and I've provided
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1 consulting services to some companies who have
2 product interests in this area. That includes
3 Siemens and C.R. Barnes.

4 DR. GOODMAN: Thank you all very much.
5 I believe we will proceed now to the CMS
6 presentation and voting questions, Dr. Salive
7 first.

8 DR. SALIVE: Good morning. I'm Dr.
9 Marcel Salive and I am the division director
10 here at the Coverage and Analysis Group here at
11 CMS, and I want to welcome everyone to the
12 panel and thank all the panel members for
13 serving your very important role.
14 Today we're going to be discussing
15 radiation-based treatments for localized
16 prostate cancer, and we will present our
17 questions this morning and hear from the
18 technology assessment we commissioned, and we
19 have a number of questions for the panel to
20 analyze.

21 As you see, we have narrowed this
22 topic a little bit into radiation-based
23 treatments for localized prostate cancer. That
24 is because it is a very complicated topic, the
25 treatment of prostate cancer, and so we wanted

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1 to focus in on these modalities today. And I
2 want to thank Deirdre O'Connor and the whole
3 team for their efforts in preparing this
4 MedCAC, and Maria Ellis.

5 DR. GOODMAN: Ms. O'Connor.

6 MS. O'CONNOR: I'm Deirdre O'Connor
7 and I have no conflicts to disclose. Welcome
8 to our MedCAC.

9 The voting and discussion questions
10 are questions that identify for the panel the
11 issues of most interest to CMS. The voting
12 questions have a scale of level of confidence,
13 one being the lowest and no confidence, and
14 five representing a high level of confidence.
15 For the purpose of questions one
16 through four, the outcomes of interest are

17 defined as mortality, survival and death rate;
18 functional outcomes, erectile dysfunction,
19 urinary incontinence, fecal incontinence;
20 adverse events, rectal fistula, radiation
21 burns, infection.
22 For question 1, how confident are you
23 that there is adequate evidence to determine if
24 radiation therapy for the treatment of
25 localized prostate cancer affects each of the

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1 following health outcomes? Mortality,
2 functional outcomes, adverse events.
3 Number 2. How confident are you that
4 the evidence is adequate to conclude that the
5 use of external beam radiation therapy improves
6 each of the health outcomes listed below as
7 compared to therapeutic strategy of watchful
8 waiting? Again, mortality, functional outcomes
9 and adverse events.
10 Number 3. How confident are you that
11 the evidence is adequate to conclude that the
12 use of brachytherapy improves each of the
13 health outcomes listed below as compared to a
14 therapeutic strategy of watchful waiting?
15 Number 4. How confident are you that
16 the evidence is adequate to conclude that the
17 use of each of the modalities identified below
18 improves each of the health outcomes listed
19 over the identified comparator?
20 4.a. Stereotactic body radiation
21 therapy, SBRT including CyberKnife therapy,
22 compared to classically fractionated external
23 beam radiation therapy, EBRT, including 3-D
24 conformal radiation therapy, intensity
25 modulated radiation therapy and particle

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1 therapy.
2 4.b. SBRT compared to high dose rate
3 brachytherapy.
4 4.c. SBRT compared to low dose rate
5 brachytherapy.
6 Number 5. How confident are you that
7 these conclusions are generalizable to, A, the
8 Medicare patient population, and B,
9 community-based settings?
10 We have two discussion questions.
11 Number 6. What type of additional
12 evidence on the impact of radiotherapy on
13 prostate cancer outcomes is needed to improve
14 decision-making in the approach to treating
15 localized prostate cancer?
16 And the last one, how can the medical
17 research and provider community address the
18 evidentiary gaps that may contribute to health

19 disparities that exist in the diagnosis,
20 treatment and outcomes for localized prostate
21 cancer?

22 Thank you.

23 DR. GOODMAN: Thank you, Ms. O'Connor.
24 Following the identification of the questions
25 for today's consideration, we will proceed to

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1 the presentation of the technology assessment.

2 This was prepared at the Evidence-Based

3 Practice Center at Tufts Medical Center.

4 Presenting for that team will be Doctors Tom

5 Dvorak, Stanley Ip, and Bannuru, again from

6 Tufts.

7 For those of you that aren't familiar

8 with this, the evidence-based practice centers

9 are under contract to the Agency for Healthcare

10 Research and Quality to conduct evidence

11 reports and technology assessments, typically

12 using systematic review methods. These reports

13 are requested and are used by CMS as well as

14 other federal agencies.

15 Dr. Dvorak, thank you for being here,

16 sir.

17 DR. DVORAK: Thank you for the

18 invitation. I have no disclosures. I am a

19 radiation oncologist at Tufts and I have been

20 asked by the team to help with some of the

21 technical information.

22 So today we are presenting our report

23 on the comparative evaluation of radiation

24 treatments for clinically localized prostate

25 cancer. This is an update of a previous report

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1 by the Minnesota EPC that reviewed all the

2 treatment modalities, not just radiation

3 therapy. And this is a draft that has not been

4 peer reviewed yet due to the tight time line.

5 I will present some background

6 information on prostate cancer, some of the

7 management options, we will review the

8 Minnesota report highlights, and then we will

9 present to you our findings.

10 Prostate cancer is a large public

11 health problem. It's the number one cancer

12 diagnosis for men and number two cause of death

13 for men for cancer. Median age at diagnosis is

14 68 years old, although it's important to bear

15 in mind that already by the time one is 40

16 years old, about 30 percent of men may have

17 prostate cancer on autopsy in healthy men.

18 Lifetime risk of carrying the

19 diagnosis now is about 16 percent, although

20 this depends on how hard one looks. Before PSA

21 screening, this was about half, and obviously
22 if you biopsied everyone this rate would be
23 quite a bit higher. The risk of death, about
24 three percent lifetime. The diagnosis can be
25 either clinically by routine visual or rectal

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1 examination or by PSA screening. There is now
2 a significant controversy about the guidelines
3 and the screening that results in a biopsy.
4 It's important to understand the
5 anatomy. The prostate lives underneath the
6 bladder in front of the rectum sort of behind
7 the pubis, and these relations can give rise to
8 the toxicity or the risk of treatment,
9 including radiation therapy, so we will be
10 talking about genitourinary toxicity,
11 gastrointestinal toxicity, sexual dysfunction,
12 and the risk of secondary malignancies.
13 The cancer itself, the cancer grade is
14 determined by a Gleason score which ranges from
15 one to five, five being the most aggressive,
16 although clinically it's really grades three,
17 four and five that are used now. The Gleason
18 score is a sum of the primary and the secondary
19 patterns for a total score of two through ten.
20 In terms of staging, stage one is
21 disease which is clinically inapparent, you
22 cannot palpate it, you cannot see it on
23 imaging, so it's typically picked up by PSA
24 screening, Disease T2 is confined within the
25 prostate, and these two are part of the EPC

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1 report that we have been asked to present
2 today. In terms of prevalence, the vast
3 majority of patients now have either T1 or T2
4 disease.
5 It's important to understand the
6 natural course of the disease when we are
7 talking about treatment outcomes. For men who
8 were clinically diagnosed before the PSA era
9 for whom we have sufficient follow-up, about
10 ten percent of them are alive after 20 years,
11 and of these, more than half do not die of
12 prostate cancer, they will die of other causes.
13 Of course the flip side is also true, that
14 somewhere between a third and a half do die of
15 prostate cancer. With PSA screening there are
16 some estimates that it pushes back the clinical
17 course by ten to 12 years from the time of PSA
18 diagnosis to actual development of clinical
19 disease.
20 Now there is a variance in that some
21 men do die of prostate cancer, some don't, so
22 one of the studies looked at the variable

23 prognosis and some men, depending on what their
24 grade is, for example if they're older, if they
25 have low grade disease, their risk of dying

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1 from prostate cancer is minimal. On the other
2 hand, other men, if they are younger with a
3 high grade disease, their risk of dying from
4 prostate cancer is quite high, and so the
5 question is who should be treated and who
6 should not be treated.
7 There is very good evidence, which is
8 not part of our report, that young men with
9 high risk cancer have a survival benefit with
10 radiation therapy, this is from a local
11 advanced setting, which is why it is not
12 included here. So there are different ways of
13 stratifying patients based on the P stage, the
14 PSA and the Gleason score. This is one NCCN
15 guideline staging such that patients are
16 separated to very low risk, low risk,
17 intermediate risk or high risk, and then
18 depending on their risk factors they are
19 offered several different treatment options,
20 either no initial treatment, of which there are
21 several forms, radiation therapy, or radical
22 prostatectomy.
23 Key question one for our report
24 relates to the evidence of no initial treatment
25 versus radiation therapy comparisons. Key

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1 questions two and three then look at the
2 specific radiation therapy itself.
3 Just a quick overview. Radiation
4 therapy, there are rays that kill cells by
5 damaging the DNA. They can be either photons,
6 which are x-rays essentially, or they can be
7 particle therapy such as protons. They damage
8 everything in their path, including the tumor
9 and the surrounding normal tissues. And the
10 different tissues that we discussed previously
11 respond to radiation in different ways.
12 Fundamentally there is two different
13 types of radiation delivery, either from
14 outside of the patient or implanted directly
15 into the patient. For the purposes of our
16 report we have separated out external beam
17 radiation therapy and stereotactic body
18 radiation therapy, SBRT, and we will discuss
19 the distinction between these two. And then
20 brachytherapy can be added either permanently
21 as a low dose rate implant or temporarily as a
22 high dose rate implant.
23 This is what we see. As you can
24 notice, you don't really see where the prostate

25 is or the surrounding organs, and so this

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1 brings up the key question of efficacy versus
2 toxicity for radiation. We try to treat the
3 target and at the same time attempt to avoid
4 the surrounding tissues, which is the major
5 focus of the advances in radiation therapy.
6 This is sort of the historical
7 perspective, bladder, rectum, and the prostate
8 is somewhere within that area. With
9 introduction of CT scanning we can much better
10 see where the prostate is in three dimensions,
11 or maybe even using MRIs, and that allows a
12 much more precise determination of where the
13 prostate is, where the rectum is, and where the
14 bladders are, which are the main organs for
15 toxicity. This is just a comparison to the
16 previous.
17 Of course a big problem is that the
18 prostate moves and moves quite a bit.
19 Radiation, external beam radiation is delivered
20 Monday through Friday over seven to eight
21 weeks, and here you can see for example shifts
22 from day to day that can be up to a centimeter,
23 so that if we make our radiation field margins
24 too tight, we run the risk of missing the
25 prostate. There is also significant motion

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1 during treatment, here you can see about 12
2 minutes worth, and a couple minutes into it you
3 can see about a one-and-a-half-centimeter
4 spike, and then the prostate keeps moving
5 because of bladder and rectal filling.
6 There's different strategies of
7 managing the motion both in terms of between
8 treatments and during treatment, which include
9 daily imaging, different forms of
10 immobilization, as well as realtime imaging,
11 either electromagnetically or using x-rays.
12 And finally, brachytherapy avoids the motion
13 problem altogether by implanting the radiation
14 directly into the prostate.
15 There is a real clinical impact of
16 this, and this is a landmark study out of M.D.
17 Anderson Cancer Center where they looked at
18 patients who under initial treatment plan had a
19 big air pocket in their rectum. You can see
20 that the prostate is sort of sitting up front
21 with a high dose radiation field around. And
22 as you imagine over the next seven or eight
23 weeks, if that air pocket is not there, the
24 prostate springs back outside of the high dose
25 field, and there's a real clinical impact in

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1 that the patients who didn't have the air
2 pocket had about a ten percent failure rate,
3 the patients who did have the air pocket had
4 about 40 percent, so there's a real clinical
5 impact on missing the target. On the other
6 hand, the toxicity because the rectum was also
7 out of the way was much less.
8 So now that we know where the prostate
9 is, how do we get the radiation there?
10 Intensity modulation allows to
11 preferentially give parts of radiation to
12 different parts of the beam as the beams are
13 coming from different parts of the patient such
14 that the prostate itself receives the high
15 volume radiation, high dose radiation, and the
16 rectum not so much.
17 CyberKnife technology takes us in a
18 way one step further, and targets hundreds of
19 little beams across different parts of the
20 prostate such that you can then very precisely
21 deliver the radiation into the prostate, spare
22 the bladder and spare the rectum.
23 Finally, the role of proton therapy.
24 If you look at the classical x-ray therapy,
25 each beam which comes from the patient, most of

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1 the dose is deposited within the first couple
2 centimeters, so it's sort of shallowed by the
3 skin, and it's really the summary of all these
4 beams that then get the high dose regions.
5 Proton therapy, on the other hand, most of the
6 dose is deposited directly into the tumor, not
7 as much front or behind, and so that allows a
8 similar high dose region but much more sparing
9 of the low dose regions.
10 Once we know where and how to give the
11 radiation, the question is how much should we
12 give, the dose. Typically radiation is given
13 at 1.8 to two gray, which is the unit of
14 radiation, per day, these are the maximum up
15 here. And of course one of the questions is
16 what is the dose necessary to treat prostate
17 cancer. This is complicated by the fact that
18 if you give more than the standard two gray per
19 day, the damage to the cells is exponentially
20 higher, and so with this there is a concept of
21 biologic effective dose, which is essentially
22 the total dose that you're giving, the physical
23 dose, multiplied by a conversion factor. This
24 conversion factor depends both on the dose per
25 day or the dose per treatment you're giving, as

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1 well as the radiobiology, the response of the
2 tissue to radiation and how well it can repair

3 the DNA damage, this is represented by the
4 alpha-beta ratio.
5 So that if for example we give 80 gray
6 in two-gray fractions over 40 days, we might
7 get 130 biological dose. If we give the same
8 80 gray at ten gray for eight treatments, the
9 biological effective dose is about
10 two-and-a-half times as high.
11 The reason this is important for
12 prostate cancer treatment is that there are
13 different schedules that have been published.
14 These are the two common ones here, given over
15 eight to nine weeks. This would be the
16 schedule that would be given by the
17 stereotactic body radiation therapy approaches,
18 and you can see that if you calculate the tumor
19 dose, it may be that the SBRT dose is a little
20 bit higher and the rectal dose is a little bit
21 lower, but this critically depends on the
22 alpha-beta ratio and the assumption of these
23 calculations. If you use different alpha-beta
24 ratios it may be that the dose is lower ten or
25 20 percent, and the rectal dose may be higher.

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1 This is one of the areas that is currently
2 under research.
3 So in summary, the evolution of
4 radiation therapy from 2-D to 3-D, from IMRT to
5 SBRT is a function of the technology
6 advancement. SBRT then requires CT planning,
7 intensity modulated beams, daily imaging,
8 stereotactic immobilization, and few large dose
9 fractions.
10 This is what a modern setup would look
11 like, this is at Tufts. The beam comes from
12 here, there's a CAT scan on board, the patient
13 is immobilized, and there can be image guidance
14 also to account for respiratory motion.
15 Now in terms of brachytherapy, this is
16 an operative procedure. While the patient is in
17 the OR, there is a number of needles that get
18 placed through a template and then radioactive
19 sources are implanted directly into the
20 prostate and they give off radiation locally.
21 The key questions here are which source, which
22 radionuclide do we use. There are different
23 energies which determine how far the radiation
24 will penetrate and different half-lives as to
25 how quickly the dose is deposited. And again,

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1 the question is what cumulative dose should be
2 used.
3 In terms of high dose rate
4 brachytherapy, a similar concept where

5 catheters are implanted directly into the
6 prostate gland. These are hollow catheters.
7 The patient is then brought to the radiation
8 department and from the outside a radioactive
9 source is inserted into these catheters. There
10 is typically one radionuclide used at one
11 source and the question of dose schedule here
12 is critical because this is an implant, it
13 requires hospitalization, and typically these
14 are much abbreviated fractions, called large
15 dose per day.
16 In terms of the treatment evaluation,
17 there's both clinical outcomes as well as
18 biochemical outcomes by monitoring PSA. The
19 PSA failure is now defined as the lowest point
20 after treatment plus two. So as you can see
21 here in a hypothetical patient, the PSA drops
22 down, then it can rise up a little bit again,
23 it goes down again, and eventually starts
24 rising, and it's really when it reaches the two
25 that we consider this to be a failure.

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1 And then there is the toxicity and
2 quality of life outcomes of some of the
3 surrounding organs that we discussed earlier.
4 Many of the reports that we will be presenting
5 to you used the RPOG grades, and a grade three
6 toxicity is commonly reported. For example,
7 for the GI this would be bloody discharge
8 requiring sanitary pads, for the GU,
9 genitourinary toxicity, this might be urgency
10 or frequency on an hourly basis or frequent use
11 of narcotics.
12 Now, our report is an update of the
13 previous report by Minnesota EPC which looked
14 at all different treatments through 2007, and
15 their main findings really were that no one
16 therapy can be considered the preferred
17 treatment, and this was partly due to the
18 limitations in the body of evidence and partly
19 due to the tradeoffs between the effectiveness
20 and the adverse effects of different treatment
21 modalities. All treatment options result in
22 adverse effects, and no trials enrolled
23 patients with PSA detected disease.
24 For our report, there were no
25 randomized trials comparing external beam

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1 radiation with watchful waiting. Further, no
2 external beam regimens were found to be
3 superior. There were no randomized trials
4 comparing some of the other treatment
5 modalities. One trial showed a decrease
6 disease recurrence in radical prostatectomy

7 compared with external beam radiation therapy,
8 this is an older smaller trial, and one trial
9 found a decrease in disease-specific mortality
10 in radical prostatectomy compared to watchful
11 waiting. In one trial it was not significant.
12 DR. GOODMAN: Dr. Dvorak, please, two
13 things. Can you go to the previous slide for
14 just a moment, and can you slow down by about
15 7.4 percent?

16 DR. DVORAK: Absolutely. The main
17 finding here is that no one therapy could be
18 considered to be the preferred treatment, and
19 this was because of the limitations in the
20 evidence itself, as well as the fact that there
21 are tradeoffs between the outcomes and the side
22 effects, and these tradeoffs sometimes depend
23 on the individual patients. The conclusion
24 also was that all treatment options do result
25 in side effects, which has to be borne in mind.

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1 No trial enrolled patients with PSA detected
2 disease, so as you remember, most men today are
3 in fact diagnosed with PSA detected disease.
4 And there are no randomized trial comparing
5 external beam radiation therapy to watchful
6 waiting.
7 Would you want me to go over this one
8 as well?

9 DR. GOODMAN: Proceed, but at the same
10 pace, thank you.

11 DR. DVORAK: So no external beam
12 radiation therapy regimen, but they looked at
13 conventional radiation, high dose radiation,
14 hypofractionated regimens were found to be
15 superior in reducing mortality outcomes. A
16 frequent outcome is biochemical progression-
17 free survival, which is the PSA, but in terms
18 of mortality there was no difference.
19 There were no trials that looked at
20 brachytherapy, prior therapy, robotic-assisted
21 prostatectomy, primary androgen deprivation,
22 proton beams or IMRT, so any of the modern
23 treatment options.

24 One trial found a decrease in disease
25 recurrence, so a better outcome in radical

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1 prostatectomy compared to external beam
2 radiation therapy. This was again an older
3 trial, before all the technology advancements
4 that we discussed. And one trial found a
5 decrease in disease-specific mortality, so
6 again better outcome, in radical prostatectomy
7 compared to watchful waiting. A second similar
8 trial was not significant.

9 So now, Dr. Ip will be presenting our
10 evidence. Thank you.
11 DR. GOODMAN: Thank you.
12 DR. IP: Good morning. I have no
13 conflicts of interest.
14 I will be talking about the methods
15 that we used to conduct the review. Basically
16 we asked the following three key questions in
17 our report. Number one, what are the benefits
18 and harms of radiation therapy for clinically
19 localized prostate cancer compared to no
20 treatment, or no initial treatment in terms of
21 clinical outcomes?
22 Number two, what are the benefits and
23 harms of different forms of radiation therapy
24 for clinically localized prostate cancer in
25 clinical outcomes?

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1 And number three, how do specific
2 patient characteristics affect the outcomes of
3 these different forms of radiation therapy?
4 The population that we're interested
5 in are men with clinically localized prostate
6 cancer T1 T2 staged disease, regardless of how
7 old they are, what their histological grades
8 were, or what their PSA concentrations were.
9 The interventions of interest are the
10 ones that Dr. Dvorak talked about earlier. We
11 also are interested in no treatment or no
12 initial treatment. In our report, watchful
13 waiting, active surveillance or observation,
14 they are all considered equivalent.
15 Many of the studies in our report,
16 they enrolled patients who had some forms of
17 hormonal or androgen deprivation therapy. We
18 included them unless the study's specific
19 objectives were to evaluate whether or not
20 hormonal therapy with radiation therapy makes a
21 difference.
22 The outcomes of interest are overall
23 and disease-specific survival, biochemical
24 progression-free survival, quality of life
25 including bowel, bladder and sexual

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1 dysfunction, and other adverse events like
2 second primary cancer.
3 The kinds of studies that we were
4 primarily interested in are comparative
5 studies, i.e., randomized controlled trials or
6 nonrandomized comparative studies. All the
7 single cohort studies that had before-after
8 analysis, we excluded them. This is a figure
9 showing the kinds of studies we included.
10 Basically we have two sources. One source is

11 from the MEDLINE, that we did the search in the
12 last two years. The other source is the nine
13 randomized controlled trials in the Minnesota
14 report that's related to radiation therapy.
15 We decided to also include that in our
16 analysis and we have a total of 62 studies.
17 The reason we did that is because between the
18 time of the Minnesota report and our report,
19 EPC-wide we have tried to standardize the way
20 that we evaluate studies. So their method is a
21 little different from ours, so it's safer that
22 we just look at the studies ourselves.
23 So we used the AHRQ comparative
24 effectiveness review methods guide and we rated
25 individual quality of the studies using three

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1 grades, A, B and C. We also rated the strength
2 of evidence for each of the key questions. It
3 should be noted that strength of evidence is
4 specifically pertaining to the studies that we
5 have reviewed in these last two years. And we
6 take into account the number and quality of the
7 primary studies, the study design, duration of
8 follow-up, consistency of the results across
9 studies, and the ratings are segregated into
10 three levels, high, moderate or insufficient.
11 It's insufficient if the evidence is
12 unavailable, limited, or if the results are
13 inconsistent or if they are C quality studies.
14 This is an overview of the kinds of
15 studies that we have in our report. On this
16 slide you can see the different kinds of
17 comparisons and up here are the different kinds
18 of outcomes, patient survival, biochemical
19 failure or toxicity. Within each row, the
20 first row are the studies, randomized
21 controlled trial, prospective cohort,
22 retrospective cohort, the size of the circle is
23 proportionate to the sample size. And the main
24 message from this slide is there are really no
25 studies that examined or reported patient

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1 survival.
2 Dr. Bannuru will now come up and
3 discuss the results of key questions one and
4 two, and then I will come back and up and wrap
5 up the report.
6 DR. GOODMAN: Dr. Bannuru.
7 DR. BANNURU: Thank you. I don't have
8 any conflicts of interest, and I will be
9 discussing the key question one and two.
10 Our key question one is, what are the
11 benefits and harms of radiation therapy for
12 clinically localized prostate cancer compared

13 to no treatment or no initial treatment in
14 terms of clinical outcomes? For this question
15 we have five studies and all of them are
16 retrospective studies, of which two of them
17 used registry data.
18 And coming to this slide, during this
19 presentation I will be using this kind of
20 graph, so first I would like to go over it.
21 So, this is the line of no difference and this
22 square here represents the effect size of each
23 study, and this horizontal line represents nine
24 separate confidence intervals, and when this
25 confidence interval crosses the line of no

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1 difference, then there's evidence statistically
2 not significant, and our x axis would be the
3 outcome metric, for example on this slide it is
4 hazard ratio. It is important to note that
5 this is just a graphical representation of the
6 results and we are not reporting any summary
7 results.

8 DR. GOODMAN: Dr. Bannuru, I'm sorry.
9 You say three retrospective cohorts, and I
10 think I see four studies.

11 DR. BANNURU: Don't worry, I'm going
12 to explain that. You're one step ahead of me.
13 Coming to this particular slide, there are
14 three studies, and four analyses have looked at
15 patients for radiation therapy versus no
16 therapy or no initial treatment. Of these,
17 three studies found no differences and only one
18 analysis has found increased patient survival
19 with radiation therapy. The strength of
20 evidence for this outcome is insufficient.

21 DR. SCHWARTZ: Excuse me, can you go
22 back? Can you just explain? The point
23 estimates look like there's a reduced risk, and
24 there's just a tail of the confidence intervals
25 that go above one?

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1 DR. GOODMAN: Dr. Schwartz, let's hold
2 these questions until the presentation is
3 finished and then we'll get them all at once.
4 Thank you. Please proceed.

5 DR. BANNURU: So in terms of
6 genitourinary toxicity, one retrospective study
7 which analyzed data with this database has
8 reported no difference in toxicity with
9 brachytherapy alone or with external beam
10 radiation therapy alone, but it reported an
11 increased toxicity with combination therapy.
12 Now let's look at the patient
13 survival, I think I went by -- I'm sorry.
14 Okay. With a second primary cancer, one study

15 analyzed a data registry and found no
16 difference with brachytherapy but they found
17 increased toxicity with external beam,
18 increased second primary cancer with external
19 beam radiation therapy.
20 Now let's move on to key question two,
21 what are the benefits and harms of different
22 forms of radiation therapy for clinically
23 localized prostate cancer in terms of clinical
24 outcomes? For this question we have seven
25 comparisons. The top four are between modality

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1 comparisons and the bottom three are within
2 modality comparisons.
3 Our first comparison in this group, or
4 for this question is stereotactic body
5 radiation therapy including CyberKnife, and we
6 found no acceptable studies for this
7 comparison.
8 Our next comparison for this key
9 question is low dose brachytherapy versus
10 external beam radiation therapy. There are six
11 studies which reported freedom from biochemical
12 failure. All of them are retrospective studies
13 and thus, because androgen deprivation therapy
14 interacts with radiation therapy, we decided to
15 divide this into two different groups based on
16 whether the drugs are included, patients
17 receiving androgen deprivation therapy. So in
18 the group with patients receiving androgen
19 deprivation therapy, three out of four trials
20 reported increased freedom from biochemical
21 failure with low dose brachytherapy, and in the
22 other group there's no difference, and the
23 strength of evidence for this outcome is
24 insufficient.

25 In terms of disease-specific

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1 mortality, one retrospective cohort study
2 reported no difference.
3 In terms of genitourinary toxicity,
4 there are four prospective and two
5 retrospective studies reporting this outcome.
6 In the prospective studies they used different
7 disease-specific quality of life scales and
8 reported varying results. The two
9 retrospective studies reported no difference in
10 acute genitourinary toxicity and reported
11 increase in, decreased toxicity with external
12 beam radiation therapy. With respect to
13 genitourinary outcomes, the strength of
14 evidence is insufficient.
15 One study analyzed a serial database
16 and looked at bladder cancer incidence and it

17 reported decreased bladder cancer incidence
18 with low dose brachytherapy.
19 In terms of gastrointestinal toxicity,
20 four prospective studies and three
21 retrospective studies looked at this outcome.
22 Turning to prospective studies, they used
23 different disease-specific quality of life
24 scales and they reported varying results.
25 Coming to the retrospective studies, they used

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1 RTOG scales and reported no difference in GI
2 toxicity, and the strength of evidence for this
3 outcome is insufficient.
4 The same study which looked at bladder
5 cancer incidence has also looked at rectal
6 cancer incidence and found a decrease in rectal
7 cancer incidence with low dose brachytherapy.
8 Our next outcome of interest is sexual
9 dysfunction, and the four prospective studies
10 that have look at it have used different scales
11 and reported varying results, and the strength
12 of evidence for this outcome is insufficient.
13 The next comparison we will be looking
14 at is high dose brachytherapy versus low dose
15 brachytherapy, and we have identified only one
16 individual study for this outcome, for this
17 comparison, and it reported no difference in
18 biochemical control. It also reported
19 genitourinary and gastrointestinal toxicity but
20 without reporting the P values, but our
21 calibrations showed that there is no difference
22 in GI toxicity but an increase in genitourinary
23 toxicity with low dose brachytherapy. In terms
24 of sexual dysfunction, the same study reported
25 no difference.

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1 And we also looked at combination
2 therapies. There are six different
3 combinations, each of them combining various
4 forms of brachytherapy. There are over ten
5 studies but only three had clinical results for
6 this comparison. The two retrospective studies
7 reported genitourinary outcomes, and the first
8 one reported increased genitourinary toxicity
9 with combination therapy and the other one
10 reported increase in urethral strictures with
11 combination therapy, and the strength of
12 evidence for this outcome is insufficient.
13 And one retrospective cohort analyzed
14 a serial database and looked at second primary
15 cancer and they reported increased second
16 primary cancer in the combination therapy
17 group.
18 Next we looked at within modality

19 comparisons, and the first one in this group
20 would be intra-stereotactic body radiation
21 therapy. We found one study looking at
22 genitourinary and gastrointestinal toxicity and
23 this study used about 300 patients, of which 50
24 of them received 35 gray and the other 250 of
25 them received 36.25 gray, and they reported no
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1 difference in the genitourinary or
2 gastrointestinal toxicity.
3 And the next comparison of interest is
4 intra-external beam radiation therapy, and it's
5 related to dose comparisons and fraction size
6 comparisons. Turning to the dose comparisons,
7 eight studies including three randomized trials
8 reported freedom from biochemical failure and
9 they reported increased freedom from
10 biochemical failure with increased dose, and
11 the strength of evidence for this outcome is
12 moderate.

13 As you can see, these studies favored
14 high dose external beam radiation therapy, and
15 there was only one eligible study which looked
16 at hormone therapy.

17 In terms of toxicity, there were nine
18 studies, including a randomized trial,
19 reporting no difference in genitourinary and
20 gastrointestinal toxicity and the strength of
21 evidence for this outcome is moderate. As you
22 can see, there's no difference in acute or late
23 toxicity.

24 And now going on to fraction size
25 comparisons, three randomized trials reported
00050

1 freedom from biochemical failure and they
2 reported no difference between standard and
3 hypofractionation, and the strength of evidence
4 for this outcome is moderate. As you can see,
5 all three of them report no difference here.

6 In looking at genitourinary and
7 gastrointestinal toxicities there are four
8 studies, including two randomized trials
9 reporting this outcome, and they found no
10 difference in late or acute GU or GI
11 toxicities. As you can see, there's no
12 difference.

13 And the last comparison for this
14 question is intra-low dose brachytherapy, and
15 this has several studies comparing different
16 isodose. In terms of overall survival, one
17 retrospective study has reported increased
18 survival with increased dose, and the same
19 study has also looked at freedom from
20 biochemical failure and has reported increased

21 freedom from biochemical failure with increased
22 biologically effective dose. Another trial
23 looking at iodine-125 has reported no
24 difference in freedom from biochemical failure.
25 The strength of evidence for this outcome is

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1 insufficient.
2 In terms of genitourinary and
3 gastrointestinal toxicity there are two
4 eligible randomized trials, and the first one
5 comparing iodine and palladium showed no
6 difference. And the second one looking at low
7 dose brachytherapy without hyaluronic acid has
8 found decreased gastrointestinal toxicity with
9 hyaluronic acid, and the strength of evidence
10 for this outcome is insufficient.

11 Now Dr. Ip will come back on the third
12 question.

13 DR. GOODMAN: Thank you, Dr. Bannuru.
14 Dr. Ip.

15 DR. IP: I'm going to just talk about
16 the results on key question three, how do
17 specific patient characteristics, example, age,
18 race, ethnicity, presence or absence of
19 comorbidities, affect the outcomes of these
20 different forms of radiation therapy? In our
21 search we actually did not identify any study
22 that examined age, race or comorbidities in
23 terms of how it affects the outcomes of
24 radiation therapy.

25 All the studies that we found, they

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1 basically looked at how baseline risks would
2 affect the outcomes, and basically here we have
3 five studies that looked at whether, if you're
4 classified as low baseline risk of disease
5 progression of your prostate cancer into
6 intermediate or high risk, and how the outcomes
7 were changed. These classifications, as
8 Dr. Dvorak mentioned, there's either an NCCN
9 guideline or there's a D'Amico classification,
10 they basically all use a variation of looking
11 at the T stage and the Gleason score, or the
12 PSA concentration, classify them into low,
13 intermediate or high.

14 I'm not going to go over every single
15 result. Suffice it to say that there is only
16 one study per comparison, so we rated this as
17 insufficient.

18 There is one randomized trial that
19 examined how baseline PSA concentration would
20 affect the outcome and they basically looked at
21 78 gray versus 70 gray, and found if you're in
22 a group that PSA is less than ten, it didn't

23 seem to make any difference or affect the
24 outcome, but if it's a PSA greater than ten
25 then your failure seems to increase with

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1 increased external beam radiation therapy dose.
2 One other study, a retrospective
3 cohort study with about 4,000 patients, out of
4 these 4,000 patients they identified the ones
5 who had Gleason score of seven and they also
6 identified the ones with Gleason score of eight
7 to ten and compared them, and they found that
8 with a Gleason score of seven there's no
9 difference in biochemical freedom from failure
10 with increased brachytherapy dose. However, in
11 the group with a score of eight to ten, the
12 biochemical freedom from failure is increased
13 with increased brachytherapy dose.
14 This is just a summary slide of all
15 the subjects you've heard. Basically we only
16 found moderate strength of evidence when we're
17 comparing intra-external beam radiation therapy
18 dose in terms of biochemical failure and
19 gastrointestinal and genitourinary toxicity.
20 Conclusions of our report: There are
21 insufficient data to determine if radiation
22 therapy is superior to no treatment or no
23 initial treatment. We could not determine if
24 one form of radiation therapy is superior to
25 another form in terms of overall or

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1 disease-specific survival. Increased external
2 beam radiation therapy dose associated with
3 long-term biochemical control in brachytherapy
4 is associated with increased genitourinary and
5 decreased gastrointestinal toxicity compared
6 with external beam radiation therapy.
7 Limitations: There's a paucity of
8 high quality adequately randomized controlled
9 trials. There's variability in many of the
10 outcome measures. Even in definitions of
11 biochemical failure, they seem to differ across
12 the studies that we have examined. And lastly,
13 the most important is in terms of the
14 observational studies that we've looked at.
15 Many of the comparison groups, their baseline
16 risk of disease progressions are fundamentally
17 different across the different trials.
18 For example, I notice in the
19 brachytherapy studies they tend to enroll low
20 risk patients and in the external beam therapy
21 they tend to have intermediate or high risk
22 patients. If you try to compare those two
23 groups, it's problematic.
24 Future research: We recommend you

25 standardize the outcome measures. In terms of
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1 more trials we recommend comparing radiation
2 therapy with no treatment or no initial
3 treatment. In fact there are two ongoing
4 trials, one is being done in the United Kingdom
5 and one is done in Canada, we won't get the
6 results from them for a few more years.

7 We also recommend comparing the
8 extreme hypofractionation versus standard
9 fractionation, compare brachytherapy with
10 external beam radiation therapy, and also look
11 at the role of proton therapy versus photon
12 therapy.

13 Lastly, none of the studies that we
14 reviewed reported any kinds of data related to
15 radiation therapy delivery in terms of safety,
16 example, like errors in planning software or
17 machine malfunctions, et cetera.

18 I would like to acknowledge Mei Chung,
19 Joseph Lau, Ndidiamaka Obadan, Kamal Patel and
20 Winifred Yu, who are not here today, but who
21 worked pretty hard on this report. Thank you.

22 DR. GOODMAN: Thank you, Dr. Ip.
23 Before we finish this session, could you return
24 to slide 101, please, and just leave that up
25 for a moment. That was the chart. Now if you

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1 would just, if your team would just stay there
2 for a few minutes, we're going to take a
3 limited number of high level important, not
4 detailed, questions from our panel before we
5 move on to the next part.

6 Before we do that, though, we had one
7 additional MedCAC member join us.

8 Dr. Dmochowski, could you just introduce
9 yourself and declare whether or not you have
10 any conflicts.

11 DR. DMOCHOWSKI: Roger Dmochowski,
12 Vanderbilt University. I'm a urologist and
13 have no conflicts of interest.

14 DR. GOODMAN: Thank you,
15 Dr. Dmochowski.

16 Doctor, we may have a couple questions
17 now for you. Panel, we can't spend a lot of
18 time on this, but just some high level
19 questions to make sure we capture the essence
20 of the presentation just given. Dr.

21 Satya-Murti, did you have a question?

22 DR. SATYA-MURTI: Yeah, thank you.
23 Thanks for the presentation. Very focused
24 questions.

25 The definition of biochemical failure,

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1 is that a consensus or is that a validated
2 definition, how much it rises?
3 And the second is, a lot of these are
4 insufficient evidence, and you referred to
5 bias. What were the sources of bias, is that a
6 design methodology?
7 DR. IP: I'm sorry, what bias are you
8 talking about?
9 DR. SATYA-MURTI: In the studies you
10 talked about bias and insufficiency. I mean it
11 just stares at us, insufficiency.
12 DR. IP: Most of the time, this is
13 very much an overgeneralization. There are
14 very few studies in each of the studies, one or
15 two, and a lot of these are observational
16 studies so they're not randomized trials or
17 anything, so that's why we rated them down.
18 DR. SATYA-MURTI: And biochemical?
19 DR. IP: Dr. Dvorak will answer that.
20 DR. DVORAK: That is a consensus
21 definition.
22 DR. GOODMAN: Thank you. Dr. McNeil
23 first.
24 DR. MCNEIL: I actually wanted an
25 answer to Sandy's question.

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1 DR. GOODMAN: Okay. She's ceding the
2 floor to Dr. Schwartz, and Dr. Schwartz, into
3 the microphone, please.
4 DR. SCHWARTZ: I was just interested
5 in the criteria that you used for deciding
6 whether or not to do, you know, a summary
7 meta-analysis when you had a bunch of studies
8 that were small.
9 DR. IP: Well, first of all, we would
10 prefer doing a meta-analysis of randomized
11 controlled trials. Second of all, a lot of
12 these observational studies are extremely
13 heterogeneous and the comparator arms are very
14 different, and to try to lump them together and
15 give a summary estimate, it could be
16 misleading. People would just say yeah, you
17 know, overall they found this, and we don't
18 want that to happen. So I think it's much
19 safer to just report what each study shows, and
20 you can decide for yourself.
21 DR. GOODMAN: Thank you. Dr. Fischer.
22 DR. FISCHER: Dr. Ip, if I understood
23 you correctly, what you basically said in your
24 summary was that there's no difference in
25 treatment with external beam radiation, but

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1 that group was mostly low risk patients, in
2 other words, what we're discussing today, T1

3 and T2 at the most. And then in the -- but the
4 other group that was actually treated, that
5 there was, these people were medium and high
6 risk. Is my interpretation of what you
7 basically said as a summary accurate?

8 DR. IP: I'm just saying that what I
9 noticed in the studies, the patients who got
10 the brachytherapy, they tended to be in the low
11 risk group.

12 DR. FISCHER: Right.

13 DR. IP: The patients who got the
14 external beam radiation therapy tend to be the
15 intermediate or high risk group.

16 DR. FISCHER: So leaving in there, the
17 patients who were in the low risk group, how
18 old were they, that got the brachytherapy?
19 Because there's a large, or at least there's
20 some body of evidence that if they are older
21 than 65, maybe they shouldn't be treated at
22 all.

23 DR. IP: I don't know the answer to
24 that off the top of my head. I'll take a look
25 at that.

00060

1 DR. FISCHER: Thank you.

2 DR. GOODMAN: Thank you. Dr. Samson.

3 MR. SAMSON: I'd like to comment on
4 the relation between your technology assessment
5 and the Minnesota CER that was done in 2007.
6 The study selection criteria used by the
7 Minnesota EPC was focused on randomized trials,
8 and your technology assessment was focused on
9 not only randomized trials but observational
10 designs. And I'm just curious if you think
11 that there are other observational studies done
12 before 2007 that you did not include in your
13 analysis that maybe could be relevant.

14 DR. IP: That's an excellent question,
15 and we actually took that into account. I
16 don't have an exact answer because we didn't
17 look at all these other studies. From what I
18 could tell reading through the Minnesota
19 report, they mentioned some of the
20 observational studies and the difficulty. They
21 also pinpointed the low quality of the
22 observational studies, so they didn't even
23 update it. So I suppose there could be some
24 other observational studies, but I wouldn't
25 know at this point.

00061

1 MR. SAMSON: Right, and one other
2 comment. In your future research, you
3 emphasize the need for randomized trials.

4 DR. IP: Yes.

5 MR. SAMSON: Would you also further
6 that to say that you need some high quality
7 observational designs?
8 DR. IP: Yes.
9 DR. GOODMAN: Thank you, Dr. Ip.
10 Dr. Hevezi is next.
11 DR. HEVEZI: Dr. Ip, could you tell us
12 how many of these studies were RTOG or SWOG
13 sanctioned studies, or were they single
14 institution studies?
15 DR. IP: I'm sorry, can you repeat the
16 question?
17 DR. HEVEZI: Were these studies done
18 under the guidance of the Radiation Therapy
19 Oncology Group or the Southwest Oncology Group
20 or any sort of cohorts like that?
21 DR. IP: I don't know the answer to
22 that question.
23 DR. GOODMAN: You would have to go
24 back to the original published report to
25 determine it.

00062

1 Dr. Hevezi, why did you raise that
2 question, sir, briefly?
3 DR. HEVEZI: Well, certainly the last
4 point of Dr. Ip's summary was the safety
5 aspect. One of the confounding factors here is
6 that as the studies begin, there's a learning
7 curve on how to proceed with them, and some of
8 the studies would probably be less well done at
9 the beginning of a study than maybe some of the
10 patients treated at the end of the study, so
11 those are some of the confounding kinds of
12 factors that have to be taken into account. So
13 if these studies were done under the guidance
14 of RTOG or SWOG or some other oncology group,
15 some of those factors could be leveled out.
16 DR. GOODMAN: Dr. McNeil.
17 DR. MCNEIL: I notice that in a couple
18 of the studies the use of the androgen
19 deprivation therapy had a large effect, there
20 were large studies with a large effect. And
21 I'm wondering if going forward you think it's
22 reasonable or not reasonable to be looking at
23 other studies that don't include these androgen
24 deprivation therapies for this group of
25 patients.

00063

1 DR. IP: I think that is perfectly
2 reasonable.
3 DR. MCNEIL: Which is perfectly
4 reasonable?
5 DR. IP: It should look at patients
6 who only have T1 and T2 and did not receive any

7 form of hormonal therapy.
8 DR. MCNEIL: I guess what I was
9 asking, is it possible in the studies in which
10 that information is not provided, and I think
11 there are only two slides here in which the
12 presence or absence of androgen deprivation
13 therapy is indicated, do we know for sure that
14 in all of the other studies there was or was
15 not any additional therapy?

16 DR. IP: We actually know that
17 information; we just didn't summarize it in
18 these slides.

19 DR. GOODMAN: Dr. McNeil, does that
20 satisfy your question there?

21 DR. MCNEIL: Not completely. In terms
22 of your future research, do we explicitly have
23 to do studies that do or do not include
24 androgen deprivation therapy, to tease these T1
25 and T2 tumors with the various kinds of

00064

1 radiation therapy?

2 DR. GOODMAN: Dr. Dvorak.

3 DR. DVORAK: If I could make one
4 comment, on one of the slides there is the
5 comparison of no androgen deprivation to
6 androgen deprivation, and so it happens that
7 the studies that were in the yes, androgen
8 deprivation therapy, went back historically and
9 had lower doses of external beam radiation
10 therapy, so they were much more heterogeneous
11 than the other three studies, so it may or may
12 not be the androgen deprivation therapy effect.

13 DR. MCNEIL: So even though they're
14 published recently, they were older?

15 DR. DVORAK: Correct. They went back
16 to 1993 or 1994 in their retrospective cohort,
17 and over that time the dose of external beam
18 radiation therapy has changed dramatically as a
19 function of the technology advancements.

20 Having said that, your question I think is fair
21 as to the role of androgen deprivation therapy,
22 but we explicitly did not look at it as part of
23 this report.

24 DR. GOODMAN: Thank you, Dr. Dvorak,
25 and once again, Dr. Dvorak, please slow down by

00065

1 that 7.4 percent that I requested earlier.

2 It's my failing, not yours, but I appreciate
3 that. Dr. Potters.

4 DR. POTTERS: Yeah. On the next
5 slide, 102, on the first bullet item, how
6 comfortable are you with the no treatment or no
7 initial treatment, versus no treatment and no
8 initial treatment, since the comparison of

9 those studies included cohorts of patients that
10 had delayed therapy which would then bias the
11 no treatment?
12 DR. IP: I think you need to repeat
13 the question, please?
14 DR. POTTERS: So, the first bullet
15 item, you say there's insufficient data to
16 determine if RT is superior to no treatment or
17 no initial treatment. So, my definition of no
18 initial treatment is important, because it's
19 generally defined as a delay in treatment of
20 six months or so, which may or may not be of
21 significance given the fact that there is a
22 large cohort of patients treated after six
23 months in a lot of those observational studies,
24 and how significant is the or versus and in
25 that first statement?

00066

1 DR. IP: We took like a pretty
2 comprehensive inclusion here, and basically we
3 tried to come up with this term no treatment or
4 no initial treatment because of all the varying
5 definitions of active surveillance, watchful
6 waiting and observation. So it isn't like an
7 all-inclusive group, so we are now seeing you
8 have to have treatment within six months or
9 more than six. Some of these, Dr. Dvorak can
10 explain better, some of these you could be
11 watching and do nothing for years, and then you
12 may get treatment if something happens.

13 DR. GOODMAN: Thank you, Dr. Ip.
14 Dr. Potters, I would just point out, it sounds
15 like a pretty inclusive, broad, encompassing
16 definition, and even with that, there does not
17 seem to be a lot of rigorous evidence.

18 DR. POTTERS: My only comment would be
19 that if it's an and instead of or, because you
20 don't have the evidence that defines no
21 treatment versus delayed therapy.

22 DR. GOODMAN: I would prefer the
23 Boolean logic or, which is more inclusive. I
24 think we probably mean the same thing. Would
25 you go back to slide 101, please, for a point

00067

1 of clarification? Top line, radiation therapy
2 versus NT, does the RT there refer to all forms
3 of external radiation as well as internal?

4 DR. IP: Yes, it's all forms.

5 DR. GOODMAN: It's all forms,
6 including for example SBRT.

7 DR. IP: Right.

8 DR. GOODMAN: And I look across the
9 first line, under disease-specific survival I
10 see insufficient, freedom from biochemical

11 failure I see insufficient, GU/GI toxicity I
12 see insufficient. So that is an all-inclusive
13 line, is that correct?
14 DR. IP: Correct.
15 DR. GOODMAN: Thank you. With that,
16 Dr. McNeil, a question?
17 DR. MCNEIL: Just to follow up on your
18 question, if that is all inclusive, is there
19 any relevance to answering the sub questions?
20 DR. GOODMAN: We will confront that
21 issue shortly, but we do want to hear from our
22 presenters. Dr. Satya-Murti.
23 DR. SATYA-MURTI: So going back to
24 that first row, you don't have enough
25 information on proton beam, I assume.

00068

1 DR. IP: Right.
2 DR. SATYA-MURTI: So we might say RT
3 versus NT with, I suppose it's sufficient but
4 not yet collected data on proton beam. Proton
5 beam is not included, or is it included on the
6 first row?
7 DR. GOODMAN: Dr. Dvorak.
8 DR. DVORAK: It was included in our
9 external beam radiation therapy rule. However,
10 none of the retrospective cohort studies that
11 have looked at that comparison included proton
12 there in that group, I believe.
13 DR. GOODMAN: Thank you very much.
14 One short question, Dr. Jarvik.
15 DR. JARVIK: A very short question.
16 This review went up to January 2010, is that
17 right?
18 DR. IP: Right.
19 DR. JARVIK: Have you done any sort of
20 informal review, say in the last month?
21 DR. IP: Yes. Dr. Dvorak is pretty
22 much up to date, so a couple studies have
23 published since then. We haven't done
24 another -- we will do another update search in
25 a month or so.

00069

1 DR. JARVIK: But the overall summary
2 remains the same, essentially insufficient
3 evidence?
4 DR. IP: Yes.
5 DR. GOODMAN: Thank you, Dr. Jarvik,
6 thank you, Dr. Ip. Thank you very much to the
7 Tufts EPC team, well presented, thank you very
8 much. We know you won't be going anywhere
9 anytime soon, and so therefore you will be
10 available for further questions later on, and
11 I'm sure there will be.
12 We are now going to proceed to our

13 scheduled speakers. And what we'll do is, we
14 still plan on taking a break at about ten
15 o'clock this morning, which means we won't get
16 through all of our seven-minute presentations
17 here. We will try to get through several at
18 least before proceeding. And if the order I've
19 been given hasn't changed, we're first going to
20 hear from Dr. Peter Grimm, executive director
21 of the Prostate Cancer Treatment Center in
22 Seattle. Dr. Grimm, like all, you have your
23 seven minutes starting now. Thank you.
24 DR. GRIMM: Thank you. It's an honor
25 to be here. It's a pleasure to speak with all

00070

1 of you and my colleagues around the country. I
2 would like to present to you some comparative
3 effectiveness work that we've done with our
4 colleagues around the country.
5 As you noted in the previous speakers'
6 presentations, the information that we have for
7 prostate cancer is insufficient to make
8 conclusions, particularly about mortality, and
9 largely we're stuck with retrospective studies
10 to decide on the effectiveness of these
11 treatments. To answer this question, 25, or 25
12 experts around the country, or around the world
13 actually that you see here, gathered together
14 to decide on a criteria and method to evaluate
15 the world's literature, and this involved my
16 colleagues from around the world, and as you
17 can see, some of them are represented here.
18 The idea of this was to review all the
19 world's literature from the year 2000, which is
20 considered to be modern literature. We
21 reviewed over 15,000 articles and abstracts, of
22 which we found 603 that were treatment-related.
23 The articles were then screened by a very
24 strict criteria as determined by the expert
25 panel. This panel decided that the criteria

00071

1 for inclusion of an article into, to be
2 evaluated for comparative effectiveness should
3 include risk stratifications. As you know from
4 the previous slides and speakers, there was no
5 risk stratification but there was allusion to
6 the fact that we should stratify patients and
7 we should look at them according to their risk
8 groups because they do have different treatment
9 modalities, they have different side effect
10 profiles, and those are critically important.
11 A biochemical endpoint was
12 established, a standard criteria, to answer
13 some of the panel's questions. Clinical
14 staging only, and there were no exclusions

15 allowed. As you know, most of you who have
16 looked at prostatectomy studies, there's a lot
17 of exclusions because of pathological staging
18 and not preoperative staging.
19 The problem with randomized studies,
20 as you noticed and that many of us know, is
21 that radiation dose was inadequate to evaluate
22 the current modality thinking on doses, and so
23 72 gray was selected as a minimum dose.
24 All of the modalities were considered,
25 there was no modality not included in this

00072

1 study. Only peer-reviewed articles were
2 reviewed. The studies had to have at least a
3 minimum of 100 patients for the low and
4 intermediate risk group, and a minimum of 50,
5 and there had to be a median follow-up of five
6 years.

7 The astonishing thing that is sort of
8 a damnation of the literature and I think
9 something we should all be aware of, is that
10 there's very little criteria out there for
11 article publication in terms of minimal
12 criteria. The panel thought this was the
13 minimal criteria that an article should have
14 and only, less than 10 percent of the articles
15 actually fit those criteria, and no robotic
16 prostatectomy studies fit that criteria, and
17 there's no stereotactic external beam radiation
18 that fit it, no CyberKnife studies that fit
19 that yet.

20 Most of them were stratification
21 issues, but many of them also did not have
22 five-year follow-up. We all know that if you
23 look at data, either mortality or biochemical
24 control rates, if you look at less than five
25 years you're probably not looking at a study

00073

1 that's sufficiently, has sufficient time to
2 separate the differences.
3 We did a very simple way of analyzing
4 this with a scattergram approach to explain
5 this that's very simple to understand. Each
6 modality was given a symbol. As you can see,
7 the blue dots here are brachytherapy alone, the
8 surgeries are the red triangles, the green
9 represent external beam. So these represent
10 the studies, this yellow up here represents
11 proton therapy. If you look at this group and
12 look overall in terms of biochemical control
13 rates, these are the biochemical control rates
14 by PSA, progression-free analysis, and these
15 are the years out.
16 So for example at 14, that's study

17 number 14, demonstrated 98 percent of the
18 patients are free of disease ten years out,
19 which we see the most in this low risk group.
20 Overall, you can draw your own conclusions from
21 this in terms of overall cancer control rates.
22 If you're looking at treatment modalities,
23 obviously treatment failure is expensive and
24 represents greater modality to a patient, so
25 you want to pick out a treatment that's most

00074

1 effective and is less likely to require a
2 secondary treatment.
3 But the good news here is this. The
4 majority of low risk patients are going to do
5 well no matter what you do, and that the
6 challenge waiting for us is to decide which of
7 these patient populations need brachytherapy as
8 a modality because it, at least in this type of
9 analysis, it appears to be somewhat better.
10 Many of us had asked if a change in
11 the criteria, a change in the follow-up time or
12 the number of patients changed anything, and it
13 really did not change anything, but in terms of
14 analysis it gave us a lot more data points. So
15 you can look at that and if you're interested,
16 you can e-mail me and I will be happy to send
17 this to you, and all these numbers inside these
18 represent the studies that we looked at.
19 We looked at the intermediate risk
20 group for the same issue. These patients are a
21 little more diverse group of patients. As you
22 can see, some of them got external beam plus
23 seeds, some of them got seeds alone, and this
24 is the external beam and this is the HDR
25 brachytherapy group.

00075

1 DR. GOODMAN: Two minutes.
2 DR. GRIMM: Okay, we're almost done.
3 You can see here the brachytherapy
4 group, either in single modality or combination
5 therapy. To answer your question about
6 hormonal therapy, it does not seem to have any
7 advantage for the low and intermediate risk
8 group when you use brachytherapy. If you look
9 at the higher, if you get into the higher risk
10 group -- and that is true for the intermediate
11 risk group as well. When you get into the
12 higher risk group, same issues are involved,
13 hormonal therapy comes into play more for this
14 group, but again, if you use a combination
15 therapy they seem to do much better, with
16 surgery only accomplishing maybe 20 to 50
17 percent, external beam radiation results are
18 about 40 to 60 percent, and if you add hormonal

19 therapy, it does seem to help it a little bit.
20 And whether you, if you change the criteria
21 slightly, it does not change at all.
22 So this is all the world's literature
23 from 2000 to 2009. It will be updated here
24 briefly. It has been presented at ASCO and
25 ASTRO and is being prepared for publication

00076

1 now.
2 So in conclusion, there's no
3 randomized studies to date, as you noticed.
4 The biochemical control criteria, by
5 biochemical control criteria, brachytherapy
6 alone or in combination appears superior in all
7 groups. However, in low risk group, a majority
8 of patients are going to do well no matter what
9 treatment you do for them. The problem with
10 most of the studies to date is they're not
11 pre-risk stratified, and only a small number of
12 these studies conform to some basic reporting
13 criteria.
14 I greatly appreciate the opportunity
15 to present to this panel. Thank you very much.
16 DR. GOODMAN: Thank you very much,
17 Dr. Grimm, well presented, thank you. Next is
18 Dr. Howard Sandler, who is the Ronald H. Bloom
19 chair in cancer therapeutics, professor and
20 chair of the department of radiology oncology
21 at Cedars-Sinai Medical Center. Welcome,
22 Dr. Sandler.
23 DR. SANDLER: Thank you very much,
24 Dr. Goodman, thank you, panel members. I have
25 consulted for a couple of device companies

00077

1 within the past year, Variant and Calypso.
2 Otherwise, no conflicts.
3 For localized prostate cancer, there
4 is no single treatment option that is clearly
5 superior; in fact, there are multiple treatment
6 options and it's hard to elucidate a definite
7 advantage of one treatment over another, and
8 there's no single treatment option that's
9 appropriate for every patient. Frequently in
10 consultation with a newly diagnosed prostate
11 cancer, we'll go through the pros and cons of
12 all of the localized treatment options with the
13 patients.
14 Just a few definitional things.
15 External beam radiation therapy includes 3-D
16 CRT, IMRT, image-guided radiation therapy,
17 IGRT, and proton beam. IMRT is a specialized
18 form of 3-D CRT that allows radiation to be
19 more exactly shaped to fit the cancer.
20 Brachytherapy, as we heard, treats the patients

21 with radioactive seeds.
22 I would like to dwell just a second on
23 watchful waiting/active surveillance, and I
24 think this addresses in part what Dr. Potters
25 mentioned earlier. There is a substantial

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1 difference between these no treatment options.
2 Where watchful waiting implies to practitioners
3 in the field that absolutely no treatment is
4 done until the patient becomes symptomatic,
5 perhaps from metastatic or locally advanced
6 disease, whereas active surveillance implies
7 careful surveillance of the patient with
8 frequent PSA testing, periodic biopsies, and
9 intervention once a certain aggressiveness
10 threshold is reached. As active surveillance
11 is relatively new, it's still under conceptual
12 development, there's no uniformity among
13 practitioners of active surveillance on what
14 qualifies as the disease progression to lead to
15 intervention. There is no uniformity on what
16 active surveillance means in terms of the
17 frequency of PSA testing or the frequency of
18 prosthetic biopsies to look for upgrading.
19 So to the questions, radiation therapy
20 for the treatment of localized prostate cancer.
21 Survival of patients with localized prostate
22 cancer who undergo radiation therapy and
23 endocrine treatment is higher than those who
24 receive endocrine treatment alone. This is a
25 very important paper and I'll show a graph from

00079

1 this on the next slide.
2 Dose escalation as we've heard, with
3 external beam treatment, leads to improvement
4 in local and biochemical control, and there's
5 several randomized trials, at least four that
6 I'm aware of. Radiation therapy has a modest
7 effect on urinary and sexual functional domains
8 and a modest effect on bowel function, and I
9 will demonstrate these.
10 So these are two graphs from the
11 Widmark paper, a randomized study of hormones
12 versus hormones and radiation, testing whether
13 radiation therapy is beneficial. They showed a
14 statistically significant improvement in
15 overall survival with the addition of radiation
16 therapy. Some of these patients were T3, but
17 20 percent of these patients were T1 and T2,
18 and the effect size as shown in the forest plot
19 in this paper show that there's the same
20 beneficial survival effect for the T1 and T2
21 patients with the addition of radiation
22 therapy. My dashed line there just indicates

23 that most of the deaths of these patients were
24 from prostate cancer. These were not a group
25 of patients who were likely to die from other

00080

1 things, these were serious prostate cancer
2 patients who benefitted from radiation.
3 These show an improvement in
4 biochemical control from higher doses of
5 radiation therapy from two of the four
6 randomized trials. The effect size is very
7 consistent.
8 And this is an important paper, maybe
9 I'm a little biased because I'm a coauthor, but
10 Marty Sanda presented this data in the New
11 England Journal in 2008 in a contemporary
12 series of surgery and radiation patients
13 showing significant short-term quality of life
14 diminution with radical prostatectomy and
15 relatively modest effects from radiation
16 therapy. In the middle curves the dagger there
17 shows a clinically insignificant difference
18 compared to baseline for radiation therapy as
19 far as sexual score.

20 DR. GOODMAN: About two minutes,
21 Dr. Sandler.

22 DR. SANDLER: Question two, radiation
23 therapy compared to active surveillance.
24 There's an ongoing clinical trial showing that
25 it's not well established that active

00081

1 surveillance is a standard of care.
2 I'm a member of the DOD prostate
3 cancer research integration panel. This year
4 we are asking people to submit grants as part
5 of a new grant program to see if we can
6 identify what cancers are lethal and need
7 treatment. The reason I point this out is it
8 just indicates, I think, that the overall
9 understanding of which cancers need immediate
10 treatment and not is a research question, and
11 not ready for prime time.
12 I think in order to make my seven
13 minutes I'm going to skip ahead a little bit.
14 There was a question about Medicare
15 and community-based settings. Clearly prostate
16 cancer is a Medicare-patient-aged issue and
17 radiation therapy, especially with IMRT, has
18 made it into the community. The RTOG, a group
19 that I'm a part of, indicates that IMRT can be
20 used in community settings.
21 I think I'm just going to go to my
22 conclusion. In conclusion, radiotherapy is an
23 important and clinically proven therapeutic
24 tool in the fight against prostate cancer.

25 It's been proven to reduce mortality as shown
00082

1 in the Widmark study, and provides excellent
2 functional outcomes as shown by the Sanda
3 experience. There is no single therapeutic
4 treatment that's been shown to be appropriate
5 for all patients. Thank you.

6 DR. GOODMAN: Thank you very much, Dr.
7 Sandler. Thank you in particular for the
8 distinction early on between watchful waiting
9 and active surveillance.

10 Our next speaker is Dr. Luther Brady,
11 who is the distinguished university professor,
12 Hylda Cohn/American Cancer Society, a professor
13 of clinical oncology and professor in the
14 department of radiation oncology at the Drexel
15 University College of Medicine. Welcome,
16 Dr. Brady.

17 DR. BRADY: Thank you very much. I
18 have no conflicts of interest.
19 One of the points I think I would like
20 to make is that this issue about what is
21 important relative to the management of
22 patients with cancer of the prostate is not a
23 new issue. In my own personal experience, it
24 began probably in the early 1960s with reports
25 by Malcolm Bagshaw from Stanford, and also too

00083

1 by the Erskine lectureship given by Juan del
2 Regato at the Radiological Society of North
3 America, indicating that radiation was indeed
4 an appropriate proper treatment for patients
5 with cancer of the prostate.

6 I think that the questions need to be
7 revised in some sense and I will deal with
8 those as we go through the various questions.

9 I am very confident that the question
10 number one is an important question and needs
11 to be addressed in a controlled fashion to
12 identify what represents the best treatment
13 program for patients with localized prostate
14 cancer.

15 In question number two, I am confident
16 that the evidence at the moment is enough to
17 conclude that external beam radiation therapy
18 does improve the health outcome for the
19 patients compared to watchful waiting. Some of
20 that evidence has already been brought to the
21 attention of the panel this morning. The
22 category of external beam radiation therapy is
23 broad and it needs to be uniquely discussed
24 with regard to the different treatment methods
25 that are available. And that of course

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1 includes not only image guided radiation
2 therapy but stereotactic body radiation therapy
3 and also proton beam therapy, as well as
4 image-guided radiation therapy. Particle
5 therapy or proton beam therapy ought not to be
6 mingled in my opinion among the other
7 mechanisms for radiation therapy. So
8 therefore, I think that it's important for the
9 panel to consider the development of programs
10 that would look at each of these issues without
11 mingling them all together in one basket.
12 The third question about how confident
13 I am relative to the evidence, I think that
14 brachytherapy has been established to be good
15 in terms of management for low grade, or let's
16 say low risk patients with cancer of the
17 prostate, and we have published in the 1980s
18 ten-year follow-ups on patients that were
19 treated in the Memorial Sloan-Kettering group,
20 looking at external beam radiation therapy and
21 brachytherapy using I-125 seeds as the
22 implantation, showing that the brachytherapy
23 was equal to appropriately devised external
24 beam radiation programs for T1 lesions of the
25 prostate but not so for T2 and T3 lesions. So

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1 therefore, I think that one needs to look at
2 that issue.
3 And also the issue of interstitial
4 utilization of iridium or high dose rate
5 brachytherapy procedures, that should be dealt
6 with as another question.
7 In question number four, how confident
8 am I that the evidence is adequate to conclude
9 that each of these treatment modalities does
10 improve the health outcome? And obviously
11 listed for you on this slide are all the
12 various issues and also too, the issues that
13 have been brought up by other presenters
14 relative to mortality, functional outcome and
15 adverse events. So I think that in question
16 number four the, all external beam radiation
17 therapy, IMRT, and perhaps IGRT and
18 stereotactic body radiation delivery devices
19 including CyberKnife, have been cleared by the
20 FDA as appropriately approved instruments for
21 utilization in radiation therapy.
22 I do have some significant concerns
23 about why a single modality like stereotactic
24 body radiotherapy is excluded, or is being held
25 to comparison to other standard treatment

00086

1 programs. SBRT should be compared to watchful
2 waiting consistent with the standards

3 established in questions two and three. To my
4 knowledge, there have been no head-to-head
5 trials comparing any of the treatment
6 modalities under consideration and I think it's
7 difficult for MedCAC to answer the question
8 four as posed, since there really is no
9 relatively good data available at the moment,
10 as has been pointed out already.
11 In conclusion, the appropriate
12 comparator to photon beam therapy for prostate
13 cancer is watchful waiting, as all of us I
14 think in this room recognize. All forms of
15 photon beam radiation therapy should be
16 compared separately to watchful waiting because
17 there are no head-to-head trials comparing
18 different radiation treatment modalities that
19 have been published. And proton beam therapy
20 should be considered separately from photon
21 beam therapy on the basis of the evidence
22 that's available at this particular point in
23 time. I thank you very much.

24 DR. GOODMAN: Thank you very much, Dr.
25 Brady, we appreciate your comments. Next is

00087

1 Dr. Albert Blumberg representing the American
2 College of Radiology. Dr. Blumberg.
3 DR. BLUMBERG: Good morning. On
4 behalf of the college, we appreciate the
5 opportunity to be able to present to MedCAC
6 this morning. I'm Albert Blumberg and I am the
7 current chair of the Commission on Radiology
8 and Oncology for the American College of
9 Radiology.
10 You're going to hear a lot today about
11 the research, and I'm not going to reiterate
12 the comments that have already been made about
13 the strength of the research. It's clear that
14 more research is needed, and the college has
15 lots of activities in these areas. My comments
16 I'm sure have been circulated to the panel.
17 We specifically are involved in three
18 areas. We have an active guidelines and
19 standards program where we evaluate the
20 practice of radiation oncology through a
21 consensus development situation and achieve
22 collaboratively with ASTRO and other radiation
23 oncology societies a sense of how the community
24 should proceed in this area. We have a Delphi
25 derived process which is our appropriateness

00088

1 criteria.
2 We rate all of these various standards
3 and to date all of the types of treatment
4 you're talking about except for stereotactic

5 body therapy where the technique is new and the
6 data is young, have been evaluated. In our
7 current redo of our appropriateness criteria we
8 are looking at active surveillance and are
9 going to include that in the next issue, which
10 should come out in the current calendar year.
11 And as has already been mentioned by
12 several speakers, the RTOG has been actively
13 involved in prostate cancer studies for years,
14 and for those of you who aren't aware, the RTOG
15 has always been a part of our college since its
16 inception over 40 years ago and is an integral
17 part and foundation, frankly, of our research
18 efforts in radiology.

19 The problems that are existent
20 primarily come from, in my opinion, the fact
21 that we really don't have a wealth of studies
22 to meet certain evidence criteria as pointed
23 out by the technology assessment already
24 presented, and clearly there needs to be more
25 research in this area. One of the ways the

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1 government could help would be to provide more
2 funding for cooperative groups such as RTOG who
3 wish to move the envelope further in this area.
4 Part of the problem where I know
5 there's active interest, in looking at can we
6 identify a cohort of men for whom active
7 surveillance would be a preferred option as
8 opposed to just an option, and part of the
9 problem, and I think everyone who deals with
10 patients on a clinical basis would agree, that
11 it's very difficult sometimes to explain to a
12 patient that active surveillance is an option
13 that they should consider when all they hear is
14 that they have cancer. And they're very
15 concerned, upset and mesmerized by that
16 diagnosis, understandably so, and they may
17 actively choose not to pursue active
18 surveillance. And it's very hard sometimes in
19 a randomized control fashion to convince people
20 to take one of various, what we consider as
21 physicians and researchers treatment options,
22 and clearly the active surveillance option is
23 one that is many times a difficult one to sell.
24 And I think until we crack that nut, it's going
25 to be difficult to perhaps accumulate the data

00090

1 in a randomized controlled fashion to achieve
2 the kind of data that I think all of us would
3 like to have to know how best to advise
4 patients.
5 And also, I think we need to have more
6 basic biochemical marker studies to see if

7 there are types of prostate cancer that meet
8 certain histochemical or histopathologic
9 criteria that would allow us to say you have
10 this finding on your biopsy and therefore you
11 fit into the group where active surveillance
12 could legitimately be perhaps your number one
13 choice when you take into account your age and
14 other comorbidities.
15 With that, I thank you for the
16 opportunity to present some comments to you
17 today.
18 DR. GOODMAN: Thank you for those
19 comments, Dr. Blumberg. Next is Dr. Sean
20 Collins, with the department of radiation
21 medicine, Georgetown University Hospital, and
22 Lombardi Comprehensive Cancer Center. Welcome,
23 Dr. Collins.
24 DR. COLLINS: Thank you for giving me
25 the opportunity to speak today. The title of

00091

1 my talk is Stereotactic Body Radiotherapy for
2 the Treatment of Localized Prostate Cancer.
3 I'm in the department of medicine. I'm also a
4 member of Lombardi Comprehensive Cancer Center.
5 I'm board certified, I'm the director of the
6 prostate CyberKnife program at Georgetown.
7 I've treated over a thousand patients with
8 stereotactic body therapy and I've treated over
9 250 patients with prostate cancer. I have no
10 conflicts of interest. The reason I'm here is
11 I want to maintain access to the CyberKnife for
12 my patients who want it.
13 Since September 2008, the ASTRO
14 emerging technology committee report on
15 stereotactic body radiotherapy for prostate
16 cancer, several studies totaling over 600
17 patients have been published. And King from
18 Stanford University has published his data in
19 the Red Journal. Also, Friedland and Freeman
20 from Naples have published their data. Byers,
21 from the Swedish Cancer Center in Seattle, has
22 published his data. And Dr. Katz, who will
23 talk more today about the patients that he's
24 treated with stereotactic body radiotherapy.
25 Over the past several years with the

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1 accumulation of this data, four out of four
2 Medicare contractors, Highmark, Wisconsin
3 Physician Services, First Coastal Services and
4 Palmetto, have finalized appropriate prostate
5 cancer coverage with LCDs, and this reflects
6 the data that's emerging and also the standards
7 in the community practice.
8 This table basically shows how

9 stereotactic body radiotherapy mimics the dose
10 intensity and specificity of high dose rate
11 brachytherapy. Both treatments can deliver
12 high peripheral doses to regions of highest
13 cancer cell density. Both treatments can be
14 completed rapidly in five to ten days. Both
15 give total doses of about 35 to 40 gray. Both
16 have steep dose gradients that limit radiation
17 exposure to critical surrounding structures.
18 Importantly, stereotactic body
19 radiotherapy is not invasive, does not require
20 anesthesia, and allows more of the Medicare
21 population to actually undergo this treatment.
22 Also, if you look at the differences
23 and similarities between all the standard
24 radiation options, I consider the standard
25 radiation options stereotactic body

00093

1 radiotherapy, HDR brachytherapy, low dose rate
2 brachytherapy, intensity modulated radiation
3 therapy, 3-D conformal radiation therapy and
4 proton therapy as the standard treatment
5 modalities.
6 Stereotactic body radiotherapy is very
7 similar to HDR and LDR because it allows
8 continual image guidance throughout the
9 treatment. Your prostate actually moves in six
10 different directions and you can actually miss
11 it if you're not paying attention to where it
12 is, so I think continual image guidance is very
13 important in the treatment of prostate cancer.
14 And not only continual image guidance, you have
15 to have the ability to actually adjust your
16 beam accordingly with motion, so you both have
17 to have the ability to adjust for motion and to
18 know where the prostate is.
19 Like IMRT, 3-D conformal and proton,
20 stereotactic body radiotherapy is not invasive.
21 It's a short treatment time, five to ten days,
22 so it's convenient for patients who -- there
23 are many 60-year-olds who still have busy
24 lives, who are active, who want to maintain
25 those busy lives, and it's very convenient. It

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1 does not require anesthesia, does not require
2 an operative procedure, which once again makes
3 it a good treatment option for elderly patients
4 who have, who cannot get HDR or LDR because of
5 those.
6 If you compare the outcomes between
7 the different standard radiation techniques you
8 see that they all have low rates of late
9 toxicity. Late grade three urinary toxicity, I
10 apologize, this is a typo, late grade three

11 toxicity is zero to five percent for
12 stereotactic body radiotherapy, and it's also
13 similar for the other standard radiation
14 treatment options. Late grade three rectal
15 toxicity is also very rare in all the treatment
16 options, approximately one percent. All the
17 treatment options are very good at preserving
18 sexual function, about 40 to 80 percent, and
19 they all provide excellent biochemical
20 disease-free survivals and are all excellent
21 treatment options for prostate cancer.
22 Once again, I just want to emphasize
23 that they're all good at preserving sexual
24 function, which we know is important to
25 American men.

00095

1 If you look at SRT, it's less
2 expensive than most other forms of radiation
3 therapy. If you look at the 2010 Medicare
4 reimbursement for major radiation therapy
5 options, this is stereotactic body
6 radiotherapy. Other treatment options like
7 IMRT and proton beams are much more expensive
8 than stereotactic body radiotherapy. If this
9 number looks a little bit low to you, it only
10 includes treatment planning and treatment
11 delivery. I did not include the costs of the
12 physicians.
13 In conclusion, these are my summaries
14 from my talk. Stereotactic body radiotherapy
15 can achieve radiation doses similar to HDR
16 brachytherapy noninvasively without anesthesia
17 and without operative risk. The published data
18 suggests that the toxicity and the efficacy is
19 similar to other types of radiation therapy.
20 The ASTRO ETC predates the majority of the
21 stereotactic prostate cancer literature that is
22 now available, so many patients have been
23 reviewed and are now in the published
24 literature to see what the outcomes with
25 stereotactic body radiation therapy are. This

00096

1 ASTRO ETC stopped looking at trials in 2008 and
2 most of these studies came out after 2008.
3 Four out of four Medicare contractors have
4 finalized appropriate prostate cancer coverage
5 in their LCDs.
6 The February 2008 AHRQ report,
7 comparative effectiveness of therapies for
8 clinically localized prostate cancer, concluded
9 that there is no one single therapy that can be
10 considered the preferred treatment for
11 localized prostate cancer. No subsequent data
12 that I have heard today from the excellent

13 talks suggests otherwise. Due to the lack of
14 randomized trials showing superiority of one
15 treatment over another, current data supports
16 stereotactic body radiotherapy as a treatment
17 that should be available to the Medicare
18 population, and for my patients I hope you
19 allow it to continue to cover for stereotactic
20 body radiotherapy. Thank you for letting me
21 speak today.
22 DR. GOODMAN: Thank you very much,
23 Dr. Collins, for your comments.
24 What we'll do now is, I think we'll
25 take our ten o'clock break now, and if you just

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1 take a look at your watch or the information
2 technology in the palm of your hand and add 15
3 minutes to that, we will reconvene headed by
4 Dr. Carl Olsson. See you in 15 minutes. Thank
5 you.

6 (Recess.)

7 DR. GOODMAN: Let's find our seats,
8 please, and we will reconvene. And our next
9 speaker, panel, our next speaker is Dr. Carl
10 Olsson. He's the John K. Latimer professor and
11 chairman emeritus -- panel -- chairman emeritus
12 of the department of urology at the College of
13 Physicians and Surgeons of Columbia University,
14 and he's here representing the American
15 Urological Association. Welcome, Dr. Olsson.

16 DR. OLSSON: Thank you. Good morning
17 all. My name is Carl Olsson, and I'm pleased
18 to give commentary on behalf of the AUA. I am
19 past secretary of AUA and also CMO of
20 Integrated Medical Professionals. The AUA
21 represents over 90 percent of the practicing
22 urologists in the United States and over 50
23 percent of its patients are actually Medicare
24 beneficiaries. AUA members are clearly major
25 stakeholders in any discussion of prostate

00098

1 cancer because we're the docs who make the
2 diagnosis and we are the ones who initially
3 guide our patients to different forms of
4 therapy.
5 Selecting the right choice of
6 management is really a complex thing for the
7 individual patients. We have to have his age,
8 state of health, life expectancy, tolerance for
9 risk, tolerance for risk of potential adverse
10 outcomes, and we have to also consider his
11 tumor, his Gleason scores, his PSA value, tumor
12 grade and tumor volume, and tumor stage.
13 Finally, the advising doctor has a role in this
14 matter as well.

15 A recent review of 85,000 Medicare
16 beneficiaries on this very issue showed that if
17 a patient saw only a urologist, he would choose
18 surgery as his treatment. However, if he saw a
19 urologist and a radiation oncologist, almost 80
20 percent of patients would choose radiation, so
21 that shows how convincing we are. Overall, of
22 85,000 patients, elected radiation therapy was
23 42 percent, surgery in 21 percent, and
24 expectant management in 20 percent. So we are
25 holding there with regard to getting people on
00099

1 board to some watchful waiting or active
2 surveillance.
3 Before answering the first question,
4 it's important to know if any treatment at all
5 is good for prostate cancer compared to
6 nothing, and that's been reviewed and answered
7 by the Scandinavian group which showed the
8 incidence of death over eight years from
9 prostate cancer, distant metastases, and local
10 progression were all statistically reduced in
11 the surgery group. There aren't any really
12 good studies of radiation versus no treatment,
13 so we used a surrogate looking at dose
14 escalation studies and interestingly, in every
15 study that we looked at, we found an
16 interesting thing. Whether it was for 3-D
17 conformal, IMRT, brachytherapy or even proton
18 beam, dose escalation was always favoring a
19 drop in mortality or prolongation of the bNED
20 interval.

21 I can't comment on the significant
22 risk of adverse events with all these different
23 treatment modalities. As you heard this
24 morning, comparators are dreary at best. I can
25 say that some forms of radiation affect, all

00100

1 forms of radiation affect bowel and sexual
2 function to some extent. To some extent
3 brachytherapy is perhaps the worst because it
4 involves a good deal of urinary and bowel as
5 well.

6 Before answering the second and third
7 questions, I think we should know something
8 about the prevalence of surveillance in the
9 United States and overseas. Recent CAPSURE
10 data on 12,000 men showed that less than seven
11 percent of men chose active surveillance. In
12 the Medicare study I mentioned earlier, as you
13 can see, 20 percent chose expectant management,
14 so at least in the older population we're
15 making progress.
16 We should also appreciate what the

17 problems are with active surveillance. All
18 surveillance series are small, they have short
19 follow-ups, there are no standard criteria for
20 choosing candidates, there's no standard
21 protocol to follow, there's no standard
22 agreement on what triggers failure of
23 surveillance, and most importantly, there's
24 always the possibility of missing the window of
25 opportunity for cure.

00101

1 DR. GOODMAN: Dr. Olsson, about two
2 minutes, sir.
3 DR. OLSSON: All right. Our answers
4 to questions six and seven can be combined
5 because they are about the same. The most
6 often cited quote related to prostate cancer
7 care is one attributed to Willet Whitmore, who
8 was former chief of urology at Memorial
9 Sloan-Kettering before he succumbed to this
10 very disease. What Whit said was, is cure
11 possible, is cure necessary, is cure possible
12 only when it isn't necessary? These questions
13 are very similar to what we're facing today in
14 the way of questions from MedCAC. The only
15 difference is that Dr. Whitmore started this
16 quotation 40 years ago.
17 So, we all know that some of the
18 patients that we see have to be cured, because
19 we have patients that are still dying from the
20 disease. But how do we identify these cancers
21 from the ones where a cure may not be
22 necessary? In my written thing I present two
23 recent studies, one on trichomonas vaginalis
24 seropositivity that predicted for high grade
25 prostate cancer and prostate cancer death, and

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1 another on gene rearrangements where 11-year
2 survival could be predicted from the time of
3 diagnosis comparative to patients who don't
4 have these rearrangements.
5 So in summary, I think that efforts
6 should be made to study these issues more
7 vigorously than they have been studied, and
8 with that we can find out perhaps which
9 patients can have treatment delayed or
10 cancelled altogether. I thank you for your
11 time.
12 DR. GOODMAN: Thank you very much, Dr.
13 Olsson, for your perspectives. Your points are
14 very well taken, sir. Thank you. Next is
15 Andrew Lee, who is an associate professor for
16 radiation oncology at M.D. Anderson Cancer
17 Center. Welcome, Dr. Lee.
18 DR. LEE: Thank you very much. I just

19 want to take this opportunity, by way of
20 introduction, I did my residency at the Joint
21 Center for Radiation Therapy in the Longwood
22 Medical Area, I got my M.P.H. at Harvard School
23 of Public Health, and I have been at. M.D.
24 Anderson treating prostate cancer primarily for
25 the past nine years. I have no relevant

00103

1 disclosures.
2 A few key points I want to make. I
3 think the distinction between what watchful
4 waiting really is between observation and
5 active surveillance, we understand that those
6 two things are not synonymous. In reality,
7 Gleason scores of two to five probably are no
8 longer being diagnosed. Untreated prostate
9 cancer does have a tendency to progress. More
10 advanced prostate cancer does require more
11 therapy. Higher doses of radiation therapy do
12 provide a clinical benefit, and specialized
13 techniques are routinely needed to deliver this
14 dose safely with low morbidity.
15 This is the crux of the matter. If
16 you look at the red line, that's the death from
17 heart disease. That is the number one
18 competing cause of death for men of prostate
19 cancer age and that line is going down. So
20 independent of overall survival, we do need to
21 look at any number of other important metrics
22 and some of these are listed here.
23 And I don't want to deemphasize
24 hormone-free survival. We all know that
25 hormone therapy has significant toxicity

00104

1 associated with it. This is a patient with
2 widely metastatic prostate cancer. I will tell
3 you up front that this patient has a number of
4 comorbidities, may not die from this disease,
5 but I'll tell you that this patient is
6 miserable.
7 Dr. Sandler alluded to this slide
8 already, and I thought he did a nice job. I
9 just want to make the point about active
10 surveillance, that it does require monitoring.
11 And I'll tell you that repeat biopsies are not
12 without their own set of side effects.
13 Actually the sepsis rate for biopsies is going
14 up because of multidrug-resistant bacteria, and
15 I have had patients followed on active
16 surveillance protocols that some go off because
17 they don't want to get another biopsy. We also
18 have to keep in mind that some of the patients
19 as they get older, they may develop other
20 comorbid conditions that may not be fatal, but

21 may make it difficult for them to receive
22 definitive therapy for their prostate cancer.
23 When we look at the population
24 observation studies, the mortality was low for
25 Gleason scores that were two to six or two to

00105

1 five, and that's probably true. For example,
2 Gleason scores of two are probably now called
3 adenosis. So they were right, it wasn't even
4 really prostate cancer. Keep in mind that in
5 these studies, upwards of 60 to 80 percent of
6 the men were actually receiving hormone therapy
7 at some point in their lives, and I guarantee
8 you they were receiving it lifelong.
9 We also have to keep in mind that
10 chemical castration for these men is not
11 considered conservative therapy, so when we
12 talk about T1 and T2 prostate cancer, we don't
13 want to lump everything together. There is a
14 spectrum of disease and how aggressive it can
15 be, and in general the lowest risk patients
16 probably could be addressed with monotherapy, a
17 single therapy. But as they progress into
18 intermediate and even high risk patients, they
19 probably need additional therapy in order to
20 get the same cure fraction. Not only is this
21 potentially more toxic, but it does cost more
22 money.
23 I just want to reemphasize this point
24 about hormone therapy. There's a number of
25 side effects that have been reported in the

00106

1 literature and it is somewhat dependent on how
2 long you're receiving this hormone therapy.
3 And I will tell you that having given hormone
4 therapy to men with high risk features, that
5 testosterone recovery after long-term hormone
6 therapy is certainly variable.
7 Dr. Sandler already alluded to this
8 study by Dr. Widmark from Scandinavia, and I
9 just want to draw your attention to the overall
10 mortality. If you look at the risk reduction
11 of .68, that's actually double the risk
12 reduction that's used to justify cytotoxic
13 chemotherapy in early stage breast cancer. So
14 giving radiation therapy to these men, that did
15 include T1 and T3s.
16 Two studies have also been alluded to
17 regarding two dose escalation randomized
18 studies with external beam radiation in the
19 U.S. One was done at Indiana with some x-rays,
20 one was done in combination with Mass General
21 and Loma Linda. The second one used a
22 combination of x-ray therapy with proton

23 therapy. Keep in mind that not only was there
24 a PSA control benefit, but the number of
25 patients who needed salvage hormone therapy was

00107

1 less when they received higher radiation doses.
2 And if you look at the, this has
3 subsequently been updated, but the PSA control
4 rates in this study were quite high, upwards of
5 90 percent. And so if you just look at the low
6 risk patients, and this was done in a
7 prospective fashion, their freedom from failure
8 was close to 94 percent, and this data has been
9 upheld with nearly nine years of follow-up.
10 It's just graphically represented here for all
11 patients and then just for those patients with
12 low risk features.
13 Now in terms of the side effects from
14 randomized trials in dose escalation, the first
15 two at the top, M.D. Anderson's trial used
16 x-rays, the bottom one used proton therapy, and
17 the one from the University of Florida is just
18 a single institution report. The grade three
19 side effects are really what are life changing
20 for the patients, those are the majority of the
21 side effects that the panel was asking about in
22 terms of side effects that may not be
23 reversible. The grade two stuff, most of the
24 time that can be managed, often as an
25 outpatient. So if you look at the grade three

00108

1 and higher GI and GU side effect rates when you
2 use x-rays, it gets you a little bit higher
3 than any of the proton-based series.
4 DR. GOODMAN: Less than two minutes,
5 Dr. Lee.
6 DR. LEE: In terms of the side effects
7 with modern local therapy, every definitive
8 local therapy is going to have some measure of
9 side effects associated with it. And in
10 general for incontinence, surgery is probably
11 worse than any radiation. For bowel symptoms,
12 radiation is probably a little worse than
13 radical prostatectomy. And for sexual
14 dysfunction, dependent upon whether or not a
15 bilateral nerve sparing procedure is performed,
16 everything is not great. Keep in mind that in
17 any of these studies, the radiation patients
18 are typically on average ten years older than
19 any of the surgical-based series.
20 If you look at urinary incontinence,
21 this is just one study, and look at the
22 function compared to the baseline function, for
23 radiation at the top, radical prostatectomy at
24 the bottom. You can see that those curves

25 really don't change pre versus post function,
00109

1 and that's also the case with bowel symptoms.
2 We also have to keep in mind, as
3 Dr. Sandler pointed out, that there's not one
4 treatment that's good for every single patient.
5 We do a lot of brachytherapy at M.D. Anderson
6 but this is an example of a patient that may
7 not be a good brachytherapy candidate. It's a
8 65-year-old, the prostate volume is a little
9 bit large, and their AUA symptom index is not
10 optimal.

11 DR. GOODMAN: You may want to move to
12 your summary slide, Dr. Lee.

13 DR. LEE: Yes, sir. And this is just
14 a sagittal MRI showing that effect, that
15 hypertrophic median lobe for the post implant
16 morbidity for this patient is probably going to
17 be pretty high.

18 So in summary, there is evidence for
19 the efficacy of radiation therapy in this
20 disease. There's level one evidence showing
21 increased benefits with increase in that
22 radiation dose, and that advanced technologies
23 can accomplish this dose escalation without
24 significantly increasing toxicity.

25 Furthermore, we understand that patient
00110

1 selection is important. External beam
2 radiation therapy is still a very flexible
3 therapy for wide ranges of diseases as well as
4 for patients. We're not saying that these
5 other therapies are not good, but they may have
6 more limited applications for select patients.
7 Thank you.

8 DR. GOODMAN: Thank you very much,
9 Dr. Lee. And Dr. Lee, as is so for the other
10 speakers, we hope that you will remain here for
11 the balance of the day in case any questions
12 arise. Next is Dr. Gregory Merrick, from the
13 Schiffler Cancer Center and Wheeling Jesuit
14 University in Wheeling, West Virginia.
15 Dr. Merrick, welcome, sir.

16 DR. MERRICK: Hello. Thank you for
17 having me. What I'd like to do this morning is
18 real quickly talk a little bit about
19 brachytherapy and some comparisons to other
20 approaches.

21 The advantages of brachytherapy versus
22 prostatectomy is that we have a much more
23 generous periprosthetic margin so we're much
24 more likely to encompass areas of extracapsular
25 extension, which is important especially in

00111

1 intermediate risk patients that have a very
2 wide propensity for extracapsular disease, but
3 a low chance of pelvic lymph node involvement.
4 And when compared to external beam with dose
5 escalation, if dose escalation is important,
6 brachytherapy wins, we can give substantially
7 higher doses.

8 The shortcomings of brachytherapy is
9 the inability to treat pelvic lymph nodes, but
10 unlike some of our other competing local
11 modalities such as cryosurgery and CyberKnife,
12 we have been able to demonstrate safely that
13 pelvic lymph nodes can be attacked with the use
14 of supplemental external beam.

15 Our long-term results, this is from
16 our institution of over 1,600 patients at 12
17 years, median follow-up of 7.2 years. We have
18 always used the Mayo Clinic definition for
19 biochemical control, their surgical definition,
20 a PSA less than 0.40. So we use a cut point in
21 our Wheeling-Seattle studies. And what we've
22 shown is that the cause-specific survival is
23 about 98 percent, and the biochemical control
24 rate is 95.

25 And unfortunately this morning, there

00112

1 were some allusions that brachytherapy is
2 primarily for low risk men. That is not true.
3 In this series 27 percent of these men were
4 intermediate risk and 28 percent, 473 had high
5 risk disease. And part of the reason we're so
6 effective is these extracapsular margins.
7 Brian Davis at the Mayo Clinic had shown that
8 when there is extracapsular extension, 99
9 percent of the time it's less than
10 five-millimeter margins, and looking at a
11 sagittal reconstruction of an actual palladium
12 model therapeutic implant, the margins are more
13 than six millimeters at the 100 percent isodose
14 line everywhere except posteriorly, and
15 whenever evaluating brachytherapy, dosimetry is
16 essential in order to determine the outcome.
17 When we looked at low risk, and in a
18 lot of these gentlemen of course, we need to
19 reassess as to who does need to be treated, but
20 40 percent of low risk men still receive
21 androgen deprivation therapy. These are our
22 results at 12 years in men who did not receive
23 any supplemental beam or androgen deprivation
24 therapy, and 0.44 percent died with an ablative
25 PSA of less than 0.03.

00113

1 We've also shown the same thing for
2 intermediate risk, and the standard of care is

3 the addition of supplemental beam. We
4 currently are completing a prospective
5 randomized trial that will hopefully further
6 substantiate using monotherapy in intermediate
7 risk patients where once again, our biochemical
8 control rates were 96 percent, and on this
9 selected group of intermediate risk patients,
10 no one died.
11 But I think the most important thing
12 is how do we deal with high risk, with high
13 Gleason score, with double-digit PSAs. And in
14 our series only a little bit less than six
15 percent of men were dead of prostate cancer at
16 12 years. So I think the brachytherapy, and
17 most of these men did have supplemental beam
18 and about two-thirds had androgen deprivation
19 therapy short course. I don't know of any
20 other modality that shows such favorable
21 results for higher risk disease.
22 So how does brachytherapy compare
23 against prostatectomy, or how does radiation
24 compare against prostatectomy, and that's
25 important, because one of the questions here is

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1 treatment versus no treatment. We have a
2 prospective randomized trial that demonstrated
3 that prostatectomy improves survival in
4 comparison to watchful waiting. With low
5 Gleason scores, I think we'd do well regardless
6 of treatment, but this is a combination slide
7 of outcomes for Gleason eight to ten, and the
8 reds are all the brachytherapy data from
9 Richard Stock's group, from Atlanta, Seattle,
10 the Wheeling series, and you can see that the
11 prostatectomy series for eight to ten all
12 cluster substantially below.
13 When we looked at prostate cancer
14 death rates, there was recently a very large
15 radical prostatectomy series published from
16 Memorial, the Cleveland Clinic and Michigan,
17 with about 12,000 patients. The median
18 follow-up was only four years. Looking at our
19 series of our over 1,650 patients when we
20 looked at prostate cancer death rates, they
21 reported ten and 15 years, we report 12 years.
22 Whether it's low, intermediate or
23 high, brachytherapy compares favorably, and
24 especially with high Gleason scores of eight to
25 ten. 16 percent of patients undergoing

00115

1 prostatectomy were dead at ten years, 34
2 percent at 15 years, our results were seven
3 percent. This paper is currently in press.
4 DR. GOODMAN: Dr. Merrick, I notice

5 you have quite a few slides left but only two
6 minutes, so I hope you will zero in on your
7 main points.
8 DR. MERRICK: I'll just get through
9 with this. Brachytherapy-related morbidity,
10 there is a paper published this month from the
11 Journal of Urology, Shellhammer's group, which
12 demonstrated that brachytherapy had better
13 urinary and better sexual function compared to
14 either robotic, open prostatectomy or
15 cryosurgery. However, radiation therapy was
16 not part of that, and as such, I will jump over
17 the rest of these slides relatively quickly.
18 Cause of death, even at high risk,
19 with prostatectomy, we see that prostate cancer
20 death is greater than diseases of the heart,
21 but as treatments become more effective, other
22 competing modalities become more prominent. In
23 our series, diseases of the heart were twice as
24 likely to cause a high-risk man to die than
25 prostate cancer, and I think it's one of the

00116

1 things we really need to start to do as
2 urologic cancer physicians is to spend more
3 time on cardiovascular health and wellness.
4 I do disagree with stereotactic, some
5 of the results shown. There's less than a
6 hundred patients in manuscript form, there has
7 never been a high risk patient reported in
8 either the Virginia, Mason or Stanford series,
9 69 were low risk, 12 were intermediate risk.
10 There are high risk patients presented in
11 abstract form. There is no long-term
12 follow-up. Treatment costs have already been
13 shown.

14 And in summary, brachytherapy, I think
15 the biochemical outcomes are favorable and
16 durable for all risk groups. Prostate cancer
17 death rates are extremely low. Morbidity
18 compares favorably with competing local
19 modalities through all series that have
20 evaluated it, and it's the least expensive
21 definitive treatment modality. Thank you for
22 your time and attention.

23 DR. GOODMAN: Thank you very much,
24 Dr. Merrick, we appreciate your detailed input.
25 Thank you, sir. Next is Chrissie Kotwica,

00117

1 R.N., B.S.N., CyberKnife Coalition member, and
2 from CyberKnife Centers of Miami and Palm
3 Beach. Welcome, Ms. Kotwica.

4 MS. KOTWICA: Thank you very much.
5 Thank you for allowing me the opportunity to
6 talk to the committee this morning. My name is

7 Chrissie Kotwica and I'm representing the
8 CyberKnife Coalition. My past professional
9 experience is as manager and as patient
10 navigator for the CyberKnife Center in Central
11 Florida Regional Hospital. Currently I am the
12 physician liaison and data manager for the
13 CyberKnife Centers of Miami and Palm Beach.
14 Personally I am a survivor.
15 A little bit about the coalition. It
16 was formed in 2003 and incorporated in 2005.
17 The coalition is a nonprofit association of
18 CyberKnife user institutions. Our goal is to
19 try to promote the patient's access to the
20 lifesaving technology by working to insure
21 accurate and adequate reimbursement through
22 education, payer and governmental advocacy.
23 With a large body of academic support,
24 the CyberKnife has now treated more than 80,000
25 patients worldwide and has been installed as

00118

1 the radiosurgery system of choice by more than
2 190 institutions globally and 117 in the United
3 States and Puerto Rico, many of whom are
4 members of our coalition. The coalition did
5 put out a survey recently that developed an
6 online ability for our patients and our members
7 to better understand how treatment decisions
8 are made, and to provide a mechanism for
9 patients to share their CyberKnife treatment
10 experiences. 235 survey respondents responded
11 as of March 22nd, 2010; that number has
12 continued to grow. 71 of these respondents
13 were CyberKnife patients. The remaining
14 respondents are family and/or concerned
15 citizens.

16 As you can note here on this bar
17 graph, the clinicians presented their patients
18 with many options for treatment of their
19 localized prostate cancer, and here is how they
20 answered. CyberKnife and prostatectomy ranked
21 among the highest, with IMRT and watchful
22 waiting to follow. These are all results by
23 patients only on this slide.

24 Notice that some patients who chose
25 CyberKnife did not receive information from

00119

1 their clinician but obtained information from a
2 variety of outside sources such as family,
3 research and Internet services, then made their
4 decision based on those outside sources.
5 Reasons for choosing CyberKnife,
6 patients chose CyberKnife over the treatment
7 options because of the following factors: They
8 were most comfortable with the side effects.

9 They seemed to like the best options among
10 their choices, it offered the latest
11 technology. It was convenient. Most likely to
12 eradicate and eliminate the cancer. Least
13 amount of time away from work. And they
14 weren't a surgical candidate.
15 99 percent of patients described their
16 treatment as successful. 58 percent of
17 patients did not experience any side effects.
18 42 percent of patients did experience some side
19 effects, including mild fatigue, mild burning
20 during urination or loose bowels; the majority
21 of the patients who experienced side effects
22 indicated symptoms resolved within one to two
23 months post treatment. 11 percent of the
24 patients indicated they had some complication
25 from treatment, including erectile dysfunction,

00120

1 urinary complications, bowel complications;
2 however, a majority of the patients who
3 experienced complications indicated resolution.
4 Patients request continued coverage
5 for CyberKnife. 77 percent of the survey
6 respondents indicated their CyberKnife
7 treatment was covered by insurance. 12 percent
8 of these patients indicated their treatment was
9 not covered, and they had to appeal the
10 insurance decision. Six percent of the
11 patients indicated their treatment was not
12 covered and they paid for their treatment out
13 of pocket.
14 Patients, their families and other
15 concerned citizens indicated that CyberKnife
16 should continue to be covered by insurance
17 and/or Medicare because of successful treatment
18 options for localized prostate cancer. They
19 also answered that patients should be offered
20 all treatment options available today.
21 Convenient treatments that fit into the
22 patients' lifestyle and because patients should
23 not be denied treatment when they need it most.
24 Overall satisfaction was very high.
25 93 percent of our patients indicated that

00121

1 CyberKnife did not interrupt their normal life
2 routine. 98 percent of patients indicated they
3 would recommend CyberKnife treatment to others,
4 and 99 percent of patients indicated they would
5 choose to be treated with CyberKnife again.
6 Thank you for allowing me to speak to
7 the committee today.
8 DR. GOODMAN: Thank you very much, Ms.
9 Kotwica. As always, we hope that you will stay
10 around for questions, and we always appreciate

11 input from patients directly. That's very
12 important to our deliberations, thank you very
13 much. And I might add, we also appreciate it
14 when the quality of the evidence for patient
15 data also rates high when we think about the
16 quality of that evidence.

17 Next is Dr. Alan Katz, who is the
18 associate professor of radiation oncology and
19 medical director, department of radiation
20 oncology, University of Rochester Medical
21 Center. Welcome, Dr. Katz.

22 DR. KATZ: I am Dr. Alan Katz but I'd
23 just like to clarify the record, I'm not at the
24 University of Rochester, it's a different Katz.
25 I'm at Winthrop Hospital outside of New York

00122

1 City.

2 DR. GOODMAN: Thank you for that
3 clarification. I'm sure the other Dr. Katz is
4 grateful as well.

5 DR. KATZ: I'm sure he is. I have no
6 conflicts of interest to report.
7 The ASTRO ETC paper that was
8 originally promulgated September 2008 said that
9 due to lack of peer-reviewed articles to
10 support the use of hypofractionated
11 stereotactic radiation, that they would
12 conclude that it was a promising technology but
13 not to be considered yet the standard of care.
14 What I wanted to share with the committee is
15 that since that report, there is a significant
16 amount of data now in the peer-reviewed
17 literature and I want to go over that with you.
18 The first was Dr. King's study, which
19 has been alluded to before, which came out in
20 '09. Then Dr. Friedland and Dr. Freeman from
21 Naples reported this recently, and then I
22 recently published my cohort of 304 patients,
23 which just came out in February.
24 The first, the King study is a Phase
25 Two trial with 41 patients analyzed. They were

00123

1 low risk, all received CyberKnife therapy, and
2 they received a dose of 36.25 gray, five
3 fractions, some daily and some every other day.
4 At 33 months follow-up there were no failures
5 reported, there will be an update actually for
6 the committee from another physician later on
7 on this paper with further follow-up. The PSA
8 levels were very low, with 78 percent below the
9 0.4 number, and there was acceptable toxicity
10 similar to other forms of radiation.
11 The Naples study came out, as I said,
12 just recently. 112 patients, mostly low risk,

13 all received CyberKnife monotherapy, most
14 received 35 gray in five fractions on a daily
15 basis. Their median follow-up was 24 months.
16 There were three failures, only two of them
17 were local. There was less than five percent
18 significant rectal or urinary toxicity. And 81
19 percent of the patients had potency
20 preservation. This was recently updated in
21 abstract form at ASCO and it remains 98 percent
22 control at 30 months.

23 My study of 304 patients actually does
24 include a fair number of intermediate risk
25 patients and also approximately 12 high risk

00124

1 patients. They all received CyberKnife
2 monotherapy. The first group of 50 received 35
3 gray in five fractions, and then the dose was
4 escalated to 36.25 on a daily basis. Median
5 follow-up in this paper was 24 months, but the
6 initial 50 who received the 35 gray had a
7 30-month median follow-up. Overall biochemical
8 disease-free survival was 98 percent. There
9 was actually only one local failure and that
10 was in a high risk patient.

11 Now with CyberKnife that was used in
12 this study, four seeds were placed in the
13 prostate and these were continuously tracked.
14 For those of you on the panel who are not
15 radiation oncologists, the prostate can move
16 significantly both translationally and
17 rotationally during treatment, and the
18 CyberKnife allows us to track the movement of
19 the prostate during the treatment and actually
20 to automatically make corrections.

21 So one of the things that has been
22 brought up about CyberKnife is that it can
23 cause significant rectal toxicity. We've
24 actually seen very low rectal toxicity, and I
25 think some of that is due to the fact that we

00125

1 have such accurate placement of the beams, and
2 we use approximately 150 beams on average.
3 This also allows us, this accuracy allows us to
4 use tighter margins, which I think is also
5 responsible for low morbidity.

6 At 30 months the median PSA was 0.22,
7 which I think is significant. At 42 months in
8 a pending publication, I'm reporting a median
9 PSA down to 0.11, which I think is extremely
10 favorable when compared to other forms of
11 radiation. The toxicity has been very mild,
12 less than five percent in grade two or three
13 rectal and urinary toxicity, and most EPIC
14 scores have returned to baseline as you saw in

15 the Sandler study.
16 Potency preservation has also been
17 quite favorable, slightly greater than 80
18 percent.
19 Now also pending, actually just
20 accepted for publication is a paper that I gave
21 with 75 patients using CyberKnife as a boost,
22 very similar to the HDR brachytherapy model.
23 These were intermediate and high risk patients.
24 They got 18 to 21 gray over three days as a
25 boost after 45 centigray to the pelvis. With

00126

1 36-month median follow-up we're seeing a 92
2 percent disease-free survival for intermediate
3 risk and 80 percent at high risk. And based on
4 what was shown previously, this seems pretty
5 well in line with other forms of radiation,
6 especially brachytherapy. There has been low
7 urinary toxicity. We have seen some increase
8 in rectal toxicity, which I think appears to be
9 due more to the addition of the external
10 radiation. The potency rate was approximately
11 78 percent. So these results seem to track
12 most studies as noted in the paper with using
13 HDR as a boost, both in terms of control and
14 toxicity, and obviously we will be doing
15 further follow-up and reporting on that as
16 further follow-up occurs.
17 In summary, so far we're seeing very
18 high rates of control. We're seeing extremely
19 low median PSAs at this point, which I think
20 according to the radiation literature is a good
21 proxy for good long-term control. Compared to
22 other forms of radiation, the toxicity appears
23 to be as good if not even slightly better. We
24 also are seeing high rates of potency
25 preservation. And this is a very convenient

00127

1 treatment, only five days, and most patients
2 are very grateful for being able to get their
3 treatment done in five days rather than 45
4 days.
5 Thank you for your time.
6 DR. GOODMAN: Thank you very much, Dr.
7 Katz, we appreciate that input. And then our
8 final speaker, scheduled final speaker is
9 Dr. Anthony Zietman, representing the American
10 Society for Radiation Oncology.
11 DR. ZIETMAN: Thank you. I am Anthony
12 Zietman, president of the American Society of
13 Radiation Oncology. I have no conflicts.
14 ASTRO represents 96 percent of
15 radiation oncologists in the U.S.A., and
16 bearing in mind all of the evidence you've

17 heard so far this morning I'm going to dispense
18 with my slides, and it has been very nicely
19 summarized, particularly by Dr. Sandler and
20 Lee, who point out the high quality of evidence
21 that exists with long-term outcomes.
22 I'm going to make a few points and
23 then for the panel's purposes I'm going to
24 summarize the randomized trials that are out
25 there at the moment that will be presenting

00128

1 their data in the near future, because this I
2 think will factor into your thinking.
3 I want to say something about active
4 surveillance. ASTRO understands this issue, we
5 recognize there is overtreatment, and it is at
6 this moment a major research focus of many of
7 the leaders of ASTRO. We write editorials on
8 the subject and we discuss it at all of our
9 major educational venues, including the annual
10 meeting. And there has been evidence over the
11 last five years that adverse events are
12 actually on the rise again, so we have received
13 the message.
14 But we have to remember that prostate
15 cancer is a spectrum of diseases from the
16 mildest of run-ins to fatal at the other, with
17 a huge gray area in between. And the patients
18 exist on a spectrum also, from the cool at one
19 end to the highly anxious at the other. So
20 treatment is always going to be required.
21 You have heard a great deal of
22 evidence, there is no lack of evidence of the
23 efficacy of radiation therapy, there is just a
24 lack of comparative evidence, that is the
25 deficit.

00129

1 You've heard from two speakers about
2 the Scandinavian randomized trial published in
3 the Lancet in 2009 by Widmark. It shows the
4 survival advances in men with more locally
5 advanced cancer. There is another randomized
6 trial even bigger than that with 1,200 patients
7 that will be presented at ASCO next month. The
8 specific data is embargoed at present, but I
9 can tell you that that will reflect the
10 Scandinavian trial and I think that will be an
11 important piece of evidence to consider.
12 There are two randomized trials that
13 you know about showing that the addition of
14 radiation to surgery improves mortality,
15 further proof of evidence that radiation cures
16 patients with prostate cancer, and cures
17 patients who need to be cured. You've heard
18 about the randomized trials that show that cure

19 is increased by higher radiation doses, but
20 high radiation doses need accurate delivery.
21 Hence, the proliferation of technologies that
22 lead us to this discussion today. It's
23 actually a testament to U.S. creativity when it
24 comes to technological problem-solving.
25 And most importantly, you need to know

00130

1 about the mother of all randomized trials, I
2 was on the steering committee of the trial in
3 the U.K., it's called PROTECT. We've
4 randomized a quarter of a million men to PSA
5 screening or no PSA screening. Of those who
6 have PSA screening, if prostate cancer is
7 diagnosed, they are further randomized to
8 surgery or radiation or active surveillance.
9 There is no question about can this trial be
10 done, it can, it has been, the last patient was
11 randomized in January 2009, the first report
12 will be coming out in 2015, which really is not
13 so far away.
14 You heard a great deal about morbidity
15 and function with various radiation treatments.
16 I'm not going to add anything to that except to
17 say that prospectively gathered data from
18 thousands of patients regarding quality of life
19 endpoints can't be dismissed lightly simply
20 because it's not randomized. There's plenty of
21 efficacy with low morbidity, just not much
22 comparative evidence.
23 And finally, I would like to say
24 something about this question about the
25 evolving technologies, proton beam, SBRT,

00131

1 hypofractionation generally. All are
2 incredibly intriguing. They are interesting
3 technological solutions to our problems. There
4 is long-term data, and you've heard it on
5 proton beam radiation, less on the other kinds.
6 You need to know that we are actually doing the
7 studies that you will want to hear. There are
8 three randomized controlled trials currently in
9 motion looking at hypofractionation, one in
10 Britain, one in Canada, and one here with the
11 RTOG. All trials are close to completion. In
12 total it's about 5,000 patients on trial, and
13 we should have the first results within the
14 next few years.
15 In addition, there are three
16 randomized trials in evolution, or two
17 randomized trials in evolution comparing SBRT
18 with conventional radiation, and there's one
19 other that's going on in Sweden that's also
20 already 50 percent through its accrual. There

21 is another randomized trial comparing IMRT with
22 proton beam radiation that is ready to go and
23 is just awaiting federal funding, that's the
24 Prosper grant and we're crossing our fingers.

25 DR. GOODMAN: About a minute and a

00132

1 half, Doctor.

2 DR. ZIETMAN: Sure. And finally,
3 there are four separate efforts to develop
4 national prospective prostate cancer
5 registries, radiation registries to help
6 supplement the randomized trials and answer the
7 comparative effectiveness questions, so again,
8 are waiting federal funding decisions. There's
9 another that has been initiated by ASTRO with
10 multiple stakeholders that has real momentum
11 now.

12 So I will finish by saying I recognize
13 that you have questions to answer today, but I
14 would like to appeal for no hasty decisions.
15 Ours is a field that has been compelled by the
16 comparative effectiveness mandates and we are
17 actually making an international effort to get
18 our house in order and to answer the questions
19 that you need. Thank you.

20 DR. GOODMAN: Thank you very much,
21 Dr. Zietman, and we especially appreciate your
22 ability to modify the format of your
23 presentation given what has been heard thus
24 far. We thank you for the news on ongoing
25 trials. Of course our panel is interested in

00133

1 hearing those remarks and is also able to
2 distinguish between a published randomized
3 controlled trial that's been subject to peer
4 review and one that has been discussed as an
5 abstract, and those that are in the pipeline.
6 We appreciate those distinctions, I am sure.
7 Thank you to all of our planned and
8 scheduled speakers.
9 Before proceeding, I failed to remind
10 everyone in the room, if you've got a
11 Blackberry, you might want to turn it off or
12 down, and that applies to everyone, thank you.
13 I have a list of, it looks like 15
14 nonregistered speakers, and we'll take them in
15 the order in which they signed up. And just a
16 couple of reminders, please. Wait until you
17 come to the center mike before you start
18 speaking, because our trusty court reporter
19 would have a very difficult time in recognizing
20 you and making sure he gets started on time.
21 I apologize that we only have really a
22 minute, truly 60 seconds from the time you

23 start until the time I have to ask you to
24 finish, so I hope that you'll make sure that
25 you will focus in on the essential points that

00134

1 you want to transmit to our group. And just so
2 the people can think about when they're lined
3 up, if you don't mind, I'm going to try,
4 without butchering too many names, to just read
5 down the list of people so that you can think
6 about when you come in the order, and we will
7 try to be efficient that way. My apologies for
8 misnaming here.
9 Thomas Fogarty, Jamie Bearse,
10 B-E-A-R-S-E, Don Fuller, Debra Freeman, Fred
11 Kinder, Thomas Farrington, Douglas Hague, Scott
12 Silverman, Paul Derby, Jan Fersing, I'm sure
13 that's not correct, Gene Howard, Clinton
14 Medberry, III, Mark Perman, Quinton Heim, and
15 Greg Dickerson.

16 And if we could start with, it looks
17 like Dr. Thomas Fogarty first, sir, welcome.
18 Please remember to give your affiliation.
19 DR. FOGARTY: My name is Thomas
20 Fogarty, I'm a cardiovascular surgeon, been
21 accused of being an innovator, I have no
22 affiliation. I do have conflicts of interest
23 and they're noted on the form I filled outside.
24 I would like to give you a perspective
25 of an innovator primarily, an innovator in

00135

1 medical devices. People say the challenge to
2 innovation is the development of the
3 innovation. That's not true. In everything
4 I've been involved in and others, the challenge
5 is displacement of the old, not of the old
6 technology, the old prospectus, the old
7 attitudes and the old relationships. And if
8 you look at what we're considering now, much of
9 what we're considering is just these things.
10 So, I would like to mention the
11 influence of societies. Societies represent
12 their constituency primarily, but more
13 importantly they represent the interests of the
14 patients, and I think very often we forget
15 about that. So, the presentation by one of the
16 presenters really presented a perspective of
17 the patients and I think it's extremely
18 valuable in your considerations. Thank you.
19 DR. GOODMAN: Dr. Fogarty, thank you.
20 Before you leave, the sign-up sheet shows your
21 affiliation as with CyberKnife Coalition; is
22 that correct.
23 DR. FOGARTY: Yes.
24 DR. GOODMAN: Thank you very much, I

25 appreciate the clarification. Jamie Bearse,
00136

1 please.
2 MR. BEARSE: Thank you for having me,
3 good morning. My name is Jamie Bearse, I'm the
4 chief operating officer for ZERO, the Project
5 to End Prostate Cancer, a nonprofit located in
6 Washington, D.C. We have been around since
7 1996 and we do an array of things toward trying
8 to end the disease. We have a database of
9 about 150,000 activists and advocates. We have
10 a project that's called the Drive Against
11 Prostate Cancer where we screened over 110,000
12 men for free.
13 We annually put on the Summit to End
14 Prostate Cancer, where we bring in more than a
15 hundred advocacy leaders from across the
16 country to lobby staffers on Capitol Hill and
17 congressmen and senators for increases in
18 prostate cancer research funding. We manage a
19 race series that's rapidly growing called Great
20 Prostate Cancer Challenge. We work with more
21 than two dozen large urology practices across
22 the United States and our board includes
23 members such as two-time World Series champion
24 Ken Griffey, and Hunter Byden, who is the son
25 of the Vice President.

00137

1 On behalf of all those people, I am
2 here to implore you to not treat prostate
3 cancer like there is a cookie-cutter treatment
4 for all prostate cancer patients. What doesn't
5 work for one man may work for another, and I've
6 seen that. I've worked for ZERO for ten years
7 now and seen many patients die from prostate
8 cancer needlessly. For example, there was a
9 woman that I spoke with yesterday morning whose
10 husband died two years ago from prostate
11 cancer, aggressive, at 52. Left behind three
12 teenage daughters who --

13 DR. GOODMAN: Mr. Bearse, will you
14 wrap up?

15 MR. BEARSE: Yeah. Who will not be
16 dancing with their father when they have their
17 wedding. The point is, there's no
18 cookie-cutter solution to prostate cancer.

19 DR. GOODMAN: Thank you, Mr. Bearse,
20 thank you for your comments, sir, we appreciate
21 them. Dr. Don Fuller, please, is next, and he
22 will be followed by Dr. Debra Freeman.
23 Welcome, sir.

24 DR. FULLER: Thank you. Dr. Don
25 Fuller on behalf of CyberKnife Coalition, and

00138

1 just by background, a radiation oncologist at a
2 ten-physician single specialty group practice
3 giving all forms of radiation. My virtual HDR
4 CyberKnife study is referenced in the ASTRO ETC
5 report. My only issue with that is it's out of
6 date and out of context. It's presented as a
7 small clinical study with short follow-up and
8 that's really not the thrust of the study.
9 The thrust of the study was to look at
10 a dosimetry comparison with HDR brachytherapy
11 versus CyberKnife, and it demonstrated that the
12 CyberKnife device has the capability to deliver
13 a substantially equivalent dose pattern both in
14 terms of dose escalation with the extraurethral
15 prostate as well as sparing of the urethra, the
16 bladder and the rectum. And so it would be our
17 position that HDR brachytherapy literature also
18 supports SBRT literature. In a more simplified
19 form, dose is dose. Delivering mechanism is
20 irrelevant in my opinion.

21 DR. GOODMAN: Thank you. Dr. Debra
22 Freeman is next. Welcome, Dr. Freeman. Please
23 give your affiliation.

24 DR. FREEMAN: I'm Dr. Debra Freeman,
25 I'm a practicing radiation oncologist in

00139

1 Florida, I'm here on behalf of CyberKnife
2 Coalition, and I do consulting work for the
3 clinical development department of Accuray.
4 As Dr. Zietman referenced, and I want
5 to mention that there is data forthcoming in
6 addition to what you've heard about. There are
7 two multicenter studies that data will be
8 released within the next year, some at the
9 upcoming AUA, with over 300 patients treated
10 with CyberKnife SBRT for prostate cancer, so
11 there is more data forthcoming.
12 In terms of randomized clinical
13 studies, I want the panel to be mindful of the
14 limitations of those studies in all aspects of
15 what we do, particularly in regards to SBRT.
16 I'm aware of one of the three that Dr. Zietman
17 referred to that's been shared with the RTOG,
18 and I think has not yet been approved,
19 comparing two different SBRT regimens, a five
20 fraction and a 12 fraction. That study alone
21 does not even have a control arm of standard
22 therapy, so it's two hypofractionated regimens,
23 neither one of which is proven.
24 And in that regard, be mindful of the
25 definition of SBRT, which in terms of the AHRQ

00140

1 report and I think most of Medicare is a hypo
2 or extremely hypofractionated regimen of one to

3 five treatments. There are other forms of
4 hypofractionated, low number of fractions of
5 radiation that do not meet the definition of
6 SBRT. Thank you very much.

7 DR. GOODMAN: Thank you very much,
8 Dr. Freeman. Next is Fred Kinder. Welcome,
9 sir. Your name and your affiliation.

10 MR. KINDER: Hi, thank you. I'm with
11 the CyberKnife Coalition, I'm a prostate cancer
12 patient, and I'm in the high technology field.
13 So when I was diagnosed I researched every
14 option, and CyberKnife, as many of you have
15 heard today, dose escalation improves cure, so
16 when I looked at the tracking capability of
17 CyberKnife, being the only automated system,
18 that was an obvious choice. I was treated by
19 Dr. King two years ago, no side effects today,
20 and my PSA is .5. I encourage you to authorize
21 payment for the CyberKnife.

22 DR. GOODMAN: Thank you, Mr. Kinder.
23 As he walks back I just want to remind our
24 panel that this panel does not authorize
25 payment or make a policy decision. We are to

00141

1 provide our expert consideration regarding
2 adequacy of the evidence and what the evidence
3 says. Thank you.

4 Next is Thomas Farrington. Welcome,
5 sir, and can you please give your affiliation?

6 MR. FARRINGTON: Thank you. I am
7 Thomas Farrington, I'm a ten-year prostate
8 cancer survivor from Boston, Massachusetts. I
9 am the president of the Prostate Health
10 Education Network.
11 Following my combination brachytherapy
12 and external beam radiation treatments in 2000,
13 I focused on the African-American prostate
14 cancer crisis. I authored my first book in
15 2001 and founded the Prostate Health Education
16 Network in 2003. In 2009 I had recurrence of
17 prostate cancer. It was initially decided that
18 my best course of action was hormone therapy.
19 However, while awaiting treatment I discovered
20 CyberKnife. And my prostate gland was negative
21 with the biopsy and it was determined that I
22 had expression only recurrence, which made me a
23 candidate for the CyberKnife treatment.
24 I had three CyberKnife radiation
25 treatments in July 2009 and in January 2010 my

00142

1 PSA had dropped from 2.5 to .2, where it
2 remains today. My lower PSA has come with no
3 treatment side effects at all. CyberKnife
4 offered me a potential permanent cure and it

5 may be the only treatment available that can
6 cure prostate cancer over metastasis. This
7 unique treatment method should continue to be
8 an option for prostate cancer patients where it
9 can have an enormous impact. Most men with
10 repression such as mine are not put on
11 treatments that last a lifetime, with
12 debilitating side effects, and overall they are
13 much more costly than CyberKnife. Thank you.
14 DR. GOODMAN: Thank you very much, Mr.
15 Farrington, we appreciate your point, and do
16 call attention to the point you raised about
17 representation of minority populations in the
18 study populations. Thank you very much, sir.
19 Next is Douglas Hague. Mr. Hague, if
20 you'd give your affiliation, sir?
21 MR. HAGUE: CyberKnife Coalition. My
22 name is Doug Hague. I'm a retired Superior
23 Court judge in the state of New Jersey, I spent
24 30 years trying cases on the dark side,
25 represented some patients, et cetera, but then

00143

1 I became a judge in New Jersey and I handled
2 medical malpractice cases for most of that time
3 in Madison, so I'm very familiar with
4 disagreements among experts.
5 I was diagnosed in '03, found
6 CyberKnife and was treated in '04. My current
7 PSA is 0.04. I would just like to say that my
8 quality of life is superb. I fish, I hunt, I
9 have a 35-foot sailboat which I single-hand.
10 And most importantly as far as quality of life
11 is concerned, I really feel that I find the
12 opposite sex absolutely enchanting. Thank you.
13 (Laughter.)

14 DR. GOODMAN: Congratulations.

15 Dr. Scott Silver is next.

16 DR. SILVER: That's a tough act to
17 follow. My affiliation is CyberKnife Coalition
18 and my first comment is actually a question.
19 Which men on this panel or in this room, if you
20 were diagnosed with prostate cancer today,
21 would choose watchful waiting or active
22 surveillance to see if your prostate cancer
23 spread locally or throughout your system before
24 you decided to get treatment, particularly if a
25 noninvasive painless procedure were available

00144

1 with little risk of adverse effects?
2 I am a board certified orthopedic
3 surgeon who had to make that decision four
4 years ago at the age of 61. My PSA had gone up
5 80 percent in 16 months, but was still below
6 the level of four. I did extensive research to

7 learn as much as I could about prostate cancer
8 and the available treatments. I spoke with
9 patients and physicians throughout the country.
10 I learned that the treatment itself can have a
11 devastating effect on the quality of one's
12 life.
13 The more I learned, the more I
14 realized that I wanted to find a treatment that
15 would offer me the least risk of erectile
16 dysfunction and the best chance of a cure, one
17 that would minimize complications and eliminate
18 the possibility of incontinence. Doctors
19 discussed the treatments with me. That can be
20 overwhelming, even to a physician. But when
21 the features of the CyberKnife procedure were
22 explained to me, my decision became crystal
23 clear.
24 In summary, I strongly feel that men
25 with prostate cancer should have all the

00145

1 options available to them, and openly and
2 honestly discussed with them.
3 DR. GOODMAN: Thank you very much, Dr.
4 Silver, we appreciate your input. Next is Paul
5 Derby. Mr. Derby, your affiliation, sir?
6 MR. DERBY: Yes. I'm here with the
7 CyberKnife Coalition. I'm a computer
8 scientist, I knew nothing about the medical
9 profession until I was diagnosed with prostate
10 cancer in August of last year. I asked my
11 urologist if it would make any difference if I
12 was treated in six months or eight months, I
13 needed to do my homework. I did a huge amount
14 of research and learned a lot about lots of
15 options, and no one from the medical profession
16 could steer me, I had to make the decision, and
17 it was overwhelming. I had friends that had
18 been diagnosed and they had suffered with a lot
19 of various side effects, incontinence, multiple
20 surgeries, things of this nature through
21 prostate cancer.
22 I stumbled on to CyberKnife, it was
23 fairly unknown. I was lucky to have a
24 CyberKnife treatment center nearby and
25 evaluated that with the other options and chose

00146

1 that. I'm 14 months now past CyberKnife. My
2 PSA is the lowest it's ever been, it's .9,
3 which is right where it should be, I expect it
4 to drop. I went to work every day during the
5 treatments, I suffered no quality of life
6 impact, I'm delighted that I discovered this
7 and I hope each of you males on the panel and
8 the loved ones of the female on the panel have

9 that same option and know about it.
10 DR. GOODMAN: Thank you very much, Mr.
11 Derby, we appreciate your comments. Next is
12 Jan Fersing, I apologize if I'm mispronouncing
13 your name, and your affiliation, please, sir.
14 MR. FERSING: My name is Jan Fersing,
15 I'm here on behalf of the CyberKnife Coalition.
16 I was treated by CyberKnife last August. And I
17 live in Fort Worth, Texas, where Medicare does
18 not approve CyberKnife for prostate cancer
19 treatment, and so I got the treatment by
20 offering to pay for it myself, and I'm through
21 the long tortuous appeal process, I'm probably
22 a step five now and it's still ongoing. But
23 for me as an owner of a privately held company
24 in Fort Worth, I had five or six stockholders.
25 One of them died of prostate cancer

00147

1 complications. The second one was treated by
2 proton at Loma Linda, his cancer returned, and
3 he died. So watchful waiting was not an issue
4 for me. I chose a treatment that I could do
5 outpatient, five outpatient treatments. I
6 could resume my normal active retired life.
7 I had side effects, everyone has side
8 effects. They disappeared after two or three
9 weeks. Now my PSA is going down and I don't
10 have any side effects. I'm here as an advocate
11 for Medicare change in Texas that will allow
12 Medicare treatment of prostate cancer by
13 CyberKnife.

14 DR. GOODMAN: Thank you very much,
15 sir, we appreciate your comments. Next is
16 Clinton Medberry, our next speaker, and Dr.
17 Medberry will be followed by Mark Perman, and
18 then Greg Dickerson, so Greg Dickerson to
19 follow Mark Perman. Dr. Medberry, welcome,
20 sir.

21 DR. MEDBERRY: Hi. I'm Clinton
22 Medberry, a radiation oncologist in Oklahoma
23 City, and I'm president and chairman of the
24 board of the CyberKnife Society. Oklahoma is a
25 rural and a poor state, and men to get

00148

1 treatment there may have to drive as much as
2 120 miles each way every day to get radiation
3 treatment. So what that means is if they can
4 get four or five treatments with CyberKnife
5 stereotactic body radiation therapy they can
6 get treatment; if they have to get IMRT it
7 simply is not possible for them, so men are
8 having to choose not to get treated right now
9 in Oklahoma. Men on the opposite side of the
10 street in Texarkana have different choices

11 available to them. So I think this should be
12 as a matter of fairness, that all the states
13 should cover this like the 37 that do.
14 The other point is that to get
15 randomized trials and everything is going to
16 take 15 years, and by then we won't be using
17 any of these technologies in all probability,
18 so I don't think we can wait on randomized
19 trials in everything we do. Thank you.
20 DR. GOODMAN: Dr. Medberry, thank you.
21 Could you remind me what your affiliation was,
22 I'm sorry, I didn't catch it.
23 DR. MEDBERRY: I'm president and
24 chairman of the board of CyberKnife Society,
25 and also on the board of the CyberKnife

00149

1 Coalition.
2 DR. GOODMAN: Thank you, sir, we
3 appreciate your comments. Dr. Mark Perman is
4 next. Yes, sir, welcome, and your affiliation?
5 DR. PERMAN: Hi. My name is Dr. Mark
6 Perman, I'm a practicing radiation oncologist
7 in Florida and also serve as the president of
8 the Florida Robotic Radiosurgery Association, a
9 group of nine community radiosurgery centers.
10 In October 2009 First Coast Service Options,
11 the Florida Medicare intermediary, released an
12 LCD on stereotactic body radiation therapy.
13 While not included as a covered indication, the
14 LCD did state that prostate cancer radiosurgery
15 could continue for appropriate patients.
16 Additionally in its comments, the medical
17 director wrote that patients enrolled in a
18 registry would be looked upon favorably when
19 being considered for payment.
20 In response I set about developing a
21 mechanism that would address evidentiary gaps
22 and fulfill the requirements of the LCD. We
23 have chosen to open a prostate SBRT registry
24 with patient accrual beginning in June 2010.
25 The registry will be treatment platform neutral

00150

1 and is designed to track toxicity as well as
2 treatment outcomes. The information collected
3 in our registry will allow Medicare
4 beneficiaries throughout Florida continued
5 access to prostate SBRT as well as to provide
6 important data on the responses to this type of
7 radiation treatment.
8 DR. GOODMAN: Thank you very much,
9 sir, we appreciate those comments. Next is
10 Greg Dickerson. Your affiliation, please?
11 DR. DICKERSON: I am Dr. Greg
12 Dickerson, from Denver, Colorado. I'm the

13 medical director for Denver CyberKnife, and the
14 practice is limited solely to CyberKnife
15 radiosurgery. I'm speaking on behalf of
16 Dr. Chris King, currently at UCLA, on his
17 update of Stanford University Experiencing
18 Stereotactic Body Radiation Therapy for the
19 Treatment of Low Risk Prostate Cancer.
20 Since the original publication of this
21 data in 2008, a total of 69 patients have been
22 treated with two years or more follow-up,
23 bringing the current median time of follow-up
24 to 3.9 years. Only two patients have had
25 biochemical recurrence which was biopsy proven.

00151

1 There have been no grade three bladder
2 toxicities, three percent grade two toxicities,
3 24 percent grade one toxicities. There were no
4 grade two or three rectal toxicities and 20
5 percent had grade one symptoms. Five-year
6 Kaplan Meier PSA response relapse-free survival
7 rate is now 97 percent, and I will provide
8 copies to the panelists. Thank you very much.

9 DR. GOODMAN: Thank you very much,
10 sir. I wanted to clarify something. I
11 inadvertently skipped Mr. Gene Howard on the
12 list, and Mr. Quinton Heim will not be
13 reported. So that's the changes. Pardon me,
14 Mr. Howard, and could you give your
15 affiliations, sir?

16 MR. HOWARD: CyberKnife Coalition. As
17 a World War II veteran, I believe that freedom
18 is one of our greatest strengths. As president
19 pro tem of the Oklahoma Senate and later as
20 chairman of the Oklahoma State and Education
21 Group Insurance Board, I learned that medical
22 cost containment is necessary for affordable
23 health care. Out of these and other life
24 experiences, I believe that patients should
25 have the freedom to make the final decision on

00152

1 their treatment subject to certain limitations:
2 Treatment has FDA approval; cost of treatment
3 is competitive with other options; and the
4 patient has made an informed decision based on
5 the best attainable information.

6 After my biopsy confirmed T2 treatable
7 prostate cancer, I did extensive research,
8 including consulting a number of specialists in
9 Tulsa, Oklahoma. I also contacted the Proton
10 Center in Oklahoma City and the HIFU Maple Leaf
11 Clinic in Toronto, Canada. Concerning my
12 quality of life and future I chose CyberKnife.
13 I was shocked to find that my state, Oklahoma,
14 is one of 13 where Medicare does not cover

15 CyberKnife, but they cover proton at about
16 twice the cost. I still believe in my right to
17 make an informed decision as to my treatment
18 and not have it affected by economic or
19 philosophical disputes. After all, this is my
20 health and quality of life that I'm deciding,
21 and I have to live with the consequences.

22 Thank you for this opportunity.

23 DR. GOODMAN: Yes, sir, thank you,
24 Mr. Howard, and thank you for your service as
25 well, sir. We have an additional nonregistered

00153

1 speaker, it's Dr. Todd Wasserman. Sir, if you
2 could state your affiliation, please?

3 DR. WASSERMAN: Todd Wasserman,
4 professor of radiation oncology, Washington
5 University. I have been involved in the
6 leadership of the RTOG since 1973 and currently
7 cochair the RTOG Foundation.

8 The Tufts group correctly concluded
9 that there is insufficient data to prove the
10 benefit of RT over active surveillance or
11 watchful waiting, but they failed to discuss
12 that the same lack of data does not prove the
13 null hypothesis that RT is only as good as
14 active surveillance or watchful waiting.

15 They also concluded that higher
16 radiation doses improve rates of long-term
17 biochemical control. Chemologically there is
18 no logic to this unless RT is having an effect,
19 albeit yet unproven.

20 DR. GOODMAN: Thank you very much, Dr.
21 Wasserman, and thank you for making that point.

22 Ms. Ellis, I believe that's the
23 completed list of nonregistered speakers.

24 MS. ELLIS: Correct.

25 DR. GOODMAN: Panel, I think we just

00154

1 heard from 15 of these speakers, and I know
2 that, just speaking for the panel, we very much
3 appreciate this diverse and important input
4 from stakeholders, including many patients with
5 many perspectives. I'm sure the panel may also
6 have noted that the distribution of
7 affiliations may not have been a random
8 selection of people that may have been affected
9 by these technologies, but we do appreciate the
10 individual comments made by every single
11 nonregistered speaker. Thank you, and thank
12 you for trying to keep your comments to one
13 minute. I know that's very difficult.
14 Well, let's proceed then. And as
15 noted earlier, we're very glad and grateful
16 that the speakers from Tufts EPC, our scheduled

17 commenters, and probably nearly all of our
18 unscheduled commenters remain in the room. And
19 what we want to do now is have some time for
20 questions to presenters by the MedCAC. You
21 probably want to focus primarily on the Tufts
22 people and the scheduled presenters, but this
23 does not mean that you are limited to asking
24 questions about others.

25 I want to call attention to the fact,

00155

1 panel, that we do have a set of questions to
2 answer later on, and these are voting
3 questions, and to the extent that your
4 questions can focus on and keep us on track
5 with regard to addressing those specific
6 questions, that will be time well spent.
7 So, with that, we'll open it up.
8 Dr. Jarvik is first, followed by Dr. McNeil.
9 And by the way, could the Tufts folks come up
10 to the front, I believe those chairs were
11 reserved for you, those are the hot seats, and
12 I hope that other speakers will be hovering
13 near the front of the room as needed. Dr.
14 Jarvik, thank you, sir.

15 DR. JARVIK: My question is actually
16 for Dr. Ip. With regard to the study by
17 Widmark that was published in 2009, I think
18 that was one of the studies you excluded from
19 your review.

20 DR. IP: Yes.

21 DR. JARVIK: And I'm wondering if you
22 could talk a little bit more about that. There
23 was a mixture of T stage.

24 DR. IP: We excluded it because that
25 study explicitly compared hormonal therapy with

00156

1 radiation therapy compared to just hormonal
2 therapy, that was the reason.

3 DR. JARVIK: Okay. And the
4 subfraction of patients that were T1 and T2 you
5 didn't even look at, because the primary
6 question was different?

7 DR. IP: Right.

8 DR. GOODMAN: And I'd just add that
9 EPCs tend to stick with their assignment. Dr.
10 McNeil.

11 DR. MCNEIL: I have a question for Dr.
12 Dvorak and perhaps Dr. Lee. A number of
13 analyses had varying degrees, varying years of
14 follow-up for mortality or side effects, and I
15 would like to ask both of you actually, if you
16 had a T2 patient at medium risk and you wanted
17 that patient to make an optimal or a well
18 informed decision, how many years of follow-up

19 would you like for data in terms of mortality?
20 DR. DVORAK: I think I would defer
21 this question to Dr. Lee.
22 DR. GOODMAN: Thank you. Dr. Lee?
23 That was Dr. Dvorak, by the way.
24 DR. MCNEIL: You are a radiation
25 oncologist, right? So I would like your answer

00157

1 as well.
2 DR. GOODMAN: As per Dr. McNeil's
3 request, Dr. Dvorak.
4 DR. DVORAK: Very well.
5 DR. MCNEIL: I was specifically trying
6 to get my answer from a practicing clinician in
7 the field.
8 DR. DVORAK: So, I think to some
9 degree this depends on the expected survival of
10 the patient.
11 DR. MCNEIL: At 65.
12 DR. DVORAK: And again, this is a
13 question of competing comorbidities.
14 DR. MCNEIL: With intermediate risk.
15 I'm really trying to get a prototypical
16 question here.
17 DR. DVORAK: Right. The NCCN
18 guidelines stratify in terms of their
19 recommendations patients based on their
20 expected survival, and I think that's an
21 important question. Having said that, I think
22 ideally, because it's on average a slow moving
23 disease, longer survival would be better than
24 short survival, or median survival would be
25 better than shorter.

00158

1 DR. MCNEIL: And what is median?
2 DR. DVORAK: I think ideally I would
3 like to see ten years.
4 DR. MCNEIL: And Dr. Lee.
5 DR. LEE: I would agree with
6 Dr. Dvorak on that. We have to keep in mind
7 with intermediate prostate cancer we tend to
8 bend it into one group. The reality is the
9 heterogeneity of outcomes in that group is
10 pretty diverse. For example, there's well
11 published data stating that if you have only
12 one intermediate risk factor versus having two
13 or three, that your outcomes are quite
14 different, but they're all considered
15 intermediate risk. And I think ten years
16 minimum would probably be adequate, maybe not
17 for survival actually, because if you actually
18 look at one of the observation studies from
19 Johansson looking at it, it was a pretty
20 comprehensive population-based study done in

21 Sweden, they followed over 200 patients with
22 complete follow-up, so no patient was lost to
23 follow-up and they followed them to their time
24 of death.

25 It wasn't until after ten years,

00159

1 closer, getting into 13 or 15 years where they
2 saw a dramatic drop in survival related to
3 prostate cancer, so they're seeing a lot more
4 of that after that ten-year mark.

5 DR. MCNEIL: Could I follow that up
6 with one further point?

7 DR. GOODMAN: Of course, Dr. McNeil.

8 DR. MCNEIL: So I guess to anybody in
9 the Tufts group, it strikes me that a large
10 number of the analyses that you included for
11 mortality and side effects and whatever had
12 follow-up periods that were quite short. And
13 the question I would ask is offhand, without
14 being totally type A about this, what percent
15 of your patients or your studies would drop out
16 if you took a median survival of ten years?

17 DR. GOODMAN: Dr. Ip, could you
18 venture a response?

19 DR. IP: No comment. I don't know.

20 DR. MCNEIL: Well, you must have some
21 idea.

22 DR. IP: I have no comment.

23 DR. GOODMAN: Dr. Ip, if you and your
24 colleagues might have opportunity to do a quick
25 survey of the literature, maybe even during

00160

1 lunch, if you could give us some rough idea for
2 that, that might be useful. Dr. Fischer is
3 next.

4 DR. FISCHER: I'm also going to ask a
5 question about follow-up, but it is really
6 provoked by some experiences with my own
7 patients. I'm a surgeon, but I have a lot of
8 elderly friends as I get older, and it does
9 seem as if the incidence of what proves to be
10 radiation cystitis seems to increase with age.
11 And I'm just wondering about the follow-up for
12 this particular, what I consider a side effect
13 of radiation, wherever it comes from. How long
14 is it followed by the radiation community and
15 put down or noted as a complication of the
16 therapy?

17 DR. GOODMAN: Follow on in radiation.

18 Dr. Lee is approaching the microphone and if
19 someone else has a specific response, we will
20 accept that as well. Dr. Lee.

21 DR. LEE: Good question. I would say
22 in the GU toxicity profiles, when we start

23 classifying things as grade two and grade
24 three, radiation cystitis is put into there.
25 In general, there have been several reports,

00161

1 some including prostate cancer, some in the GYN
2 literature stating your exact point, that
3 potentially some of the radiation-related side
4 effects to the bladder may take many years to
5 manifest.

6 Having said that, I think most of the
7 time you're probably capturing most of those
8 events somewhere between about five to ten
9 years, and most of the dose escalation studies
10 now with higher doses of radiation have
11 exceeded that time interval, and the GU
12 toxicity rates seem to be relatively constant
13 after that time.

14 The other point to keep in mind is
15 that with hypofractionated regimens we don't
16 know the answer yet but we do need to be
17 careful, because in general one of the basic
18 radiobiologic principles is that if you give
19 higher daily doses of radiation, that you are
20 potentially increasing the chance for having a
21 late side effect many years down the road.
22 That may or may not be the case with some of
23 the modalities that we're discussing.

24 DR. FISCHER: Just stay there for a
25 minute, please. And the only reason I ask that

00162

1 is because looking at the numbers that Dr.
2 Dvorak and everybody else put up on the screen,
3 it does seem to me anecdotally that the
4 incidence of late radiation cystitis, very much
5 as you said, and these are pretty much people I
6 see for other reasons but happen to mention
7 that they have this kind of symptomatology, is
8 far in excess of three percent. And I'm just
9 wondering who's logging that in, and we'll
10 discuss that later on this afternoon, I hope,
11 who's logging that in as a complication of a
12 treatment.

13 DR. GOODMAN: Dr. Lee, is that being
14 recorded appropriately?

15 DR. LEE: I feel in general it is.
16 Certainly in our institutional database we do
17 log that in. For the grade three side effect
18 profile it's a matter of severity, so for
19 example, people could have cystitis type
20 symptoms, slowing of their urinary stream,
21 urinary irritation, and they could be taking an
22 alpha blocker, and in some series we would
23 typically consider that a grade two side
24 effect. So it does require some medical

25 intervention but maybe not too serious.

00163

1 Other centers, they routinely put
2 patients on Flomax even before they start any
3 definitive local therapy, so it's kind of hard
4 to tease that data out.

5 DR. GOODMAN: Thank you, Dr. Lee. Dr.
6 Hevezi.

7 DR. HEVEZI: Dr. Lee, would you
8 return, please? I'm sorry to keep picking on
9 you, but also this may be for Dr. Dvorak. Even
10 though you gentlemen are a little bit younger
11 as radiation oncologists and IMRT has been
12 around now for ten years since it began its
13 reimbursement around 2000, do you think if we
14 held IMRT to the same level of evidence that
15 we're holding some of the other new
16 technologies, that we would have treated as
17 many patients with IMRT as we have over the
18 years?

19 DR. LEE: Without any absolute data,
20 this will be a matter of only opinion. The
21 number of IMRT cases probably would not have
22 been perhaps as ubiquitous as it is now.
23 That's not to take away from the fact that we
24 do feel that it is a good treatment. And the
25 reality is, one of the reasons why probably a

00164

1 number of medical technologies continue to
2 propagate is independent of reimbursement. I
3 think most physicians want to do the right
4 thing for their patients, so if it's not
5 working with a low side effect profile, they're
6 going to stop. I mean, really it's not worth
7 continuing on something like that, and so I
8 think that's one of the main reasons IMRT has
9 continued to do well.

10 We also have to keep in mind that even
11 though background prevalence of prostate cancer
12 is high and IMRT is used for it, IMRT, just
13 like a lot of other technologies, has made
14 substantial strides in a number of other
15 disease sites. And you know, one thing we can
16 take away is that if you've got prostate
17 cancer, the people in this room probably do a
18 good job taking care of you.

19 DR. GOODMAN: Thank you, Dr. Lee.
20 Before we move to Dr. Potters, I just want to
21 remind the panel that the things we care about
22 most today as per our task include the adequacy
23 of the evidence and what does the evidence say.
24 Dr. Potters.

25 DR. POTTERS: Right. So in the

00165

1 context of the questions that were asked and
2 the differing definitions of watchful waiting,
3 expectant management and such, and given the
4 previous answer of a ten-year mortality, and
5 given the fact that a lot of these technologies
6 are short of that, I would like Dr. Olsson to
7 discuss the randomized trial on radical
8 prostatectomy versus watchful waiting in the
9 context of the outcomes of that trial, the
10 definition of watchful waiting as it may
11 pertain to the questions that we're being
12 asked, because of, the outcomes of that
13 potentially being a surrogate or a pivot point
14 from which other definitions of outcomes can be
15 utilized to assess the technologies that we're
16 being asked.

17 DR. GOODMAN: Thank you, Dr. Potters.
18 Do remind us at what point, where is that trial
19 in the pipeline?

20 DR. OLSSON: That's already been done.

21 DR. POTTERS: This is radical versus
22 watchful waiting.

23 DR. OLSSON: This is the Scandinavian
24 Group Four study.

25 DR. GOODMAN: Reported in '09, was it?

00166

1 DR. OLSSON: Reported in I think '09,
2 yeah, in the New England Journal as I recall.

3 DR. GOODMAN: Okay.

4 DR. OLSSON: What that did is
5 randomize 700 men to let's say 350 and 350
6 essentially, for watchful waiting, which meant
7 no therapy, there was no surveillance, to
8 therapy. Keep in mind that the patients who
9 were diagnosed here were actually not PSA
10 diagnoses, these were real cancers, okay?
11 And what it showed was that after
12 eight years, by any measure you wanted to apply
13 to the study, the cumulative mortality, the
14 incidence of metastases, the incidence of
15 progression was favored by the surgery group
16 statistically significantly overall.

17 DR. GOODMAN: Thank you, Dr. Olsson.
18 Dr. Potters, did you want to respond, or what
19 would we take home from that exchange?

20 DR. POTTERS: You know, in the context
21 of surrogate definitions, and we heard a lot of
22 data, and maybe Dr. Sandler wants to talk about
23 PSA outcome as a surrogate for after radiation
24 therapy, that if we compare radiation
25 literature to surgical literature, and even if

00167

1 we show an evenness, and Dr. Grimm showed the
2 data that surgery, radiation, seeds were about

3 the same, that there could be a crosswalk that
4 could be made that looks at mortality using a
5 PSA surrogate outcome, which is not really what
6 the Tufts people looked at.

7 DR. GOODMAN: Right, so that was not
8 within their realm, but that would certainly be
9 an indirect comparison at best.

10 DR. POTTERS: Right, so maybe
11 Dr. Sandler wants to --

12 DR. GOODMAN: Is this a relevant point
13 now, to ask Dr. Sandler?

14 DR. POTTERS: Yeah, I think so,
15 because it will just continue in the context,
16 unless the panel is satisfied.

17 DR. GOODMAN: Dr. Sandler, why don't
18 you come up and address that.

19 DR. SANDLER: Thank you. The issue I
20 think, Dr. Potters, had to do with the
21 surrogacy of PSA failure. I cannot say as a
22 clinical trial that PSA failure has been
23 reversely assessed in a definitive way as a
24 surrogate endpoint.

25 However, as Dr. Lee mentioned,

00168

1 biochemical failure has important clinical
2 consequences. Patients who fail biochemically
3 often go on to other treatment such as hormonal
4 therapy, which can have a big impact on quality
5 of life, so biochemical failure is a clinically
6 important endpoint.

7 DR. GOODMAN: Clinically important,
8 may not be a perfect surrogate, however, for
9 the outcomes about which we care today.

10 DR. SANDLER: Yes.

11 DR. GOODMAN: Thank you.

12 Dr. Schwartz.

13 DR. SCHWARTZ: I had two questions,
14 one of which really dealt with the surrogate
15 proxy issue, in part because of the question
16 that Barbara asked before, I would just note
17 that I think in looking at, you know, in theory
18 there's no difference between theory and
19 practice, but in practice there is. And so
20 we're interested in long-term outcomes, and not
21 many of them have long-term outcomes in a
22 technology that's constantly changing, so we
23 need to think a lot of about this.

24 The other question that relates to
25 that, though, has to do with side effects. And

00169

1 you know, we know from recent press reports and
2 other things that there are errors made in
3 practice, and particularly with radiation
4 therapy there have been a lot of the reported

5 errors in planning and in, you know, equipment
6 failures or algorithm failures or things like
7 that. I just wonder if any of the speakers,
8 we've heard that one of the technologies
9 automatically monitors the position of the
10 prostate. I just wonder if there is any
11 evidence that there are fewer failures or fewer
12 side effects from any of these modalities
13 because of the actual implementation of the
14 technical aspects as they relate to side
15 effects.

16 DR. GOODMAN: Thank you, Dr. Schwartz.
17 It is relevant to the extent that we've been
18 asked to look at adverse effects, and I concur,
19 I don't believe we've heard any discussion
20 about those kinds of potential causes of
21 adverse effects.
22 DR. SCHWARTZ: And so I wonder if
23 there's any evidence, I know what theory would
24 say, but I just wonder if there's any data out
25 there.

00170

1 DR. GOODMAN: Yes. This is Dr.
2 Zietman approaching the microphone. Briefly,
3 Dr. Zietman.

4 DR. ZIETMAN: I will certainly address
5 this as the president of ASTRO. We are very
6 aware of this risk for errors. Radiation is a
7 great treatment but it also carries its risks,
8 just like the knife, and with increasing
9 complexity of treatment there will be
10 increasing risks. So at the specialty level we
11 are trying to change our culture to one that
12 compares with the airlines, so there's going to
13 be a very strong safety culture that will
14 hopefully catch any such errors.

15 DR. SCHWARTZ: And Anthony, before you
16 leave, do you know of any data that suggests
17 that there is any difference in propensity to
18 error right now of the major technologies? I
19 mean, we've had brachytherapy problems. Is
20 there any data or evidence to suggest that one
21 of these treatments is more likely, or some are
22 more likely than others?

23 DR. ZIETMAN: There is not.

24 DR. GOODMAN: Thank you, sir. This is
25 Dr. Collins approaching the microphone?

00171

1 DR. FULLER: No, Don Fuller.

2 DR. GOODMAN: Oh, Dr. Fuller, pardon
3 me.

4 DR. FULLER: Just at least
5 theoretically, if you're continuously tracking
6 the target and have a mechanism that

7 continuously adapts the aiming, you can use a
8 smaller margin. And I think radiobiologically,
9 there's no question that the smaller the volume
10 you're treating, the lower the risk of
11 complications. It's impossible to prove from
12 the literature, it's new technology.
13 DR. GOODMAN: Thank you, sir.
14 Dr. Satya-Murti was next, I believe.
15 DR. SATYA-MURTI: We were debating
16 biochemical failure and I'm impressed by the
17 definition, that even that is variable as to
18 who defines the biochemical failure. Is that
19 an absolute drop to a cutoff point or is it a
20 percentage drop, and then over what period do
21 we determine that there has been a biochemical
22 failure? Because in the absence of actual
23 mortality we are hinging quite a bit of our
24 conclusions on biochemical failure, whereas
25 that in itself is a consensus, and I'm not

00172

1 convinced that carries as much internal
2 validity.
3 DR. GOODMAN: Yes, Dr. Sandler.
4 DR. SANDLER: So, Dr. Satya-Murti, I
5 either get the credit or the blame for the
6 Phoenix definition, which is the nadir plus two
7 definition, I was the one who organized the
8 Phoenix conference that came up with that
9 definition. And the reason that we defined
10 nadir plus two with a multispecialty consensus
11 panel was briefly that after radiation therapy,
12 there can be benign fluctuations in PSA, and we
13 did using a receiver operating curve analysis
14 find that nadir plus two gave us the best
15 ability to pick up clinically important
16 biochemical relapses. Nadir plus one, a
17 smaller value picked up too many clinically
18 unimportant, and nadir plus five or six was
19 overkill in terms of sensitivity in detecting
20 clinically important failures.
21 DR. GOODMAN: Follow-up, Dr.
22 Satya-Murti?
23 DR. SATYA-MURTI: That explains why
24 you chose that. Much like the tumor markers of
25 the past, like AFP, we have learned that they

00173

1 are indeed prone to errors, including false
2 positives. So how do we know that this rise
3 itself equates to tissue breaking through the
4 prostate capsule, or eventually marks a worse
5 prognosis?
6 DR. SANDLER: We used several large
7 data sets that were analyzed comprehensively by
8 a biostatistician at M.D. Anderson to generate

9 the receiver operating curves with a nadir plus
10 definition, we looked at multiple definitions.
11 Nadir plus two was the one that was most
12 closely associated with downstream clinical
13 events that would be a consequence of prostate
14 cancer relapsing, either distantly or locally.
15 DR. SATYA-MURTI: Very last, this is
16 brief. Do the surgeons and watchful waiting
17 proponents agree with this definition?
18 DR. SANDLER: So, surgery is generally
19 different than radiation in terms of what the
20 biochemical failure rates are and basically any
21 detectable PSA after surgery is a surrogate for
22 prostate cancer being present. For watchful
23 waiting, as I said in my talk, there's not well
24 accepted standards for what failure is,
25 although most commonly it's the slope of PSA in

00174

1 a watchful waiting setting that is used to
2 generate a recommendation for a definitive
3 treatment.
4 DR. GOODMAN: Thank you, Dr. Sandler.
5 Dr. Dmochowski is next.
6 DR. DMOCHOWSKI: Dr. Ip, looking at,
7 go back to the toxicity questions. I presume
8 that you accepted authors' or articles'
9 definition of reported toxicity as what you
10 were reporting, you didn't superimpose some
11 sort of overriding taxonomy on the adverse
12 outcomes reporting, or did you?
13 DR. IP: No, we did not. The only
14 thing we did was because a lot of the studies,
15 like for example they would report RTOG grade
16 one, two, three, four. To simplify our summary
17 we basically used grade three or four to
18 summarize that particular study, so we didn't
19 summarize a grade one and two.
20 DR. DMOCHOWSKI: Because I notice at
21 least in one of your slides you actually used
22 symptom analysis and seemed to lump that into a
23 symptom score.
24 DR. IP: Yeah, we were just reporting
25 what the study recorded.

00175

1 DR. GOODMAN: Dr. Dmochowski, what's
2 the point to be taken from your comment, or
3 observation?
4 DR. DMOCHOWSKI: Well, I'd like to
5 sort of chime in to what Dr. Fischer mentioned.
6 I have concerns regarding some long-term
7 effects and I want to pre-specify that I no
8 longer treat prostate cancer, I've not done it
9 for ten years, my practice is solely a female
10 practice because my specialty is pelvic

11 reconstruction. And one of the areas that we,
12 at least in the Tennessee area are seeing a lot
13 of, is radiation injury from gynecologic
14 radiation for malignancy 20, 30, 40 years down
15 the line, not ten years, not five years.
16 Now I realize, and pertinent to what
17 Dr. Schwartz mentioned, one of the things we're
18 being asked to do is capture a moving picture
19 of a variety of interventions and sort of the
20 downstream effects of those interventions. So
21 it's not clear at all that we're looking at a
22 united front, we're looking at quite different
23 interventions. And my concern is we really are
24 talking a lot about efficacy, but from a
25 patient standpoint, curative cancer is

00176

1 miserable because of a destroyed urinary or
2 lower GI tract is not acceptable for patients,
3 and we see this a lot on the benign side for
4 various interventions. So my concern is that
5 we don't lose sight of the fact that we really,
6 and this isn't an indictment of the medical
7 literature, but we have poor taxonomies for
8 outcomes reporting subjective and objective,
9 and specifically regarding genitourinary and
10 gastrointestinal, and we must come to global
11 consensus across the specialties, radiation
12 oncology, medical oncology, urology, all those
13 who deal with prostate cancer, in terms of
14 having some common language for purposes of
15 being able to compare data and for comparative
16 effectiveness search.

17 DR. GOODMAN: Thank you, Dr.
18 Dmochowski. You may want to remind us of that
19 toward the end of the day when we identify
20 potential gaps in evidence. Dr. Fischer and
21 then Dr. Mock, and then Dr. McNeil. Dr.
22 Fischer.

23 DR. FISCHER: I hadn't wanted to, but
24 Dr. Dmochowski had reminded me that what I do
25 is basically gastrointestinal cutaneous

00177

1 fistulas and reoperative surgery. And there is
2 an entity, mostly from gynecological radiation,
3 of the dead pelvis. This occurs about 20 years
4 and it will erode into the bowel and give you a
5 terrible gastrointestinal cutaneous fistula
6 generally draining through some natural
7 orifice, and what one has to do is basically
8 fix the bowel.
9 But the other thing you have to do is
10 take the bilateral gracilis flap, the gracilis
11 muscle on either side and put it in either
12 through the old vagina or a neovagina and then

13 align the pelvis, which is absolutely dead,
14 there's no muscle, the bone is in terrible
15 shape, and then get a blood supply, and then
16 you can resect the bowel and then put it down
17 on this living tissue. It doesn't occur very
18 often, but it does occur.
19 I wanted to ask a question in
20 follow-up to Sandy Schwartz's question and that
21 is when a patient undergoes radiation therapy,
22 there's a radiation physicist who theoretically
23 calibrates the machine, I don't know whether
24 they calibrate it that day or on a particular
25 patient or once a month or whatever.

00178

1 Dr. Dvorak, you showed some very nice slides
2 about changes, I think it was you, where the
3 prostate is, and it may change, bladder fills
4 up, rectum full of gas. Who calibrates that?
5 I mean, you've shown that it varies, and
6 presumably the dose will vary at given times.
7 Is there anyone who calibrates that or worries
8 about that?

9 DR. GOODMAN: Dr. Dvorak, you might be
10 able to answer that, but if someone actually
11 does this, and I see Dr. Lee might be able to
12 supplement that. Dr. Dvorak, anything on that?

13 DR. DVORAK: So, I would just say that
14 our review of the evidence has not specifically
15 discussed any of the technical issues, and I
16 would defer to Dr. Lee in terms of more
17 comments.

18 DR. GOODMAN: Thank you. Before we go
19 to Dr. Lee, Dr. Hevezi I think has some
20 expertise in that area.

21 DR. HEVEZI: Yeah, I am a medical
22 physicist working in radiation therapy physics
23 for the last 30 years, and I would say that
24 some of these effects that you gentlemen are
25 speaking to may have been done by older

00179

1 radiation therapy technologies, and you're
2 seeing sort of the result of that. I think our
3 newer technologies now, we are aware of many of
4 the kinds of toxicities that may occur, and so
5 our new procedures are designed to sort of
6 avoid those kinds of things. But I agree, we
7 need to come up with some kind of format to
8 describe these as we go forward.

9 DR. GOODMAN: Thank you. Anything to
10 add, Dr. Lee?

11 DR. LEE: I would echo those comments.
12 Keep in mind 20 or 30 years ago, none of the
13 treatment modalities that were presented were
14 probably being used. GYN, oftentimes it's just

15 an anterior-posterior beam, the exposure to the
16 entire bladder and bowel is significantly
17 higher. In addition to that, if they received
18 an endocavitary implant for cervical cancer,
19 for example, yes, there could be some morbidity
20 associated with that.

21 As far as prostate cancer is
22 concerned, more and more we're trying to get
23 away from physician-reported side effects.
24 We're more interested in if the patient does
25 have a side effect, how is it affecting their

00180

1 quality of life, so we're moving more toward
2 patient-reported quality of life data as you
3 can see here.

4 Regarding the piece about who's
5 monitoring the position of the prostate and
6 that sort of thing, you know, it was actually a
7 little bit underrepresented in our
8 presentations, but that's what image-guided
9 radiation therapy is all about. We have one
10 radiation oncologist who's been around a long
11 time and who says one of the greatest advances
12 in radiotherapy was the back lock
13 immobilization bag, because that insured that
14 the patient got on the table in a reasonably
15 consistent manner, so that was step one.

16 The other thing most centers I think
17 do when they're giving external beam radiation
18 is that they put in radiopaque fiducial markers
19 inside the prostate and that's what allows the
20 realtime tracking or the image guidance up
21 front so that you can use a tighter margin and
22 treat less tissue.

23 DR. GOODMAN: Thank you, Dr. Lee. I
24 want to just curtail the discussion on this
25 topic, if I may. We can come back later if

00181

1 necessary. The point was well taken, raised
2 originally by Dr. Schwartz that, how these
3 radiation therapies are implemented and under
4 what levels of quality control is important.
5 I'd also note that I don't think we've heard
6 any evidence or studies on that today, and that
7 does not mean that's an irrelevant subject
8 because we are asked to look at adverse events,
9 so I very much appreciate that that point was
10 raised.

11 We also appreciate that this is a bit
12 of a moving target problem.
13 Some of the morbidities and effects
14 that Dr. Fischer mentioned are the result of
15 applications done years ago but that is still
16 the real world and we are still in search of

17 good evidence on those issues and we wish it
18 had been generated earlier, to tell you
19 honestly.
20 I want to move to Dr. Mock and then
21 Dr. McNeil. Dr. Mock.
22 DR. MOCK: Thank you, Dr. Goodman. I
23 want to shift a little bit down toward the
24 higher numbers on the question scale,
25 specifically regarding generalizability. As we

00182

1 talk about the geriatric population and those
2 in the CMS and we also talk about community
3 focus, I have been quite moved today by some of
4 the testimonials of the CyberKnife patients,
5 but I don't have, and I'm not sure anyone else
6 on the panel has a feeling for really where are
7 we today with treatment. Where is and what is
8 access to really quality affordable cancer care
9 in our communities?
10 I did hear someone say that well, they
11 went 120 miles for treatment and that that
12 wouldn't have been available at his home. I'm
13 not sure if Dr. Zietman or who, I'm not going
14 to implicate anyone, but I would like to have
15 one of you specialists please tell the panel as
16 we are today, is IMRT community available? Is
17 the treatment that's been referred to, called
18 CyberKnife, is that something that is only
19 localized in the population centers of the
20 south? Please give us an idea of what is
21 available, as is, for quality affordable cancer
22 cure and care for those possibly that are
23 elderly and have resource constraints and
24 transportation constraints to get to treatment.
25 DR. GOODMAN: Thank you, Dr. Mock, but

00183

1 before proceeding, remind at least me why
2 that's relative to our evidence questions, can
3 you be more specific why it's about evidence?
4 DR. MOCK: Our last question on our
5 list of questions is whether or not this is
6 generalizable for the CMS population, that's
7 number one, and whether or not this is
8 generalizable to the community.
9 DR. GOODMAN: Thank you, Doctor. I
10 believe Dr. Wasserman has a response.
11 DR. WASSERMAN: Right. Speaking for
12 the RTOG, our last two completed prostate
13 trials which entered over, about 2,500
14 patients, the median ages for those trials were
15 over 67, one was 67, one was 69, and about
16 two-thirds of the IMRT that's given is given by
17 community centers.
18 And I would like to just comment on

19 Dr. Dmochowski's issue about scoring.

20 DR. GOODMAN: I'm sorry,

21 Dr. Wasserman, not at this time.

22 DR. WASSERMAN: Thank you.

23 DR. GOODMAN: Is this Dr. Medberry?

24 Yes, sir, Dr. Medberry.

25 DR. MEDBERRY: Yes. On the east and

00184

1 west coast, I think IMRT is generally available

2 to most people reasonably conveniently, but

3 when you get into the interior of the country,

4 particularly rural states like Oklahoma, Texas,

5 Nevada, Montana and so forth, it is not. So

6 for a man in Oklahoma to be able to get IMRT,

7 he may have to drive literally 120 more miles

8 each way every day for over 40 treatments, and

9 that's just simply not fiscally possible for

10 our Oklahoma patients.

11 DR. GOODMAN: Thank you, Dr. Medberry.

12 Dr. Mock, is that sufficient for now, sir?

13 DR. MOCK: Yes, thank you.

14 DR. GOODMAN: Okay. If it's on this

15 point, Dr. Potters, then yes. If not, we'll

16 move to someone else.

17 DR. POTTERS: As a practicing

18 radiation oncologist, I just would like to

19 remind the panel that from an access

20 perspective you could do prostate

21 brachytherapy, which is a single treatment

22 modality. So from a travel perspective and

23 access, that represents a competing

24 opportunity.

25 DR. GOODMAN: Thank you, Dr. Potters.

00185

1 Dr. McNeil is next.

2 DR. MCNEIL: I just have one comment,

3 and somebody can address this if they wish. In

4 looking over the questions, most of them relate

5 to the adequacy of the evidence, and in fact to

6 answer those questions we're looking at the EPC

7 report. In an earlier question and an earlier

8 comment the Tufts group indicated that they

9 hadn't summarized the data from the various

10 clinical trials in the forest plots because of

11 the heterogeneity within the trials within the

12 various plots. I would suggest that maybe

13 those plots are misleading in that when we're

14 thinking about these questions, if in fact

15 those data cannot be aggregated, then in fact

16 it's not fair to put them all on the same plot.

17 DR. GOODMAN: So Dr. McNeil, you're

18 saying that really they are more heterogeneous

19 than might be expected given that they appear

20 on the same sheet of paper.

21 DR. MCNEIL: That's exactly what I'm
22 saying.
23 DR. GOODMAN: Point well made. I
24 believe it's Dr. Samson and then Dr. Schwartz.
25 MR. SAMSON: Okay. A couple of

00186

1 questions, first directed at the Tufts group,
2 and this refers to the presentation by Dr.
3 Grimm earlier. Your work was really focused on
4 direct comparisons of randomized trials and
5 nonrandomized comparative studies. Dr. Grimm's
6 presentation was on indirect comparisons, these
7 were all single intervention studies, and the
8 selection criteria used in Grimm's report was
9 those articles stratifying patients by risk. I
10 just wanted to get your reaction to that
11 approach, the idea that they at least tried to
12 control for some of the heterogeneity among
13 these groups.
14 But I also wanted to point out that
15 the outcomes that they were looking at were PSA
16 progression, and I'm sure that across these
17 studies it was defined in a variety of ways.
18 Do you have any response to just the approach
19 that was used in that study?

20 DR. GOODMAN: Thank you, Dr. Samson.
21 This is Dr. Ip.

22 DR. IP: It's not an unreasonable
23 approach if there are really no data, but we
24 will look at it as at the lowest rung of how we
25 judge the quality.

00187

1 MR. SAMSON: Right. I would be
2 concerned that even within these risk
3 categories there could be quite a bit of
4 heterogeneity that could explain some of the
5 differences that were apparent.

6 DR. IP: I'm not an oncologist.

7 DR. GOODMAN: From a methodological
8 standpoint, that is plausible.

9 MR. SAMSON: Right. One other point.
10 Some of the treatments that -- and this is
11 targeted at the Tufts people. Some of the
12 treatments, the rationale is to focus the
13 treatment on as highly localized a target as
14 possible. And I wanted to just put out for
15 some of the radiation oncologists, is there a
16 possibility that by having such a highly
17 localized treatment, there might be some
18 disadvantage in terms of the long-term efficacy
19 outcomes by maybe undertreating micrometastases
20 just outside the prostate.

21 DR. GOODMAN: I see Dr. Grimm at the
22 microphone. Are you addressing this question,

23 sir?

24 DR. GRIMM: I'm addressing the former
25 statement he made about the variability of

00188

1 these groups. If you look at those, there's
2 ranges in those low, intermediate and high risk
3 groups, and I think that you can see there is a
4 range in those groups. But that was the
5 importance of that data, is that you could see
6 the ranges there but they also cluster around a
7 range and I think that's valuable, because we
8 have no other data.

9 DR. GOODMAN: Thank you. So cluster
10 or not, the number of studies is few. Okay.
11 Did you get a response to your question?

12 MR. SAMSON: I actually didn't.

13 DR. GOODMAN: Did you want to direct
14 that question to any one of the presenters?

15 MR. SAMSON: Just maybe Dr. Lee, if
16 he's still here.

17 DR. GOODMAN: Dr. Lee. You may want
18 to plant yourself closer to the mike, sir.

19 DR. LEE: A valid question. For the
20 low risk population, if you actually look at
21 the surgical pathologic series, the chance of
22 having significant extracapsular extension,
23 seminal or bladder involvement in those cases
24 is exceedingly low. And you know, the reality
25 is any of the treatments, including

00189

1 brachytherapy, CyberKnife, are treating the
2 prostate with some small margin, it may not be
3 a large margin. But we do understand that the
4 problem of treating with too tight of a margin,
5 it's not really the issue regarding microscopic
6 disease, I think we select patients
7 appropriately for that, but we're risking a
8 marginal miss. In the Dutch series there's a
9 subset of patients that were treated with IMRT
10 and radiopaque markers through image guidance,
11 but they're using margins of less than three
12 millimeters or approximately three millimeters,
13 and they actually saw higher PSA failure rates
14 in those patients. So we're good, we just have
15 to understand what the limits of the technology
16 are.

17 DR. GOODMAN: Thank you, Dr. Lee.
18 I have Doctors Schwartz, Jarvik and
19 Steinbrook. We're getting to noon now. If
20 these can be made brief we'll take them now,
21 but if you prefer a little more laxity in time,
22 we'll wait until after lunch. Dr. Schwartz,
23 what would you like to do?

24 DR. SCHWARTZ: Very briefly, a

25 question for Dr. Zietman. Anthony, about the
00190

1 U.K.-Canada study, without asking for results,
2 it's a question of the structure of the study,
3 what was the follow-up of that study that
4 results are going to be presented for, and
5 what's the planned follow-up, what's the time
6 course?

7 DR. ZIETMAN: Well, most of the
8 information is embargoed so I can't really
9 divulge it.

10 DR. SCHWARTZ: I don't want the
11 results, just in terms of the --

12 DR. ZIETMAN: The median follow-up is
13 six years, representing eight-year data.

14 DR. GOODMAN: Thank you. Dr. Jarvik.

15 DR. JARVIK: This is, again, just for
16 Dr. Grimm, a clarification about the criteria
17 that were used for your summary, which is quite
18 different from the Tufts group TA, and you
19 didn't require there to be a control group or a
20 comparator to be included in your summary; is
21 that correct? The reason a lot of studies were
22 excluded from the Tufts group TA, it seemed
23 that they were what they called single cohort
24 studies, or with no adequate controls, and that
25 wasn't one of your criteria, was it?

00191

1 DR. GRIMM: No, it was not. The
2 expert panels which you saw were just 25
3 people, did not feel that was necessary. We
4 were just trying to get a snapshot of what the
5 current results and the current literature
6 today are. We realized that the truth of that
7 data is going to be somewhere in the middle of
8 all those ranges that we showed and that, you
9 know, you weren't going to get a cohort to
10 compare.

11 DR. GOODMAN: Thank you, Dr. Grimm.
12 Dr. Steinbrook, if it's brief, and then we'll
13 get to Dr. Umscheid right after that if we can
14 before lunch. Dr. Steinbrook.

15 DR. STEINBROOK: Some of the speakers
16 did indicate that roughly speaking, a fifth of
17 the patients will get watchful waiting, a fifth
18 surgery, two-fifths radiotherapy, a fifth
19 androgen deprivation therapy. Is there any
20 data which is more specific within this black
21 box, I hate to use that word, of radiation
22 therapy? We've heard about many many different
23 approaches to treatment. Do we have any sense
24 as to whether some are more common than others
25 on a population basis?

00192

1 DR. GOODMAN: Does any presenter have
2 basically a distribution of therapies?
3 DR. STEINBROOK: Within radiation.
4 DR. GOODMAN: Yes, within radiation.
5 Dr. Steinbrook, I see none, which in and of
6 itself is not remarkable. Thank you, sir. But
7 if someone does have a good answer to that
8 following the lunch break, Dr. Steinbrook would
9 be interested in seeing it.
10 Dr. Umscheid, last man before lunch.
11 DR. UMSCHIED: With the presentation
12 today, I'm starting to feel more and more
13 comfortable that at some level treatment for
14 prostate cancer improves mortality, but a lot
15 of the data that has been shown isn't risk
16 stratified. And the only two studies that I've
17 seen that showed that treatment for prostate
18 cancer improved mortality is the study on
19 radical prostatectomy versus watchful waiting,
20 and a study on hormones and, external beam
21 radiation therapy versus hormones. So for
22 those two studies what I wanted to know is what
23 percentage of the population is low risk and
24 what is the mean or median age of the patients
25 in each of those studies? And I think

00193

1 Dr. Olsson could probably answer the radical
2 prostatectomy question if he's still here.
3 DR. GOODMAN: He is. Dr. Olsson,
4 would you like to respond to that? He's
5 approaching the microphone now.
6 DR. UMSCHIED: And maybe Dr. Lee for
7 the Widmark study.
8 DR. GOODMAN: Remind me, was the
9 Widmark study part of the Tufts? It was not,
10 just to remind us all. Dr. Olsson.
11 DR. OLSSON: I'm not a hundred percent
12 sure what the age range population was in the
13 Scandinavian study. I think it was, I would --
14 I want to say something up to 67 years old,
15 something of that nature would be the high
16 level, I think it was 55 to 67 or 68, and I
17 don't know what it is in the radiation therapy
18 group.
19 And you asked about risk. These were
20 high risk patients. In other words, these were
21 not patients who were PSA diagnoses, these were
22 patients who either had nodules present or
23 symptoms.
24 DR. GOODMAN: Thank you, Dr. Olsson.
25 And I believe Dr. Lee was going to have the

00194

1 last response before the lunch break. Dr. Lee.
2 DR. LEE: For the Widmark study, since

3 they're not using Gleason score, they used WHO
4 grade, it's hard to tease that information out.
5 But I would say that the majority of the
6 patients would be kind of considered more in
7 the high risk category. As far as the median
8 age, I think it was approximately around 68,
9 but I do have the manuscript in my briefcase if
10 you want to look at it.

11 DR. GOODMAN: Thank you, Dr. Lee.
12 Thank you all from this morning, our
13 presenters, scheduled and otherwise, and
14 otherwise. Panel, I want, before we break, I
15 want to remind you that we are going to address
16 these specific questions about adequacy of
17 evidence and what it says. I understand we
18 talked about other kinds of therapy, but some
19 of those types of therapy aren't directly
20 germane to our questions. So do start thinking
21 about at least the first two questions, about
22 whether the evidence is adequate or not to draw
23 any findings.

24 Please do look at your watches and
25 other timepieces, add 60 minutes, and we will

00195

1 see you then. Thank you very much.

2 (Lunch recess.)

3 DR. GOODMAN: Welcome back, everyone.
4 Before we broke for lunch, we had our questions
5 to presenters. In addition to that we had some
6 discussion among the panel. The agenda calls
7 for what is described as an initial open panel
8 discussion and we will have that discussion,
9 but I would just say to the panel that if we
10 think that we need to pose a specific question
11 to one of our presenters, you can do that as
12 well. So it's not necessary that we just have
13 this conversation among ourselves.

14 And just to get something started here
15 with our discussion, I'm going to ask the Tufts
16 team -- the Tufts team needs to return to the
17 front of the room, if you don't mind.
18 I'm just kind of anticipating what our
19 first question is going to be for our panel. I
20 just remind us that it talks about the adequacy
21 of the evidence to determine if radiation
22 therapy for the treatment of localized prostate
23 cancer affects a certain set of health
24 outcomes? So radiation therapy, RT, and I
25 recall your slide, I think it was 101, where it

00196

1 had across the top row, showed RT versus NT,
2 radiation therapy versus no treatment.
3 Given the evidence or lack of it that
4 was presented this morning, is there any reason

5 why, given the paucity of evidence that you
6 reported, that we need to subdivide question
7 one by external radiation or brachytherapy, or
8 any particular kind of radiation therapy. It
9 seems, at least to my observation, to my eyes,
10 that you had insufficient evidence across the
11 board there, and that it's not likely there was
12 sufficient evidence or good evidence for any
13 particular form of radiation therapy. Is that
14 correct, Dr. Ip?

15 DR. IP: That is correct.

16 DR. GOODMAN: Okay, thank you. Please
17 don't take so long with your answer next time.
18 (Laughter.)

19 Thank you, sir, very much. Dr. Mock,
20 on that point?

21 DR. MOCK: I wonder if now would be a
22 good time, maybe after that response, for Dr.
23 Ip to give us the answers to the question that
24 was posed prior to the break on the studies.

25 DR. GOODMAN: Do you want to remind
00197

1 us, Dr. Mock, what that was?

2 DR. MCNEIL: Oh, actually he already
3 showed me. The question was, what was the
4 median follow-up? I asked the Tufts group,
5 what was the median follow-up for most or all
6 of the studies, and he showed me the answer.

7 DR. IP: We took a quick look at all
8 the studies. We haven't finished counting, but
9 we only have about 62 studies, we counted about
10 40 or 50 of them, and if you only want the
11 studies that had ten or more years of
12 follow-up, you have only about four or five
13 studies.

14 DR. GOODMAN: Four out of five out of
15 the 45 that you looked at, out of the 62 total,
16 about ten percent.

17 DR. IP: Yes.

18 DR. GOODMAN: So four or five out of
19 the 45 that you looked at during the lunch
20 break, and of course 45 was the majority but
21 not all of the 62 that you had captured.

22 DR. IP: Right.

23 DR. GOODMAN: Okay, thank you. Dr.
24 Dvorak, on that?

25 DR. DVORAK: I think it's important to
00198

1 realize that with a median follow-up of ten
2 years, you're now looking at patients that were
3 treated in the early '90s in order to get to
4 that length of follow-up, and I think it's
5 important to realize that the technology back
6 then versus the technology now may not be

7 comparable.
8 DR. GOODMAN: Thank you. Again, we've
9 got the moving target issue. Dr. McNeil, what
10 might you conclude from that preliminary
11 finding?

12 DR. MCNEIL: Well, I might conclude,
13 but I don't think anybody wants to hear it,
14 that there's going to be a lot of ones in my
15 responses.

16 DR. GOODMAN: Okay, thank you. You're
17 kind of giving your answers early, aren't you?

18 DR. MCNEIL: I'm tipping my hand.

19 DR. GOODMAN: But we know that you're
20 flexible in the face of good data.

21 DR. MCNEIL: I always listen to the
22 data.

23 DR. GOODMAN: Thank you. And Dr.
24 McNeil speaks for Dr. McNeil only at this
25 moment and not for all the panel, in all

00199

1 seriousness.
2 I have another question starting with
3 the Tufts team, and again for clarification
4 looking down the road. Our questions two and
5 three refer to comparisons of external beam
6 radiation therapy versus watchful waiting, and
7 in number three brachytherapy versus watchful
8 waiting. And it seems from the discussion thus
9 far today that the term watchful waiting may
10 not be the best term of practice and art here.
11 And furthermore, to the extent that we want to
12 rely at least in part on the Tufts EPC study,
13 you did not use as a comparative term watchful
14 waiting, you used, I guess it was no treatment
15 and/or active surveillance; is that correct?

16 DR. DVORAK: Or no initial treatment.

17 DR. GOODMAN: Or no initial treatment,
18 okay. Is there a single encompassing term for
19 what you did? And could you come to the
20 microphone. What is the most concise way to
21 describe what you used in that place?

22 DR. DVORAK: I think this is a
23 difficult question, and the reason we used no
24 treatment or no initial treatment is that the
25 terminology may have evolved somewhat over the

00200

1 years, whereby historically as was presented
2 earlier, watchful waiting would be that both
3 the physician and patient committed to no
4 radical treatment and you would only palliate
5 symptoms as they developed for the disease.
6 Whereas more recently, particularly in
7 the United States, that approach has become
8 more the active surveillance approach where you

9 monitor patients, and if there's felt to be a
10 progression you treat them. And so I'm not
11 sure that there is an encompassing term for
12 this, which is why we ultimately settled on no
13 treatment or no initial treatment as our
14 comparator, and I think I would defer to
15 perhaps some of the more senior radiation
16 oncologists in the audience.
17 DR. GOODMAN: Right. We might go
18 forward with them, but you have to keep in mind
19 that we're dealing with the evidence that we
20 have, and the evidence that we have was
21 generated at some point in time, so we
22 recognize that.
23 I'm just wondering, panel, it did seem
24 that the term watchful waiting might even for
25 our purposes be insufficient or inadequate, and

00201

1 if we might substitute the term watchful
2 waiting with no treatment or no initial
3 treatment. Does anybody object to that? It
4 probably aligns well with the evidence as we've
5 heard it today, and it's a little bit more
6 current and applicable than the term watchful
7 waiting. Does anybody have any comments on
8 that? Dr. Fischer, and then Dr. Potters.
9 DR. FISCHER: The definition, I think
10 this goes back to Parker's 2004 paper in Lancet
11 Oncology, is that, the aim of watchful waiting
12 seems to be palliation, and the active
13 surveillance or whatever you want to call it is
14 actually the outcome that is desired as cured.
15 I wonder whether or not it is correct
16 statistically to have the study in which you
17 are comparing something which is palliative
18 with something that is curative. I suppose
19 people do it all the time, but it seems that in
20 this particular disease, since we don't know
21 which patients should be treated, it might be
22 better to have active surveillance or
23 something, or no initial, because as I
24 understand it, watchful waiting means even if
25 your PSA goes up to 476, nobody is going to do

00202

1 anything about it.
2 DR. GOODMAN: Dr. Potters, on that
3 point?
4 DR. POTTERS: So, I think we should
5 leave it based on the vernacular and
6 terminology that was based on published
7 literature. I think the idea of no initial
8 treatment could also be flipped to delayed
9 therapy, which could also be flipped to sort of
10 active surveillance. And because that reflects

11 a more modern approach to patients that had
12 very low risk disease and because as one of the
13 presenters had outlined, that the protocol for
14 that management is evolving and really not set,
15 I think we should use the terminology that was
16 in the literature. I think it creates
17 ambiguity between a modern concept against, you
18 know, older data.

19 DR. GOODMAN: Okay. But there was no
20 single term used in the literature as I
21 understand it, right?

22 DR. POTTERS: I would say that the
23 term that was used, you know, I think
24 everybody's paper probably said watchful
25 waiting or WW, and that's sort of the way that

00203

1 it's put in the literature.

2 DR. GOODMAN: Dr. Steinbrook.

3 DR. STEINBROOK: I guess I would ask,
4 and this may not be the thing that you can
5 answer immediately, but of the studies which
6 you considered okay to include in your
7 analysis, what was the distribution of terms
8 that they used which fell into the group of no
9 treatment or no initial treatment? So if
10 hypothetically the term watchful waiting was
11 used in 55 out of 60, I'm making numbers up for
12 the purpose of asking the question, I think it
13 might be reasonable to go from that. If on the
14 other hand you found ten different terms which
15 were being used, it might not be as good to
16 single out one.

17 DR. GOODMAN: I know that's kind of
18 asking a question on the fly, Tufts EPC. Dr.
19 Dvorak, do you want to go with that?

20 DR. DVORAK: I think we will look
21 through the data and tell you what the answer
22 is.

23 I would just make a comment that there
24 were only three studies that compared radiation
25 therapy to this watchful waiting, no treatment,

00204

1 in terms of overall survival. So the number is
2 going to be somewhere between zero and three.

3 DR. GOODMAN: And just a reminder to
4 all of us, no matter how we define it, there
5 does not appear to be a lot of evidence, at
6 least as we've heard thus far today, no matter
7 how we define it. So it may be that we will
8 have some all-encompassing term that may say
9 watchful waiting or no initial treatment or
10 active surveillance, we might just say we will
11 take any comers for those.

12 Yes, Dr. Hevezi.

13 DR. HEVEZI: I was just wondering if
14 we do that, would our answer change if we used
15 watchful waiting versus active surveillance?
16 DR. GOODMAN: Well, it's a small
17 number of studies. It's feasible that it might
18 and if that's the case, we will ask for
19 clarification at that time. I think the more
20 important thing, while the voting is very
21 useful to the Agency, at least as important as
22 the voting are the succinct directed comments
23 that accompany it.
24 Okay. Other questions from the panel?
25 I've got one other I would like to do add.

00205

1 Yes, Dr. Umscheid.
2 DR. UMSCHIED: Just for question one,
3 just for points of clarification. When I read
4 localized prostate cancer I think low risk, and
5 it's just to confirm it's T1 through T2 as the
6 RTOG defined it.
7 And then the second question is for
8 radiation therapy, I read that as being any
9 therapy, whether it's external beam radiation,
10 stereotactic body radiation, or brachytherapy.
11 DR. GOODMAN: To your latter point we
12 just answered that, and yes, any form of
13 radiation therapy. We found no reason to
14 subdivide that item.
15 With regard to localized prostate
16 cancer, it's T1 or T2, correct?
17 DR. DVORAK: Correct.
18 DR. GOODMAN: Do we need any other
19 qualifiers for that? Dr. Potters, yes, sir.
20 DR. POTTERS: So, when I think of
21 localized prostate cancer, I do think of
22 clinically defined prostate cancer based on the
23 T stage, so yes, I would think T1, T2, but
24 within that subcategory you have low,
25 intermediate and high risk patients. So that

00206

1 doesn't, you know, you have to look at the
2 evidence of patients who have localized high
3 risk disease in addition to patients who have
4 localized low or intermediate risk disease. So
5 that the risk is sort of a combination of
6 factors outside of the T stage, it's the
7 Gleason score, it's the PSA that get factored
8 into defined risk, and that's outside of or on
9 top of the term localized. So the first hurdle
10 is it's localized, the second hurdle is what's
11 the risk.
12 DR. UMSCHIED: So is it low risk or
13 high risk or both?
14 DR. GOODMAN: Well, the question posed

15 here is localized prostate cancer, so we know
16 it's T1 or T2 and we might just stop there,
17 right? Okay.
18 And again, if stopping there doesn't
19 quite explain that you want to state or
20 understand about that, say so in a narrative
21 fashion. We can make that point when the time
22 comes.
23 So Dr. Umscheid, that answered your
24 questions?
25 DR. UMSCHIED: Yes.

00207

1 DR. GOODMAN: Another question, and I
2 know that Tufts EPC did address it before the
3 lunch break but I want to make sure I
4 understood it, and I apologize for my being
5 slow on that. There were several references
6 made to this Widmark study of 2009, I believe,
7 and the Widmark study was not included in the
8 Tufts review. And I wanted to make sure that
9 we understood here yet again why that was not
10 included. Can anybody offer a response to
11 that? Dr. Dvorak.

12 DR. DVORAK: I think there are two
13 reasons. The primary was that the comparison
14 arm was between radiation plus hormonal therapy
15 versus hormonal therapy alone, and so the fact
16 that there was an active treatment there,
17 hormonal therapy there, we excluded it.
18 The second reason, about 80 percent of
19 the patients had T3 disease, which is locally
20 advanced disease, and about 20 percent had T1
21 or T2 disease. And so while a subset of
22 patients that are at consideration here did
23 qualify for that trial and potentially ought to
24 be managed according to the results, it was by
25 no means all of them.

00208

1 DR. GOODMAN: Is it fair to presume
2 that the published article did not do a
3 subgroup analysis of T1 and T2?

4 DR. DVORAK: As I recall, they did
5 not, but I would defer again.

6 DR. GOODMAN: You don't recall that it
7 did?

8 DR. DVORAK: I don't recall that it
9 did.

10 DR. GOODMAN: Yes, Dr. Raab.

11 DR. RAAB: Dr. Sandler in his
12 presentation made explicit reference to that
13 study, and I wonder if he could inform us how
14 that study impacted his recommendation.

15 DR. GOODMAN: Thank you. Dr. Sandler,
16 would you approach the mike? And again, we're

17 obviously most interested in the evidence that
18 applies to the questions before the panel
19 today, but we're interested in your
20 perspective.
21 DR. SANDLER: So, the Widmark paper,
22 which obviously I consider to be an important
23 one, it tested whether radiation therapy
24 improves survival, 80 percent T3, 20 percent T1
25 and T2. They did a forest plot, so they looked

00209

1 at the effect for benefit to radiation therapy
2 as a function of T stage. And I'm not, I don't
3 know if it's a formal statistical subset
4 analysis, but the forest plot shows that the
5 benefit was the same size for the T1 and T2
6 patients as for the T3 in favor of survival.
7 Does that clarify that?

8 DR. GOODMAN: But you're not sure that
9 there was a formal subgroup analysis of T1 and
10 T2?

11 DR. SANDLER: I'm not a statistician
12 so I don't know whether a forest plot can count
13 as a formal subset analysis.

14 DR. GOODMAN: But was it broken out in
15 a graph or a chart?

16 DR. SANDLER: It was.

17 DR. GOODMAN: And do you recall
18 whether it was or was not a statistically
19 significant difference?

20 DR. SANDLER: It was statistically
21 significant.

22 DR. GOODMAN: Okay. Now the
23 comparator was hormone therapy alone, correct?

24 DR. SANDLER: Hormone therapy alone.

25 DR. GOODMAN: Dr. Raab, does that help

00210

1 answer your question?

2 DR. RAAB: Yes, it does.

3 DR. GOODMAN: On this point, Dr. Lee?

4 DR. LEE: Yes, sir. Just to follow on

5 Dr. Sandler, the effect size for T1 to T2, the
6 mean absolute reduction was 16. For the T3
7 patients it was closer to ten.

8 DR. GOODMAN: 16 and ten what, what
9 are these units?

10 DR. LEE: In terms of percentage
11 reduction, absolute reduction in risk of dying.

12 So the actual effect size for the T1-T2
13 patients was actually more significant than it
14 was for the T3 patients in this particular
15 study, and it was statistically significant.

16 DR. GOODMAN: And this subgroup
17 analysis you're reporting to us anyway was
18 statistically significant.

19 DR. LEE: Yes, sir.
20 DR. GOODMAN: Nevertheless, the
21 comparison was not to any of watchful waiting
22 or active surveillance or no treatment, it was
23 to hormonal therapy?
24 DR. LEE: Yes. Presumably I feel that
25 the investigators felt that a lot of these
00211
1 patients, if they had no therapy whatsoever,
2 would have been ethically a little bit of a
3 gray area.
4 DR. GOODMAN: Although active
5 surveillance might have been okay.
6 DR. LEE: Potentially, but I think the
7 reality is it would have just been delayed
8 intervention.
9 DR. GOODMAN: Thank you for your
10 comments. Dr. Raab.
11 DR. RAAB: Based on that and reading
12 through the testimony, that study came up again
13 and again, and I'm not quite certain -- I'm
14 curious that the professional societies that
15 have been represented, AUA, ACR, ASTRO, used
16 that study in making their own recommendations
17 of what therapies to use for prostate cancer.
18 DR. GOODMAN: Okay. Do keep in mind,
19 we do need to answer our questions today.
20 DR. RAAB: I know, but the evidence,
21 the studies themselves as well as professional
22 society integration of those studies with their
23 other experience is important and is the
24 evidence that we're considering.
25 DR. GOODMAN: Dr. McNeil, did you have
00212
1 a point?
2 DR. MCNEIL: No, I disagree. Do I
3 have it wrong? I thought that was radiation
4 therapy plus hormonal therapy versus hormonal
5 therapy alone.
6 DR. GOODMAN: That is correct.
7 DR. MCNEIL: So that's nowhere in this
8 comparison list so it's irrelevant, interesting
9 but irrelevant.
10 DR. RAAB: I'm curious whether it
11 impacted the judgment of these professional
12 societies with regard to these therapies.
13 DR. MCNEIL: True, but it doesn't help
14 us.
15 DR. RAAB: And that judgment is what
16 I'm curious about in weighing the evidence.
17 DR. GOODMAN: Okay. That's a very
18 helpful discussion. We tend here to be a
19 little more inclusive, we're going to err on
20 the side of listening, as long as it doesn't go

21 past 4:30 of course. And so Dr. McNeil's point
22 is very well taken, a comparison presented to
23 us does not involve hormonal therapy for that
24 question.

25 Dr. Dmochowski, on that point, or

00213

1 excuse me, Dr. Carignan.

2 DR. CARIGNAN: I actually had a
3 different question.

4 DR. GOODMAN: Anything else on this
5 point? Dr. Fischer.

6 DR. FISCHER: It might be that
7 radiation therapy only works when there's a
8 background of hormonal therapy, which is
9 something we're not asking.

10 DR. GOODMAN: Dr. Umscheid, still on
11 this matter.

12 DR. UMSCHIED: I just want to support
13 the notion that this is important and direct
14 evidence to answer our question. And I think,
15 you know, we could either choose to take a
16 dogmatic approach to evidence-based medicine
17 and answer these questions or, you know, we
18 could think about all the evidence that's out
19 there. So I do think it's indirect evidence
20 for some of the questions that are being asked
21 here.

22 DR. GOODMAN: Indirect evidence is not
23 as rigorous or valid as direct evidence, I
24 would safely say that.

25 DR. UMSCHIED: I agree.

00214

1 DR. GOODMAN: And I at least have not
2 heard thus far a causal linkage, or if you
3 could give me an A versus B and a B versus C
4 from which I could draw an inference about A
5 versus C, I might entertain that, but I haven't
6 heard that yet.

7 DR. UMSCHIED: I think the issue is if
8 there's a therapy that's equal in both arms,
9 then you could argue that that might be
10 neutralizing the therapy that you're testing.
11 Now you could also argue that there might be an
12 interaction between therapies, which is a whole
13 other thing, but I think it's relatively well
14 accepted in epidemiology that you can make an
15 indirect comparison, but it's less valid than a
16 direct comparison.

17 DR. GOODMAN: Right. We can make
18 those indirect comparisons, we don't like to do
19 it if there's some better evidence. I think
20 you're suggesting that the evidence is not
21 overwhelming before us here today and as I said
22 a moment ago, we'll be a little bit more

23 entertaining of this.
24 Just to follow up on Dr. Raab's
25 question, if there is someone -- we typically

00215

1 don't do this very often, but if there is
2 someone here who is a presenter or otherwise
3 that is affiliated, Dr. Raab, with any of those
4 societies that you mentioned, who's been
5 involved in evidence-based practice guideline
6 formulation that can address that issue, we
7 will take that briefly. Dr. Raab.
8 DR. RAAB: I want to thank you for
9 that, and I wanted to just pull out the
10 committee's own evidence review guidelines,
11 which recognizes there are many situations
12 where the evidence is going to be scanty or
13 difficult to secure, and I think Alan Garber
14 wrote this. He said the committee should
15 explore many sources in assembling the body of
16 evidence to be used in the deliberations. They
17 may include peer-reviewed scientific
18 literature, and it references specifically the
19 recommendations of experts, societies and even
20 unpublished data, although the quality does
21 drop. But the committee should consider it.
22 DR. GOODMAN: Thank you. And I would
23 point out at the same time, Dr. Raab, that
24 while we're always interested in opinions and
25 expert consensus and so forth, it isn't data.

00216

1 DR. RAAB: That's true.
2 DR. GOODMAN: Now, Dr. Lee, do you
3 have an answer in response to this specific
4 question?
5 DR. LEE: Well, for the A versus B
6 versus C perhaps, if you actually look at the
7 largest observational studies where they're
8 just looking at people not getting definitive
9 local therapy for prostate cancer, as we
10 pointed out, up to 80 percent of those patients
11 were actually being managed with hormone
12 therapy at some point in their lifetime, and so
13 to say that they're not getting any therapy is
14 probably not absolutely correct, they're
15 getting hormone therapy. So that's 80 percent
16 out of, I think that study included the
17 Medicare serial database, so that's tens of
18 thousands of patients.
19 And so if we know that those are the
20 results with hormone therapy in those cases, I
21 think to Dr. Umscheid's point, perhaps if we
22 could make the step from B to C which would be
23 hormone therapy alone, plus or minus radiation
24 therapy may be applicable.

25 DR. GOODMAN: It may be applicable.

00217

1 Does any panelist want to comment on just how
2 applicable that might be? Dr. McNeil, are you
3 at all persuaded?

4 DR. MCNEIL: No, I'm actually not. I
5 do understand the theory of A versus B versus
6 C, but I just don't see it here in this
7 particular case, Craig. We've got, you know,
8 62 articles, and I'm not sure why I would
9 suddenly introduce this indirect line of
10 reasoning when we have 62, albeit thin, direct
11 lines.

12 And in terms of the point of the
13 society recommendations and the like, I still
14 think we have enough data so we don't have to
15 ask for great minds to pontificate about what
16 they would or would not do.

17 DR. GOODMAN: Thank you. And from a
18 less than great mind, I would submit that I
19 think we've dealt with this issue. And Dr.
20 Raab, I really appreciate you bringing it up
21 and am glad we had it on the floor.
22 Are there any other questions or other
23 sorts of inquiries from our MedCAC with regard
24 to the evidence, particularly as it pertains to
25 our being able to answer these questions

00218

1 shortly? Dr. Satya-Murti? Oh, I'm sorry, I
2 think Dr. Carignan was next. I apologize, Dr.
3 Satya-Murti.

4 DR. CARIGNAN: I just had a quick
5 question going back to question one. As I read
6 it the question is asking, is there adequate
7 evidence to determine if radiation therapy for
8 the treatment of localized prostate cancer
9 affects each of the following health outcomes
10 kind of in general. It's not saying it affects
11 it favorably or unfavorably, it's not asking us
12 to make a comparison to another treatment or no
13 treatment. And I just want to be sure that
14 we're all going to respond to that question in
15 the same way, that this is a very open ended
16 question, and it's, does the evidence show that
17 there is an effect, whether we like it or don't
18 like the effect, if there's any effect at all
19 based on the evidence that was presented.
20 And to my view, if you look at the
21 slides from the Tufts group, slide number 98,
22 there's all kinds of effects going on in that
23 slide in the different subgroups that they
24 looked at. So is that how we want to answer
25 that question or are we trying to answer it in

00219

1 a more specific way?
2 DR. GOODMAN: This is one of the
3 typical types of questions that we have, and
4 it's the adequacy question, not what is the
5 impact actually. It's do you have enough to go
6 on no matter where the going on takes you, so
7 this is, is there enough evidence available and
8 that you would consider adequate, not bottom
9 line evidence, adequate upon which to make some
10 finding. And then whatever that finding might
11 be is typically addressed in a subsequent
12 question. Thank you for raising that question.
13 You are correct that there is no particular
14 comparison being made here. Dr. Satya-Murti.
15 DR. SCHWARTZ: Can I just follow up on
16 that question, Cliff, just for clarity?
17 So, I guess for example, if radiation
18 therapy were effective for reducing mortality,
19 it might be increasing adverse events, and so I
20 think that's the question that's being raised,
21 but it's in different directions.
22 DR. GOODMAN: The direction -- I'm
23 sorry. Dr. Schwartz, the direction here does
24 not matter for question one.
25 DR. SCHWARTZ: That was the question.

00220

1 DR. GOODMAN: Thank you, sir, glad you
2 asked the question.
3 DR. CARIGNAN: This is the difference
4 between affect and effect. This isn't asking
5 if it's effective, it's asking does it have an
6 effect.
7 DR. GOODMAN: Absolutely correct.
8 Thank you for the distinction.
9 Dr. Satya-Murti.
10 DR. SATYA-MURTI: You already
11 discussed the point of, is it evidence of any
12 kind or is it adequate, does it rise to the
13 level of evidence.
14 But anyway, my question was about
15 another paper in the New England Journal, 2008,
16 I don't know which particular paper it was, was
17 that the Sanda paper? You included that in
18 your analysis. Did you come to a different
19 conclusion than some of the other presenters?
20 DR. GOODMAN: Are you addressing that
21 to the Tufts team?
22 DR. SATYA-MURTI: Yes.
23 DR. GOODMAN: This is Dr. Dvorak
24 approaching the mike.
25 DR. DVORAK: So, we have included that

00221

1 study, and it's one of those four prospective
2 cohorts and two retrospective cohorts for

3 comparison in slide number 65 in our
4 presentation. And what the study did was, it
5 was a large multi-institutional cohort where.
6 they looked at multiple different treatment
7 options, and we just took out the radiation
8 components, the low dose brachytherapy and the
9 external beam radiation therapy. And as far as
10 that comparison goes, it was one of multiple
11 comparisons that we had, and the p-value for
12 that particular comparison was not reported in
13 the text. The p-value was not reported for the
14 specific comparison that we were looking for in
15 terms of brachytherapy versus external beam
16 radiation therapy.

17 DR. GOODMAN: Okay, thank you.

18 DR. SATYA-MURTI: Slide 64, did you
19 say?

20 DR. DVORAK: 65.

21 DR. SATYA-MURTI: And 66, is that a
22 further explanation of 64 then?

23 DR. DVORAK: So, slide 65 primarily
24 looks at the quality of outcome metrics, and
25 there is the EPIC scores and the UCLA scores,

00222

1 which are multiple questions you ask the
2 patient in terms of outcomes. Slide 66 is the
3 RTOG scale, which is more positional centric,
4 so they are different outcomes in terms of
5 toxicity measurements, which is why we split
6 them up.

7 DR. SATYA-MURTI: But all three refer
8 to the same study and same data.

9 DR. DVORAK: No. So, the slide 66 is
10 two studies which used the RTOG scale as its
11 outcome measure. Slide 65 is four prospective
12 cohorts which used the quality of life metrics,
13 so it was different studies using different
14 metrics as an outcome.

15 DR. SATYA-MURTI: And the statement
16 that the strength of evidence is insufficient
17 applies to all of them then?

18 DR. DVORAK: Correct. It's the
19 composite.

20 DR. SATYA-MURTI: Thank you.

21 DR. GOODMAN: Thank you. Any other
22 questions at this point? Dr. Umscheid?

23 DR. UMSCHIED: This will be quick.
24 For mortality, we're defining that as overall
25 mortality, or prostate cancer-specific

00223

1 mortality?

2 DR. GOODMAN: I just see mortality
3 here. Any comments on that on the part of the
4 panel? Again, this is a situation where there

5 just isn't a lot there for either. Any
6 comments? Dr. Schwartz.
7 DR. SCHWARTZ: No, I have another
8 question.
9 DR. GOODMAN: Okay, Dr. Schwartz.
10 DR. SCHWARTZ: The wording of the
11 question, you know, I would answer this
12 differently if I were answering a question in
13 the way it's written, how confident are you
14 that there's adequate evidence. I might answer
15 it a little bit different if it said given the
16 evidence available, how confident are you that
17 there's an effect. So you know, in one sense
18 you're evaluating the adequacy of the evidence,
19 and in another case it's the confidence based
20 on the evidence that it does affect it, and
21 those are not equivalent here. So I just want
22 to make sure that what we're interested in and
23 what CMS is interested in is more clearly
24 written in the question.

25 DR. GOODMAN: Unless CMS states

00224

1 otherwise, I think we will take the question as
2 posed. I frankly hadn't gone down that road to
3 make that distinction.

4 DR. SCHWARTZ: I hadn't until, after
5 careful thought, about two seconds ago.

6 DR. GOODMAN: And remember, this panel
7 is not making clinical judgments, we're not
8 doing practice guidelines, we're not going to
9 go treat prostate disease when we walk out of
10 here, at least most of us aren't. So, I don't
11 see any revised comment from the Agency.
12 Seeing none, Dr. Potters.

13 DR. POTTERS: Yeah. I think in terms
14 of question one, I think we've sort of beaten
15 it up a bit, but in terms of question two and
16 three we --

17 DR. MCNEIL: Would you please
18 elaborate how we've beaten it up?

19 DR. POTTERS: Well, the discussion may
20 still remain open but I think the direct, the
21 indirect, and the value of indirect evidence in
22 terms of answering question one, affect versus
23 effect, that's euphemistically what I'm
24 referring to in terms of question one.

25 In terms of question two and three, I

00225

1 do think that there's value to a discussion on
2 indirect evidence. The case that I was making
3 before was the crosswalk between, you know,
4 radical prostatectomy, watchful waiting, and
5 additional literature on radical prostatectomy
6 with a biochemical surrogate, an equivalent

7 biochemical surrogate in the radiation
8 literature, some of which was presented today
9 by Dr. Merrick as a crosswalk. And then the
10 impact that despite the hormones, that the
11 Widmark paper showed in terms of the overall
12 natural history of prostate cancer being
13 affected by radiation.

14 So, I do think there's value to the
15 indirect literature that needs to be taken into
16 account and that to discount it, given the fact
17 that if you look at the mean follow-up of the
18 60 studies relative to the question that was
19 answered earlier suggesting that you need ten
20 years or greater of follow-up in terms of
21 looking and answering the mortality question,
22 you know, we're just not going to have that
23 answer. And that sort of presupposes, you
24 know, the answers to these questions if we
25 don't take into account some of the indirect

00226

1 evidence.

2 DR. GOODMAN: Thank you, Dr. Potters.
3 I don't believe anyone said we're going to
4 ignore indirect evidence, and we put on the
5 floor an opportunity to have someone here put
6 together a succinct clear case for that. I
7 don't know that I heard a very strong case for
8 it, but we're not going to ignore that. I will
9 say, however, that we are talking about
10 therapies here, we're talking about many
11 thousands of Medicare beneficiaries who may
12 stand to benefit or may stand to be harmed, and
13 I think we're looking for some pretty good
14 evidence here upon which to make some
15 important, to help inform decision-makers such
16 as patients, clinicians and sometimes even
17 payers based on our best assessment of this
18 evidence. And I think what we're hearing now
19 is a well intentioned effort on the part of all
20 of us to find whatever evidence there may be
21 that's relevant here, and I think we're
22 stretching a little bit on this discussion but
23 we're going to allow that stretching to make
24 sure we've uncovered things that are going to
25 be relevant. We're doing our best to find out

00227

1 what's out there. Okay.

2 Any other comments or questions? You
3 know, if not, I think we might go back to
4 question one and try to address question one,
5 if nobody wants to object to that, and we're
6 going to take it as is. I know there's been a
7 bit of discussion about affect and effect, but
8 frankly the question was written correctly with

9 the word affect, with an A. Yes, Dr. Klein.
10 DR. KLEIN: I just want to be sure
11 before answering this. Does this apply to all
12 patients, so that even though, for example, the
13 Tufts group did not risk stratify, if there's a
14 subset, can you answer this based upon the
15 presence of a specific subset in which you
16 believe there may be adequate evidence?
17 DR. GOODMAN: I'll say this, Dr.
18 Klein. Try to be inclusive here. If you,
19 Dr. Klein, consider that there is something
20 that you would deem adequate evidence about any
21 particular subgroup and you're moved to give a
22 grade accordingly, a rating accordingly, we
23 would certainly welcome that.
24 DR. KLEIN: Thank you.
25 DR. GOODMAN: Okay. I don't see any

00228

1 other hands raised or points to be made here.
2 And you know, again, before we launch into this
3 rating activity, do remember that while the
4 ratings are of interest and relevant, just as
5 important if not more important are your
6 opinions, your observations, and we'll have
7 time for comments later on. I know that the
8 Agency takes into account all of these in any
9 of its further deliberations towards making any
10 considerations about policy.
11 And so we're going to address question
12 one now, and just a few reminders here. We've
13 got our little Olympic style cards that go from
14 one to five. One is low confidence, three is
15 intermediate confidence, five is high
16 confidence, so low confidence is one, high
17 confidence is five.
18 And we understand --I will keep
19 talking until Maria returns. I thought she was
20 going to be on her way back. So do keep in
21 mind that we will ask for some accompanying
22 comments. We don't have hard and fast strict
23 highly detailed criteria driven explanations of
24 all the terms, but that's okay, and we will
25 proceed pretty soon, as soon as Maria Ellis

00229

1 returns.
2 In addition to showing your card,
3 notice that you have a score sheet in front of
4 you, and we'll have those as a formal record as
5 well.
6 (Discussion off the record between Dr.
7 Goodman and staff.)
8 I know that CMS has a bit of a problem
9 today with their computing system overall, I
10 understand that.

11 The panel may want to be thinking
12 ahead to question two, which is about adequacy
13 of evidence as well and it's a different --
14 this is a particular kind of comparison.
15 DR. FISCHER: Here it says
16 improvements.
17 DR. GOODMAN: Yes. Question two is
18 going to be your confidence about the evidence
19 being adequate. Again, this is the adequacy
20 question, not what the answer is or the
21 direction, but it's adequate to conclude that
22 the use of EBRT in this case improves those
23 health outcomes compared to not watchful
24 waiting anymore, but we redefined that term.
25 What is it again, Satya?

00230

1 DR. SATYA-MURTI: Watchful waiting,
2 which includes PSA, biochemical evaluation and
3 biopsies.
4 DR. GOODMAN: I think we said no
5 treatment or active surveillance.
6 So again, this is about not the
7 direction or what the evidence says, but its
8 adequacy. And so for number one, remember,
9 there are going to be three parts, mortality,
10 functional outcomes and adverse events. And we
11 discussed earlier that number one encompasses
12 all these forms of radiation. Yes, Dr. Mock.
13 DR. MOCK: You just made a sentence
14 that I think was intended to be clarifying, and
15 I didn't quite catch it.
16 (Record read.)
17 DR. GOODMAN: Right, so it's divided
18 into three parts, question one is, so for
19 question one you will vote three times on
20 adequacy.
21 MS. ELLIS: If you would, please hold
22 up your cards until I record your score. Also,
23 there is a score sheet in your packet, so
24 please make sure you record your scores on
25 that; that way I can double check and make sure

00231

1 I didn't make any mistakes, okay? Thank you.
2 DR. GOODMAN: And Ms. Ellis, just a
3 reminder that not all of us are voting members.
4 The chair does not vote, and you do take
5 separate vote counts for the group as a whole
6 and then without the industry rep; is that
7 correct?
8 MS. ELLIS: That's correct.
9 DR. GOODMAN: Can we proceed?
10 MS. ELLIS: Yes.
11 DR. GOODMAN: Thank you. Question
12 1.a. How confident are you that there is

13 adequate evidence to determine if radiation
14 therapy for the treatment of localized prostate
15 cancer affects each of the following health
16 outcomes? First, mortality. One is low
17 confidence, five is high confidence.
18 (The panel voted and votes were
19 recorded by staff.)
20 MS. ELLIS: Thank you.
21 DR. GOODMAN: B, the same question
22 about adequacy of evidence, but this time
23 pertaining to functional outcomes. Adequacy of
24 evidence, localized prostate cancer, functional
25 outcomes, radiation therapy.

00232

1 (The panel voted and votes were
2 recorded by staff.)
3 MS. ELLIS: Thank you.
4 DR. GOODMAN: Same question, this time
5 regarding adverse events, so adequacy of
6 evidence for radiation therapy, localized
7 prostate cancer, adverse events.
8 (The panel voted and votes were
9 recorded by staff.)
10 MS. ELLIS: Thank you.
11 DR. GOODMAN: All right then. Number
12 two is, how confident are you that the evidence
13 is adequate to conclude that the use of
14 external beam radiation therapy, whatever type,
15 external beam radiation therapy improves, so we
16 are talking about direction now, improves each
17 of the health outcomes listed below as compared
18 to a therapeutic strategy of, and instead of
19 watchful waiting, I believe we said no
20 treatment or active surveillance, and watchful
21 waiting could fall under that. This is for
22 mortality now.
23 (The panel voted and votes were
24 recorded by staff.)
25 DR. SCHWARTZ: Cliff, I don't have a

00233

1 problem with this one, but do we want to use
2 improves for the next two also? Is that
3 getting where we want to get, something to
4 think about?
5 MS. ELLIS: Thank you.
6 DR. GOODMAN: The question is the same
7 except this time functional outcomes, we're
8 looking for resulting in better functional
9 outcomes, Dr. Schwartz, if that helps you
10 answer the question. And remember, this isn't
11 just watchful waiting, it includes also active
12 surveillance, which isn't necessarily benign
13 activity. So this is, how confident are you
14 that the evidence is adequate to conclude that

15 the use of external beam radiation therapy of
16 whatever type improves functional outcomes
17 compared to a strategy of no treatment or
18 active surveillance?
19 (The panel voted and votes were
20 recorded by staff.)
21 MS. ELLIS: Thank you.
22 DR. GOODMAN: And part C of question
23 two is now about adverse events. How confident
24 are you that the evidence is adequate to
25 conclude that the use of EBRT improves adverse
00234

1 events, as compared to a therapeutic strategy
2 of no treatment or active surveillance?
3 (The panel voted and votes were
4 recorded by staff.)
5 MS. ELLIS: Thank you, I have them.
6 DR. GOODMAN: Thank you. Let's
7 proceed to question three. I just want to
8 remind everyone that we are going to have some
9 discussion questions following these and some
10 opportunity to comment on the evidence needs
11 and so forth later on. Question three is
12 another improvement question. This is, how
13 confident are you that the evidence is adequate
14 to conclude that the use of brachytherapy
15 improves, in this case mortality, as compared
16 to the therapeutic strategy of no treatment or
17 active surveillance? This is about mortality
18 now, it is about the direction of the evidence,
19 mortality, brachytherapy.
20 (The panel voted and votes were
21 recorded by staff.)
22 MS. ELLIS: I have them, thank you.
23 DR. GOODMAN: Same question, and now
24 the outcome of interest is functional outcomes.
25 How confident are you that the evidence is
00235

1 adequate to conclude that the use of
2 brachytherapy improves functional outcomes as
3 compared to a therapeutic strategy of no
4 treatment or active surveillance?
5 (The panel voted and votes were
6 recorded by staff.)
7 MS. ELLIS: I have your scores, thank
8 you.
9 DR. GOODMAN: Now proceed to adverse
10 events, this is 3.c. How confident are you
11 that the evidence is adequate to conclude that
12 the use of brachytherapy improves incidence of
13 adverse events compared to a therapeutic
14 strategy of no treatment or active
15 surveillance, adverse events?
16 (The panel voted and votes were

17 recorded by staff.)
18 MS. ELLIS: I have your scores, thank
19 you.
20 DR. GOODMAN: Thank you. Now we're
21 going to proceed to question four, which
22 involves three sets of comparisons, three sets
23 of comparisons. And just to remind you, all
24 three involve stereotactic body radiation
25 therapy or SBRT, including CyberKnife therapy.

00236

1 And we're going to compare SBRT, first, to
2 EBRT, external beam radiation therapy, that
3 will be A. B will compare it to, compare SBRT
4 to high dose rate brachytherapy, and the third
5 comparison is going to be SBRT to, it should be
6 low dose rate brachytherapy. So those three
7 comparisons all of which involve SBRT, each of
8 which will involve looking at three types of
9 health outcomes.
10 And just to remind you again for
11 question four -- well, actually, to remind you
12 that back in question one when we were talking
13 about adequacy of evidence, it did include the
14 various forms of radiation therapy, including
15 SBRT by the way, so that was encompassed with
16 regard to adequacy, and now we're moving to
17 particular sets of comparisons.
18 And so 4.a is going to be, how
19 confident are you that the evidence is adequate
20 to conclude that the use of each of these
21 modalities below improves, improves each of the
22 health outcomes listed for the identified
23 comparator? In this case we're looking for
24 evidence regarding the improvement in mortality
25 of stereotactic body radiation compared to

00237

1 external beam radiation, so it's SBRT versus
2 EBRT for mortality, what's the evidence telling
3 you?
4 (The panel voted and votes were
5 recorded by staff.)
6 Thank you. This is the same
7 comparison except the outcome's different now,
8 it's functional outcomes this time. And once
9 again, it's stereotactic body radiation or SBRT
10 versus external beam radiation for functional
11 outcomes. And recall that SBRT was including
12 CyberKnife and EBRT includes the 3-D conformal
13 radiation therapy, the IMRT and the particle
14 therapy. This is for functional outcomes now.
15 (The panel voted and votes were
16 recorded by staff.)
17 MS. ELLIS: I have them, thank you.
18 DR. GOODMAN: Thank you. Same

19 comparison, except this time the outcome of
20 interest is adverse events, adverse events.
21 SBRT versus EBRT, adverse events.
22 (The panel voted and votes were
23 recorded by staff.)
24 MS. ELLIS: I have them, thank you.
25 DR. GOODMAN: Now part B of question

00238

1 four regards SBRT versus high dose rate
2 brachytherapy, otherwise know as HDR. So it's
3 SBRT compared to high dose rate brachytherapy,
4 and again, this is the conclusions you can draw
5 about making improvements, this time mortality.
6 SBRT versus HDR, high dose rate brachytherapy,
7 for mortality.
8 (The panel voted and votes were
9 recorded by staff.)
10 MS. ELLIS: I have them.
11 DR. GOODMAN: Thank you. Same
12 comparison, the outcome of interest this time
13 is functional outcomes, SBRT versus high dose
14 rate brachytherapy for functional outcomes.
15 (The panel voted and votes were
16 recorded by staff.)
17 MS. ELLIS: I have your scores.
18 DR. GOODMAN: Thank you. The same
19 comparison, this time for adverse events. SBRT
20 versus high dose rate brachytherapy for adverse
21 events.
22 (The panel voted and votes were
23 recorded by staff.)
24 MS. ELLIS: I have the scores.
25 DR. GOODMAN: Thanks. We will move

00239

1 now to the third comparison, this is part C of
2 question four. This is SBRT compared to the
3 low dose rate brachytherapy and remember, it's
4 a different modality, SBRT compared to low dose
5 rate brachytherapy, and the first outcome of
6 interest is mortality.
7 (The panel voted and votes were
8 recorded by staff.)
9 MS. ELLIS: I have your scores.
10 DR. GOODMAN: Thank you. Part two of
11 this question is SBRT versus low dose rate
12 brachytherapy for the outcome of functional
13 outcomes. Functional outcomes.
14 (The panel voted and votes were
15 recorded by staff.)
16 MS. ELLIS: I have your scores.
17 DR. GOODMAN: Thank you. And for the
18 third and final part of part C of question
19 four, it's SBRT versus low dose rate
20 brachytherapy for adverse events.

21 (The panel voted and votes were
22 recorded by staff.)
23 MS. ELLIS: I have the scores.
24 DR. GOODMAN: Thank you. Now those
25 have been our comparisons or head-to-head types

00240

1 of comparisons for the three main types of
2 health outcomes of interest.
3 We're now going to proceed to question
4 five, which is what they call external validity
5 or generalizability. We're always mindful of
6 the fact that CMS cares about all Americans but
7 certainly for the Medicare program, the elderly
8 or disabled, and sometimes available evidence,
9 good or bad, does not always align with or
10 account for the Medicare beneficiary
11 population, so question 5.a is going to ask you
12 about generalizability to the Medicare patient
13 population. I recognize that we're asking you
14 to kind of roll up all the kinds of
15 observations and findings you made about
16 questions one through four here, but please do
17 your best on this, and again we're going to use
18 our cards, where one is low confidence and five
19 is high confidence.
20 How confident are you that these
21 conclusions, those are the ones that you
22 addressed in the four previous questions, how
23 confident are you that these conclusions are
24 generalizable to the Medicare patient
25 population?

00241

1 DR. JARVIK: Can I just ask a
2 clarifier?
3 DR. GOODMAN: Yes, Dr. Jarvik.
4 DR. JARVIK: If we thought that there
5 wasn't strong evidence for the other questions,
6 but we think that what evidence there is is
7 generalizable to the Medicare population, do we
8 vote that we have high confidence that it's
9 generalizable even though the evidence is weak
10 or nonexistent?
11 DR. GOODMAN: Good question, thank you
12 for asking it. It isn't a question of whether
13 it's good evidence or bad evidence. Regardless
14 of how good the evidence was, you drew some
15 conclusions, and would those conclusions extend
16 to or apply to the Medicare beneficiaries,
17 whether the evidence was good or bad. Whatever
18 your conclusions were, you apply them to this
19 beneficiary population.
20 So, how confident are you on a scale
21 of one to five that these conclusions are
22 generalizable to the Medicare patient

23 population?
24 (The panel voted and votes were
25 recorded by staff.)

00242

1 MS. ELLIS: I have your scores.
2 DR. GOODMAN: Thank you. Question 5.b
3 has to do with what we often call the
4 distinction between efficacy and effectiveness,
5 where efficacy is how good is the evidence for
6 the ideal circumstance, and effectiveness is
7 how well does it apply to community-based
8 settings, routine care settings and so forth.
9 Dr. Satya-Murti, did you have a point?
10 DR. SATYA-MURTI: Yes. That's the
11 tentative question, but because we're including
12 proton beam which is not quite available yet,
13 and SBRT, we are lumping them all together to
14 the conventional conformal treatment, to the
15 more advanced, technologically advanced. So we
16 are considering looking at them all, and
17 extending it to community centers and
18 university centers.
19 DR. GOODMAN: Yes. Whatever the
20 technology and however advanced it may be, are
21 the findings that you derived to this point
22 applicable to community-based settings? And I
23 understand the distinction that Dr. Satya-Murti
24 made with regard to the placement of some of
25 these technologies.

00243

1 So, how confident are you that the
2 conclusions for questions one through four
3 apply to community-based settings?
4 (The panel voted and votes were
5 recorded by staff.)
6 MS. ELLIS: I have your scores.
7 DR. GOODMAN: Thank you very much.
8 So, if it pleases you, you can put away your
9 cards now and we're going to move to some
10 discussion questions that don't involve rating,
11 but they do involve your considered expert
12 judgment.
13 Let's move into question six. If one
14 were to observe the set of scores that you just
15 provided and if one were to have listened to
16 the deliberations to that point, you might
17 observe that the MedCAC doesn't consider that
18 all of the evidence that would be desirable is
19 available, so question six asks, what type of
20 additional evidence on the impact of
21 radiotherapy and prostate cancer outcomes is
22 needed to improve decision-making in the
23 approach to treating localized prostate cancer?
24 So question six is about basically the gap in

25 evidence, what gaps in evidence, to the extent
00244

1 that they may exist, what those are, what are
2 those evidence gaps.
3 And then in question seven we'll talk
4 a little bit about particular types of medical
5 research that might be used to address those
6 evidence gaps, basically what kinds of studies
7 might we need to fill in those bits of
8 evidence. And I recognize based on past
9 experience that sometimes these questions
10 overlap a little bit, that's okay.
11 And again, we'll take all the points
12 in a moment. The value here of this discussion
13 on top of the value of the discussion with
14 regard to the ratings is that, one, it is our,
15 we're obliged to provide some advice to the
16 Agency about the kinds of evidence it might be
17 seeking or expecting over the years. Just as
18 important, we hope that stakeholders in this
19 issue, patients, clinicians, other
20 decision-makers, all kinds of groups might even
21 be listening with regard to evidence
22 expectations that based on your expert view
23 might be appropriate. And so people that are
24 innovating and designing new procedures and new
25 technologies and what have you, might be

00245

1 thinking early and, as they say, often, about
2 evidence expectations henceforth. So that's
3 why this is a very valuable conversation that I
4 hope we're going to have.
5 And just, I believe I saw hands up,
6 we'll do that, but the first hand I saw was
7 Dr. Carignan.
8 DR. CARIGNAN: Okay. I'll probably
9 end up answering both in combination, because
10 it's hard for me to keep them separate. But I
11 think in terms of the additional evidence
12 that's needed, I think all the therapies that
13 we looked at today all have a place in the
14 armamentarium for treating patients with
15 prostate cancer. Clearly all of them have
16 demonstrated some level of effectiveness, and
17 each their own unique risk-benefit ratio.
18 But what's not clear is what that
19 risk-benefit ratio would be in a given patient
20 population, and is there a patient population
21 that's better served by one form of treatment
22 versus another. So for me, having studies that
23 not only are comparative in nature amongst the
24 therapies or to, you know, watchful waiting or
25 some type of surveillance, but also to really

00246

1 try and define the patient population more
2 specifically that maybe that given therapy is
3 better for. It's probably not likely that all
4 of them are good for all people, but more work
5 should be done to identify much more carefully
6 the cohort of patients in the study.
7 I think one of the things that would
8 help with that that is more of a research issue
9 in addition, is having more molecular or
10 genetic type bases of looking at the cancers
11 themselves and utilizing that in sort of a more
12 personalized medicine approach, to define that
13 maybe one of these therapies is better for a
14 given tumor type than another, and using that
15 as some of the criteria to look at how best to
16 then recommend these therapies. Because as we
17 heard from a number of the patients that spoke,
18 they were presented with a number of decisions
19 and largely left on their own to decide which
20 one is right for them, without really a lot of
21 information one way or another to guide them.
22 DR. GOODMAN: That's great. Thank you
23 very much, Dr. Carignan. If the panel doesn't
24 mind, maybe we'll just take these in order, and
25 if you're not ready to make your point, we'll

00247

1 circle back to you, is that okay? I see
2 agreement. Sorry, Doctors Umscheid and Raab,
3 but you'll be very important when we get to
4 you, I assure you. And Dr. Satya-Murti, we
5 will circle back to you. Would you like to
6 make your point now?

7 DR. SATYA-MURTI: Not for this
8 particular question; for the next one I will.

9 DR. GOODMAN: Dr. Dmochowski.

10 DR. DMOCHOWSKI: I underscore what was
11 just said, because I do think it's important
12 that we don't, not every -- we have to
13 understand the nail that we're using our hammer
14 to hit, so I do think we do have to segregate
15 the patient population in a way such that we
16 understand who we're treating.

17 The other thing that strikes me, and
18 really both questions do dovetail together very
19 nicely, is generalizability. And that's
20 something that whether a particular
21 intervention that is achieved in a multicenter
22 controlled randomized trial setting, can that
23 same data be construed, or achieved rather, in
24 a private practice setting in Stillwater,
25 Oklahoma, for instance, as we've heard a lot

00248

1 about Oklahoma. It's very important. And I
2 think one of the critical things that will help

3 us with generalizability is registry type data,
4 understanding the experience in new
5 technologies or even current technologies in
6 the general population, so outside the
7 randomized controlled setting.

8 So I would strongly push, and I think
9 that this has certainly become consistent
10 across several of the surgical subspecialties,
11 for registry type data to be kept for these
12 various interventions in the general practice
13 setting, not in just the advanced academic
14 centers.

15 DR. GOODMAN: And the registry data
16 will be used to collect what kinds of outcome
17 information?

18 DR. DMOCHOWSKI: Both efficacy and
19 adverse events, because I think pertinent to
20 what Dr. Schwartz so nicely put earlier, we
21 need to better understand the other impact for
22 CMS, which is management of adverse events,
23 which in my world has a tremendous impact on
24 the Medicare budget.

25 DR. GOODMAN: Great, thank you very
00249

1 much, Dr. Dmochowski, very good comments.
2 Dr. Fischer.

3 DR. FISCHER: You know, I have been
4 sitting here listening to all sorts of studies
5 for a disease which is extremely common, up to
6 80 percent of people ultimately get it, it's a
7 huge public health problem, and I want to argue
8 from a different disease which is also quite
9 common and is a huge public health problem, but
10 is light years ahead of where we are in
11 prostate, and that's breast cancer.

12 About 40 years ago a particular
13 individual started the NSABP, and --

14 DR. GOODMAN: Dr. Fischer, you will
15 have to define that for us.

16 DR. FISCHER: National Surgical
17 Adjuvant something or another, and we all call
18 it NSABP, I haven't thought about what it means
19 in about 20 years. And this is Dr. Bernie
20 Fischer, he's no relationship, but he has done
21 an enormous contribution. And right now I am
22 editing the sixth edition of my textbook which
23 is a standard surgical textbook and the breast
24 chapters are coming in. And it's amazing what
25 they have accomplished in 30 to 40 years, such

00250

1 as saying if you're a woman who is 70 years old
2 and older, chemotherapy won't be effective,
3 please don't take it.
4 I can't conceive of that happening

5 within this setting. First of all, you've got
6 urologists and the radiation therapists at each
7 other's throats. I don't know that from here,
8 but I know that from around. And you don't
9 even know which patients you should treat, and
10 you've been at it for 40 years. So what I
11 would argue for is a centralized, perhaps
12 centrally funded effort with a disease which is
13 common enough to really be valued in order to
14 do this, because there are one hell of a lot of
15 patients that are affected.
16 And I wonder, with that large group of
17 patients and a central funding mechanism with
18 appropriate oversight, input from all the
19 relevant specialties that deal with it, very
20 much as in the breast cancer situation, in a
21 cooperative fashion, such that if anybody here
22 has had the unfortunate experience of having
23 breast cancer, you don't get treated with
24 anything until there's a conference and you see
25 all three people, and people get together and

00251

1 say this is the appropriate thing to do with
2 this particular patient. And I would hope that
3 with enough money and certainly listening to
4 all the randomized or so-called trials, that
5 unifying them, putting them together with the
6 appropriate input, you would spend less and you
7 would get more for your money.
8 You also would have enormous numbers
9 of patients. You could have the appropriate
10 segments of the patient population that should
11 be treated one way or another in a randomized
12 prospective fashion, and you would continue to
13 have your answers. Once people bought in --
14 and it's been a long time. Bernie Fischer is
15 now 93, and he started this a long time ago and
16 it's still going, people have still bought in
17 and kept it going.
18 I think this problem is big enough to
19 warrant such an effort, and that's what I
20 learned today, is that this is going nowhere, I
21 don't think, with the current way that it's
22 being done. You've got this group which is
23 this coalition and that group which is that
24 coalition, and you have industry, and you have
25 various proponents, but nobody's thinking about

00252

1 the big picture. And I think with up to 80
2 percent of the males in this country ultimately
3 going to have prostate cancer in some way,
4 shape or form, it's about time people started
5 thinking about the patients.
6 DR. GOODMAN: Thank you very much, Dr.

7 Fischer. I'm noticing that we're talking a
8 little bit about the evidence gap and maybe the
9 way of getting it, so if you feel more at ease
10 with addressing both the evidence gap and study
11 design that goes with it, that's fine if you
12 want to proceed that way. Dr. Hevezi.
13 DR. HEVEZI: I would like to see
14 whatever evidence we begin developing is some
15 quality oversight on the new technologies or
16 the technologies that we're going to be
17 evaluating, because I think it's only fair that
18 we can compare apples to apples and oranges to
19 oranges, so that if I do a study in a
20 university or a community setting, that the
21 kind of quality care that the patient is
22 getting from whatever treatment procedure we
23 use is being followed.
24 DR. GOODMAN: Thank you, Dr. Hevezi.
25 Dr. Jarvik.

00253

1 DR. JARVIK: Thank you, Dr. Goodman.
2 So, I think that given the paucity of evidence
3 that I think we generally agree upon, that any
4 evidence that can be gathered will be useful.
5 And while RCT evidence is in dire need, and I
6 think ASTRO actually is to be commended in that
7 I think they're going in the right direction
8 and long-term rigorous RCT evidence in this
9 country and elsewhere will be gathered, but we
10 obviously can't wait for that necessarily.
11 And there's other evidence that's
12 valuable. If we had high quality observational
13 studies, prospective cohorts and case control
14 studies, that would be very useful data also to
15 gather. You know, I think that further data on
16 biomarkers with respect to tumor genetics
17 especially would be useful to be able to
18 identify early on who is likely to need
19 treatments that are being contemplated and who
20 won't benefit from them will be important.
21 To jump a little bit to question seven
22 and how to bridge this gap, I know that, or
23 correct me if I'm wrong, that these questions
24 are not up for a national coverage decision at
25 this point, but coverage with evidence

00254

1 development is I think a powerful mechanism
2 that can be used to incent people to enroll in
3 registries and into trials. And having been
4 involved in a number of randomized trials, I
5 can attest that they are extraordinarily
6 difficult to conduct, and any way that CMS can
7 partner with NIH, for example, and industry in
8 facilitating these, I think would be useful.

9 DR. GOODMAN: That's great, thank you
10 very much, Dr. Jarvik. Point noted about
11 coverage with evidence development, among
12 others. Dr. Klein.
13 DR. KLEIN: I would like to reiterate
14 much of what others have said. First of all, I
15 think medicine continues to remain more a
16 profession than a science, and I think what we
17 really need to do is develop mechanisms by
18 which we evaluate a course of diagnostics or
19 procedure of therapeutics in the face of a lack
20 of epidemiologically rigorous evidence, and I
21 think that's among the most important areas in
22 which we can proceed.
23 As others have said, there is a need
24 for biomarker development, molecular genetic,
25 yes, but also perhaps proteomic and even

00255

1 morphologic, potentially all of those means in
2 combination. And while there's unquestionably
3 a need for randomized controlled trials, there
4 should be a push to include prospective
5 biomarkers from the get-go in these trials in
6 order to attempt to substratify patients and
7 potentially find those patients in whom an
8 intervention works versus those in whom it
9 doesn't.
10 And then finally, one point that I
11 don't think has been sufficiently emphasized.
12 I think Dr. Lee did present an image of a
13 radiograph of a patient with very severe
14 metastatic prostate cancer. And I do think
15 it's important to understand that this disease
16 for those rare patients that we discover with
17 localized prostate cancer, that for those in
18 whom the disease metastasizes, this is a very
19 serious event, and I think we need to try to
20 capture the severity of advanced prostate
21 cancer in these studies, so that we're
22 quantifying or measuring a disease-associated
23 morbidity rather than looking merely at the
24 morbidity associated with therapy.

25 DR. GOODMAN: Thank you very much, Dr.

00256

1 Klein, and among others, your point is well
2 taken about subgroup analyses and using the new
3 science of genomics and others to really ferret
4 out these important differences that will feed
5 into the demand for personalized medicine,
6 quite appropriate for this discussion. Dr.
7 McNeil.
8 DR. MCNEIL: So, I would like to
9 support Joe Fischer's position and argue
10 against the position of some of the others.

11 And I would ask the question, would we believe
12 today that progress in breast cancer would have
13 been made in terms of lumpectomies,
14 mastectomies, modified radical mastectomies,
15 adjuvant therapy plus or minus, various kinds
16 of hormonal therapy, age-based chemotherapy,
17 think of all the various combinations of those
18 therapies, on the basis of observational data?
19 And I don't think any -- I certainly as a
20 woman, being not affected by prostate cancer
21 here, I would not believe that.
22 So I think we really need to be just
23 as critical about the amount of or kinds of
24 data that we accept for prostate cancer, and I
25 would say that when the effect sizes do not

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1 seem to be enormous, we have all sorts of
2 discussions about whether or not the side
3 effects are this versus that, when the cost
4 distribution is enormous, and I do realize
5 we're not talking about costs here, but we do
6 know in fact that our insurance companies will
7 be other than Medicare, and when the cost
8 differences are at least a factor of three or
9 fourfold. And when we don't have any
10 predictive markers other than low, medium and
11 high on the basis of Gleason and PSA values,
12 that we can possibly believe that there won't
13 be some unobservable factors in patients that
14 will affect the results of treatment.
15 So I would strongly say we're wasting
16 our money if we try to treat prostate cancer
17 different from breast cancer in the way that we
18 collect data to look at treatment efficacy. So
19 I would argue that Joe is absolutely right.
20 The professional societies have to get
21 together. We have to do an NASBP large study
22 for prostate cancer, and not think we're going
23 to get anywhere with what's very popular in
24 terms of an observational data set.
25 DR. GOODMAN: So Dr. McNeil, you're

00258

1 saying back to those RCTs and the highest level
2 of evidence.
3 DR. MCNEIL: I think if we don't do
4 that for prostate cancer, we're going to be
5 sitting here in five years and wondering why
6 did we do what we did. I just don't think it's
7 a rational approach. It's convenient, but we
8 can't let convenience get in the way of proper
9 treatment for a disease that's affecting a huge
10 percentage of the male population. It wouldn't
11 have worked in breast cancer, so I see no
12 biological reason to think that it's going to

13 work in prostate cancer.
14 DR. GOODMAN: Thank you, Dr. McNeil.
15 Dr. Mock.
16 DR. MOCK: I think we're certainly on
17 the cusp of a new age in this country in health
18 care with the recent bill signing, and I think
19 it provides us an opportunity to really focus
20 on how we're going to get where it is we need
21 to be. And I think if we ascribe to the theory
22 that increased variability decreases
23 efficiency, that decreased efficiency is going
24 to lead only to increased waste of resources.
25 Evidence-based medicine is a foundation we can

00259

1 stand upon. It's a foundation that will, even
2 though it's supposed to take five to seven
3 years to get out to the practicing clinicians,
4 it will provide an opportunity for uniformity
5 with proven outcomes that add quality of life
6 to those that are afflicted with the disease.
7 I feel that, what more do we need for
8 evidence? Well, look at the evidence that
9 we've evaluated today. We need a lot more
10 evidence. We need to know exactly what the
11 most effective therapy that's stratified with
12 comorbidities, age and specific disease is
13 that's going to provide the best outcomes with
14 the lowest side effects at the most effective
15 use of our financial resources. That's what we
16 need for additional evidence, and I don't think
17 that we can wait to decide how to do it best
18 five to seven years from now. As our
19 population ages, we need these decisions ASAP,
20 and it needs to be based on a sound foundation
21 of evidence-based decision-making as we move
22 forward in the era of health care reform.

23 DR. GOODMAN: Thank you very much, Dr.
24 Mock, for putting in the context of health care
25 reform's broader purpose, we appreciate your

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1 comments. Dr. Potters.
2 DR. POTTERS: I would like to echo a
3 lot of the comments that were made, and while
4 I'm a proponent of randomized controlled
5 studies, and Dr. Zietman outlined a number of
6 studies that are either going to shortly be
7 published or that are ongoing, there are
8 differences with breast cancer.
9 I mean, the reality of a shorter
10 follow-up to get an answer on mastectomy based
11 on a randomization of an attractive opportunity
12 for women at the time that it was presented to
13 them led to a lot of women signing up. And I
14 think the option of, say, radical prostatectomy

15 or radiation or expectant management based on a
16 randomization given all the cultural impacts
17 that it has on the patients themselves makes it
18 very difficult in the current environment to
19 run that type of a trial. We could sit here
20 and argue that all of the time.

21 I do agree with the concepts of -- and
22 so while I don't discount it, I just want to
23 emphasize the difficulties in trying to run
24 those types of trials. And then you're dealing
25 with a disease that has a much longer natural

00261

1 history, layered on top of technology changes
2 that are occurring almost on a yearly basis or
3 less.

4 The idea of the generalizability
5 concept doubling back through a registry is
6 something that's being explored and it's
7 something that I would be a proponent of given
8 the outcomes of efficacy, adverse events, and
9 not just efficacy, adverse events and quality,
10 I think Jim Hevezi entered quality, but also
11 changes in practice and how practice changes
12 within clinics, that can be identified with
13 registries.

14 And then lastly, my comments are that
15 sort of the elephant in the room is, you know,
16 and I agree with the ideas of biomarkers. And
17 you know, we don't have the HPV head and neck
18 marker, you know, which is clearly changing
19 head and neck cancer radically, but -- and so I
20 would agree with translational efforts to try
21 and identify markers, but we're also dealing
22 with a disease that's evolved, and it's evolved
23 because of screening and it's evolved because
24 of perhaps early detection, and perhaps the
25 detection of certain disease or certain

00262

1 patients that don't need to be treated.
2 So my old rationale, you know, was
3 sort of the 20-20 rule. 20 percent of patients
4 are going to die no matter what you do, 20
5 percent probably don't need to be treated, and
6 then 60 percent are benefitted by treatment
7 almost no matter what you do. But I think that
8 that's evolved in the last ten or 15 years to
9 maybe a 10-40 where ten percent of the patients
10 are going to die no matter what you do, 40
11 percent of patients may not be treated.
12 And as we debated today, the
13 definition of active surveillance and how that
14 impacts on how one defines a baseline of
15 comparison, and then you add onto surveillance
16 the concept of delayed therapy or salvage

17 therapies. So that if you were to look at
18 watchful waiting, you know, there's a lot of
19 moving targets, and to focus the camera on any
20 one particular component, say just external
21 beam or just stereotactic, or just proton, with
22 everything else changing is going to be
23 difficult.

24 And so while, you know, I'll conclude
25 by saying yes, I think that randomized trials

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1 asking very specific questions that will
2 encourage enrollment should be encouraged. I
3 think the idea of registries and translational
4 is sort of the way to go.

5 DR. GOODMAN: Thank you, Dr. Potters.

6 So Dr. Potters offers that there may be a
7 portfolio of methods, including RCTs and
8 perhaps registries as well, to capture all the
9 kinds and types of effects and outcomes we may
10 be looking for. You also emphasized what we
11 called earlier the moving target problem,
12 always a challenge. Thank you, Dr. Potters.
13 Dr. Samson.

14 MR. SAMSON: Okay. As a
15 representative of an EPC very much like the
16 Tufts folks, I approach this as a systematic
17 reviewer, and so it's obvious that I would be
18 very interested in the study design issues.
19 And hearing what has been said already about
20 randomized trials, I'd have to agree with most
21 of what's said. I think that it's absolutely
22 vital that we get these randomized trials
23 funded and completed and cataloged.
24 I also understand obstacles to
25 enrolling into randomized trials, and those are

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1 sociocultural and, you know, the best we can do
2 is just make the best arguments we can in favor
3 of evidence-based evidence. It's a difficult
4 process and it's hard to get the messages out
5 to a broad enough audience to have an impact,
6 but I do feel very strongly about randomized
7 trials, and I know that the Minnesota EPC, they
8 stand very firmly that only randomized trials
9 will give us the answers we need.

10 I'm involved in a project right now
11 that gets at this very issue with prostate
12 cancer, should we be focusing purely on
13 randomized trials or should we also look at
14 observational studies. We're getting input
15 from a lot of people, so I'm not going to come
16 out too strongly. But if observational studies
17 are to be done, registries or whatever, it's
18 really critical that they be done at a high

19 level of quality, that the collection of
20 patient data is done in a very rigorous way.
21 As a systematic reviewer I've seen just tons of
22 observational studies and they don't really
23 give us very useful information. And so, you
24 know, if the observational studies are going to
25 be done, they just have to be done extremely

00265

1 well.

2 DR. GOODMAN: Thank you. So again,
3 the portfolio is important, you're emphasizing
4 the most rigorous types, and while you might
5 allow for observational studies in certain
6 instances, you're not looking for them to be
7 weakly or poorly designed, you're looking for
8 more sturdy design. Thank you, Dr. Samson.
9 Dr. Schwartz.

10 DR. SCHWARTZ: Thank you, Cliff. You
11 know, while I was confident that there was an
12 effect in question one for most of the things,
13 I had little if any confidence about what the
14 level of that effect was, and virtually no
15 confidence on the comparative effects. In fact
16 if question four had been written for any
17 comparison, I would have voted ones for all of
18 them no matter what I was comparing. So we're
19 talking about, you know, one technology, but it
20 would have been the same no matter which
21 technology I was looking to approach.
22 And it seems to me we're really back
23 to square one here. I mean, we need to
24 quantify efficacy, we need to quantify
25 effectiveness, we need to quantify particularly

00266

1 the benefit-harm tradeoff. You know, as has
2 been noted, there's a limited effect size here,
3 there's huge cost distributions, and in those
4 sorts of settings adverse effects and side
5 effects become more important, and you're
6 talking about patient preferences and
7 patient-reported outcomes here, and we're
8 really at square one here, and it's really
9 almost ridiculous that we're talking about such
10 a common disease that affects so many people,
11 and that for a significant number of people it
12 is a serious problem, that we don't have this
13 information after all the number of people that
14 we've treated. I mean, if the U.K. and Canada
15 can put together a quarter million people, the
16 United States should have been able to do this
17 a long time ago.
18 I think, though, you know, my wife
19 always says that my tombstone will say he kept
20 his options open. And I agree strongly with

21 what Barbara and Joe were saying about
22 randomized trials, I'm not going to repeat
23 that. But I also feel real strongly about the
24 need for rigorous observational studies. We
25 need a systematic effect here and the reason
00267

1 is, as people said, you know, we're dealing
2 with extended time frames, so we're going to
3 need to look at proxy or surrogate measures.
4 There is a difference between breast
5 cancer in this sense, and we were talking about
6 it at lunch a bit. We're dealing with, you
7 know, device-based, the equipment-based
8 technologies, and they evolve. You develop a
9 drug, the drug is fixed, you know. And for
10 surgical procedures like lumpectomy, that
11 basically is saying that here you have
12 equipment and, as you know, the technologies
13 improve, they're going to evolve, and so what
14 you're testing today will not be the same as
15 what exists in the time frame that we have to
16 look at.

17 And we also here have a situation
18 where there are multiple outcomes of interest,
19 and, you know, the reason we haven't done a
20 better job in part is because we haven't tried,
21 but in part it's because this is hard. We
22 don't talk about comparative effectiveness
23 research, it's like motherhood and apple pie,
24 but it's a lot harder to achieve than
25 motherhood. You know, there are a lot of --
00268

1 you know, here we have timing issues. It's not
2 just should you be treated but when should you
3 be treated. We can't tell the difference
4 between lethal and indolent disease, that's an
5 essential component that we have to figure out
6 so we know what to do.
7 And we need to learn how to handle
8 crossovers. And I think it was Dr. Olsson in
9 his written comments, he did a very nice job of
10 noting that there are like 20 or 30 different
11 major issues or effects that you have to take
12 into account, age, state of health, life
13 expectancy, risk tolerance and disease, you
14 know, risk stratification. So if we don't
15 start doing this, I think it's going to take a
16 multipronged approach, I think we need to think
17 about biomarkers because they're just better
18 predictors, you know, I think about them as
19 diagnostic tests, except better than what we
20 have.
21 And we also need to think about
22 incorporating electronic medical records. I

23 don't think they're the panacea people make
24 them out to be, but this is clearly a disease
25 where some of the subtleties of clinical

00269

1 presentation are going to be as Barbara noted,
2 because of the biases that are inherent in this
3 with the selection biases, we're going to have
4 to tease it out. But it's also going to take a
5 methodologic investment by the research
6 community, by NIH and AHRQ and others, because
7 we don't have the methods to be able to use
8 observational data the way we're going to have
9 to use it for this problem.

10 DR. GOODMAN: Thank you very much,
11 Dr. Schwartz, you stated we're back at square
12 one. Dr. Steinbrook.

13 DR. STEINBROOK: I agree fully with
14 the comments just made and the comments earlier
15 by Dr. Fischer and Dr. McNeil, so I don't want
16 to repeat.

17 I think this is a situation where
18 ideally every patient treated would have the
19 opportunity to either enroll in a randomized
20 trial or, if not in a randomized trial, an
21 observational study or be part of a registry.
22 I think that for certain types of information,
23 how safe and standardized is simply the
24 delivery of the technology, what are the
25 functional outcomes, what are adverse events,

00270

1 with some uniform definitions, with some
2 uniform data collection, that that could inform
3 certain sets of questions.

4 There are other questions. Ideally
5 you want to, to bring this back to the
6 doctor-patient situation, patients making
7 informed choices, you want to know of a
8 tradeoff between how you're going to be doing
9 in terms of your tumor in ten years and how
10 you're going to be doing functionally, what
11 adverse events you might have in a year or ten
12 years, and trade those off, because the answer
13 is not necessarily going to be the same for a
14 hundred out of a hundred individuals, and
15 that's what we need the RCTs for.

16 But I think that there's certain types
17 of questions which we can get other information
18 for. So given such a lack of evidence for such
19 an important and common problem, I think it
20 really behooves us to maximize the ability to
21 get that as quickly as possible.

22 DR. GOODMAN: Great, thank you very
23 much. So it's a matter of methods and timing.
24 Thank you, Dr. Steinbrook. Next is

25 Dr. Umscheid.

00271

1 DR. UMSCHIED: I'm concerned that with
2 time, even over the next couple of years with
3 meaningful use becoming more important, of
4 health IT, with patients getting more involved
5 in their healthcare, more engaged, getting
6 access to their medical records, I think PSA
7 testing isn't going to stay flat, I think it's
8 just going to continue to increase. And my
9 concern is that we're going to be treating a
10 lot of patients who have prostate cancer
11 diagnosed by PSA, a lot of those patients who
12 have indolent disease which would never kill
13 them. So like the comment made before, I have
14 a feeling that in the future we are just going
15 to be treating more and more people who would
16 never have died or maybe would never have even
17 been symptomatic from their disease.
18 So I think one thing that I really
19 would like to see is a randomized controlled
20 trial in low risk individuals, and a randomized
21 controlled trial of almost any type of RT
22 versus active surveillance.
23 Now that gets to a couple other brief
24 points that I want to bring up. One is this
25 issue of getting people to engage in active

00272

1 surveillance. There was a comment that was
2 made earlier that a lot of people are hesitant
3 to do that, because they would rather do
4 something versus nothing when they're given a
5 diagnosis of cancer, so I think more research
6 has to be done about how to help patients make
7 that decision and how to communicate what
8 active surveillance means.
9 And I think for that, another line of
10 research has to be done, which is really
11 defining active surveillance, and maybe that's
12 less research and more consensus, but that
13 issue has come up quite a bit in our
14 discussions.
15 And let me see if there's anything
16 else. The only --
17 DR. SCHWARTZ: If I could just
18 interject one thing, I wouldn't blame the
19 patient here. In the U.K., when the leadership
20 there decided that there was a different
21 approach, the percentage of people going for
22 active surveillance, watchful waiting, you
23 know, deferred treatment has increased some 60
24 to 70 to 80 percent over the course of about
25 two or three years. So I think what patients

00273

1 are doing is responding to the uncertainty that
2 exists within the provider community in how we
3 frame the issue. I don't think they're acting
4 irrationally given where we stand and how we
5 communicate the issue.

6 DR. GOODMAN: That was Dr. Schwartz,
7 for the record. Dr. Umscheid, could you
8 finish?

9 DR. UMSCHIED: And I think Andy brings
10 up a point that maybe we could just use
11 research or findings from other countries like
12 the U.K. and integrate them more into our
13 practice in the States to help patients
14 understand the decisions they have.
15 And lastly, the issue of screening in
16 general and prognosis in general. A number of
17 comments were made earlier about it's unclear
18 who's going to die from this and who's not
19 going to die from it, so a lot of people made
20 comments about tumor markers or whether it's
21 screening in the blood, but obviously screening
22 and then prediction of who's going to actually
23 die from the cancer are key areas.

24 DR. SCHWARTZ: You notice that was
25 offered by the only person who's too young to

00274

1 be screened yet.

2 (Laughter.)

3 DR. GOODMAN: Thank you, Dr. Schwartz.
4 If you could just cease for a moment, Dr.
5 Schwartz, you and Dr. Umscheid can take that up
6 later. Dr. Raab, sir.

7 DR. RAAB: Cliff, just one thing. I
8 wanted to thank the Tufts center. If you
9 haven't looked closely at it, on page three of
10 their assessment, it's a nice commentary on
11 future research and I thought it was a very
12 succinct list of studies that needed to take
13 place, and a real recognition that sometimes we
14 have to be pragmatic and not expect RCTs, and
15 they call in particular for a prospective
16 cohort study to assess this issue of proper
17 dose and mechanism in providing the radiation
18 treatment, and I thought that was right on, and
19 that one page is a perfect starting point for
20 what studies might be done.

21 DR. GOODMAN: Thank you very much.
22 And I know that in their slide presentation
23 there was at least one slide that did talk
24 about suggested studies. But you're right, Dr.
25 Raab, that does break it up in greater detail,

00275

1 I thought that was helpful as well, glad that
2 you're calling special attention of the Agency

3 to that. Dr. Satya-Murti.
4 DR. SATYA-MURTI: Towards the end we
5 spoke about patients having to put up with the
6 anxiety of the diagnosis. I have a suggestion.
7 Because we don't know the biologic inherent
8 variability and behavior of the disease,
9 perhaps we could do a little change in
10 nomenclature, like the cervical Pap smear
11 people do. The earliest of these cancers after
12 histologic diagnosis has been made need not be
13 termed prostate cancer. I would like to see
14 them -- someone mentioned adenosis this
15 morning, or something of that nature like
16 atypia. So this way the anxiety factor is
17 lifted off the patient, and some of them would
18 continue to be so, but this would then give an
19 opportunity of having to, quote, live with
20 cancer. And this might, when it is publicized
21 and published appropriately, this would
22 engender a greater amount of data as to what
23 happens to these totally localized cancers, and
24 in turn, cancer itself should then be lifted
25 off. That's all I've got.

00276

1 DR. GOODMAN: Great, thank you very
2 much.
3 For the panel now, are there any more
4 comments about two things? One, a comment
5 about an evidence gap, or a comment about the
6 kind of study design needed to address that
7 evidence gap, any further comments? We've
8 certainly run the gamut on types.
9 Dr. Steinbrook, please.

10 DR. STEINBROOK: Well, it's sort of
11 lurking in the back of my mind, not a large --
12 well, I shouldn't say that -- one of many many
13 issues, but we really don't know for a fact, I
14 think that watchful waiting versus active
15 surveillance, active surveillance involves
16 doing things, is an intervention in some ways,
17 and I think that's something that, in the
18 fullness of thinking about this, we have to
19 take into account.

20 DR. GOODMAN: Yes, a point not to be
21 forgotten, thank you, Dr. Steinbrook.

22 Dr. Fischer, on methods or gaps?

23 DR. FISCHER: You know, there are some
24 things going on besides electronic medical
25 records, although connected with it. There was

00277

1 a small research meeting a couple of weeks ago
2 and Dan Roden, who is the chair of
3 pharmacogenomics at Vanderbilt, gave a
4 presentation about what they are doing at

5 Vanderbilt as far as genomics. And in
6 September every single outpatient, which is
7 80,000, will have his or her genome as part of
8 their permanent medical record, and what
9 they're hoping to do is have a program where,
10 let's say you want to put somebody on Coumadin
11 and you say I'll order two milligrams of
12 Coumadin. The computer will speak to you and
13 say well, that's probably not correct, what
14 these people need is four milligrams of
15 Coumadin because of their genomics.
16 I don't know how much work has been
17 done in the genomics of prostate cancer, I
18 don't know how many patterns there are. That,
19 in addition to everything else that was
20 mentioned by the panel, is to see whether or
21 not there are certain patterns in getting at,
22 is there a certain pattern to people who have
23 to be treated, or a group of people who may not
24 have to be treated. Clearly at least two
25 different types exist. Just a thought.

00278

1 DR. GOODMAN: Thank you, Dr. Fischer.
2 Other comments? Dr. Potters, and we'll try to
3 be brief on these.
4 DR. POTTERS: We're addressing gaps,
5 is that right?
6 DR. GOODMAN: Evidence gaps or methods
7 to address them.
8 DR. POTTERS: So, the other sort of
9 gap, which is not an evidence gap, but it's a
10 comparative gap, is surgery, you have robotic
11 and open, and then there are other modalities
12 that are being looked at in the community. So
13 you have cryotherapy, you have HIFU, you have
14 all sorts of hot and cold laser types of
15 therapies, and anything that anybody can come
16 up with is going to be treating prostate cancer
17 in the next couple of years. And so I think
18 part of the discussion, as evidenced by the
19 number of different technologies within
20 radiation oncology, but outside of that there
21 are a whole host of other things that have to
22 be addressed as a gap.
23 DR. GOODMAN: Sure. You mentioned a
24 term that others might not have heard, HIFU.
25 Would you explain?

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1 DR. POTTERS: HIFU is high intensity
2 frequency ultrasound, which is an ablative
3 treatment focused in this area.
4 DR. GOODMAN: Thank you. Other
5 comments on evidence gaps or methods?
6 Just in partial response to

7 Dr. Potters, just recall that CMS recognizes
8 that there is a whole panoply of ways to manage
9 this disease, and the questions that we were
10 given today reflect outside inquiries from
11 various groups that wanted certain questions
12 answered, so this is not meant to answer the
13 whole gamut there.
14 A couple more items of business,
15 including a participative one. We've heard
16 from the Tufts EPC as one of the presentations,
17 and I want to thank you gentlemen and thank
18 your whole team, we've heard from them. We've
19 heard from our scheduled public commenters. We
20 have heard from our nonscheduled public
21 commenters, of which I believe there were 15,
22 we've had a lot of interaction among the panel
23 and the people here today. We've done a little
24 bit more than is often the case at these
25 meetings, which is we've engaged a broader

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1 group of people in the discussion today, which
2 I think is always a good sign.
3 I've got a couple more closing
4 comments to make but before we do that, whether
5 it is our EPC team or the scheduled public
6 commenters, or frankly anybody else in the room
7 today now, if you think we have missed a very
8 important point or we have not heard from you a
9 very important point, tell us now. Have we
10 missed anything very important? I don't want
11 to leave the room until we've satisfied that.
12 Glad to see Dr. Lee, and if you could be very
13 brief about it, Dr. Lee, we would appreciate
14 that.

15 DR. LEE: Regarding active
16 surveillance, those studies are ongoing. In
17 fact M.D. Anderson is conducting an active
18 surveillance study. I will say that of the
19 active surveillance studies that are currently
20 ongoing, there have been reports by Larry Klotz
21 from Canada suggesting approximately 25 to 40
22 percent of patients come off active
23 surveillance in four years and get definitive
24 local therapy.

25 The goal of active surveillance, I'm

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1 not saying it's the wrong thing to do, I am
2 saying that those patients, you know, if you
3 look at our slide regarding what the competing
4 risks of death are in those patients, as that
5 denominator gets longer, those patients are
6 going to need to be taken care of one way or
7 another.

8 DR. GOODMAN: Thank you, Dr. Lee. We

9 await the peer-reviewed studies that document
10 that. I believe this is Dr. Medberry. Sir?
11 DR. MEDBERRY: I just wanted to
12 mention that, I guess it's probably obvious to
13 everyone, but we had several questions asking
14 whether or not stereotactic body radiation
15 therapy was an improvement over other forms of
16 radiation and the answer I think was generally
17 no, but that really isn't the question. The
18 question is, is it as good, or are any of the
19 forms of radiation better than any of the
20 others, and I think that question really needs
21 to be addressed.

22 DR. GOODMAN: Yeah. We would look
23 forward to addressing that and other questions
24 probably just as soon as we got some better
25 evidence upon which to make that consideration,

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1 and we very much look forward to that, and I
2 think we had some very good suggestions about
3 the evidence gaps and how to address them
4 today, and I think we all look forward to doing
5 that. Was there a final comment, sir? Yes,
6 thank you for approaching the microphone.

7 Remind us of your name again, please.

8 MR. KINDER: Fred Kinder. I don't
9 think we can wait five years for technology.
10 As the dose, as you know, the dose increases,
11 the cure rate increases. We can't wait for ten
12 years. If the dose is delivered more
13 precisely, we have that technology today.

14 DR. GOODMAN: Thank you, sir, we
15 appreciate your comment and we understand the
16 importance of the time frame. We hope that it
17 would have been better had that evidence been
18 ready already today, but I think for now we're
19 encouraging the generation of that evidence in
20 a systematic way.

21 A final comment here unless, does any
22 panelist have any final comment? No. Okay.
23 Just a final comment. Yes, Dr. Umscheid.

24 DR. UMSCHIED: Cliff, I have one final
25 comment, just a point that, I think if there is

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1 an RCT showing that radiation therapy were
2 better than watchful waiting in a low risk
3 population, then you would need less rigorous
4 designs to show that different modalities of
5 radiation therapy that better targeted an organ
6 were better than their older alternatives. So
7 I think if you get some of those foundational
8 studies, then you can rely on the technical
9 aspects of some of the newer technologies and
10 how those technologies better target tissues

11 and deliver higher doses to smaller areas, to
12 make conclusions about those technologies.
13 DR. GOODMAN: Thank you, Dr. Umscheid,
14 that's a great point. Dr. Schwartz.
15 DR. SCHWARTZ: I think the other thing
16 that was mentioned earlier that I would just
17 like to underscore is we've got to start
18 working together more effectively on this. The
19 cooperative groups are still organized in an
20 old fashioned way, there's the radiation
21 therapists over here and the surgeons over
22 here, and this is a situation where you're
23 going to need both of them working together,
24 along with primary care physicians actually,
25 because of the active surveillance type issues.

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1 There really needs to be a cross-disciplinary
2 effort here that's really integrated from the
3 beginning, and it shouldn't matter how you
4 enter, but that you still get into this.
5 And we're going to have to, just to
6 underscore what Robert was saying before about
7 uniform definitions and standards and methods
8 of measurement. So the other thing is in the
9 research community, I was thinking about this
10 when the Tufts people were talking this
11 morning, there is virtually no incentive to a
12 researcher to just repeat what somebody else
13 has done, and yet there's a real scientific
14 value in sometimes repeating the same type of
15 study, and it's very hard to get funding
16 nowadays in the environment as to, you know, do
17 what's considered a repetitious or derivative
18 study.
19 You know, the new NIH criteria even
20 more now touts innovation, which is really good
21 for advancing science in certain regards but
22 when it comes to medical care, we, you know,
23 you never want to trust in one study, and yet
24 there's a lot of stuff in the system that works
25 against repeating that, so I think we have to

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1 think a little more structurally there.
2 DR. GOODMAN: Good point. And
3 certainly consistent with our last commenter,
4 patients need to be managed now, we have to go
5 with the best that we can, but that does not
6 diminish the call for better evidence.
7 DR. SCHWARTZ: And they need to be
8 part of that coalition too.
9 DR. GOODMAN: Absolutely, it can't be
10 done without all these stakeholders.
11 A couple final comments. Just an
12 observation that I think that what we have

13 heard today, I was going to say Exhibit A,
14 we've heard today Exhibit P for why we need
15 comparative effectiveness research.
16 In looking, was there good evidence of
17 head-to-head comparisons, no. Was there good
18 evidence on patient outcomes rather than
19 biomarkers, no, that was insufficient. In the
20 absence of patient outcome data, is there
21 evidence based on a good surrogate, probably
22 not. Is there evidence covering clinically
23 important time frames for the course of
24 disease, not enough. Was there evidence on
25 effectiveness in real world settings rather

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1 than efficacy, perhaps in some cases, generally
2 not very strong. Was there evidence for the
3 likely importance of patient subgroups,
4 including the priority populations of
5 importance, not much at all. Is there an
6 apparent commitment for us now to generate this
7 new evidence, we haven't seen much of it to
8 date, but I think we heard some very good
9 suggestions about what needs to be done there.
10 Another point that needs to be made is
11 that this not just a U.S. phenomenon, this is a
12 global one, and the demand for better evidence
13 of the types that were sought today is not just
14 a need in the United States. We're seeing this
15 globally, we're not the only ones that need to
16 generate better evidence.
17 The demand for the strong evidence is
18 not going to diminish. All the stakeholders
19 here in the room today and the Agency heard
20 some very specific suggestions about what the
21 evidence gaps are, what kinds of studies there
22 are that need to be addressed here.
23 Finally, we heard about a lot of what
24 sounds like good evidence in the pipeline, it
25 sounds like it's pretty good stuff. We await

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1 that in its peer-reviewed form and we kind of
2 wish we had seen that earlier, it would have
3 helped a lot more today, but that doesn't mean
4 we're not looking forward to and welcoming that
5 more rigorous evidence as it comes out.
6 Dr. Salive, back to you.
7 DR. SALIVE: Thank you, Dr. Goodman.
8 I wanted to give some closing remarks from the
9 CMS perspective. First, I want to thank the
10 panel members again for all your service and
11 really thoroughly reviewing this evidence and
12 being very thoughtful in your comments and your
13 voting. Particularly the comments just now, I
14 think, on the evidence gaps are very helpful to

15 us as we think about this.
16 I want to thank all the speakers and I
17 want to thank the public commenters, and
18 publicly recognize the chair and vice chair for
19 their work to pull this together. And also to
20 thank the staff, especially Maria Ellis, Ellie
21 Lund, Deirdre O'Connor, Joe Chen, who put
22 together the meeting today.

23 Some immediate next steps I think for
24 this are, we will post the score sheets,
25 especially for those of you on the web, our

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1 apologies that we did not read out the scores,
2 but they will be posted shortly on the website
3 here. We post ultimately minutes and a
4 transcript of the meeting as well.

5 As one of the previous speakers noted,
6 we currently do not have a national coverage
7 decision open for this topic, and we will look
8 at the results and really have a lot of
9 internal discussions here about the next steps
10 for us. But I will say for myself that, you
11 know, it does appear there's a lot of evidence
12 gaps here, there's a real difficulty drawing
13 conclusions from the evidence reviewed today
14 reflected by the votes. I think that would
15 create a difficulty with doing a national
16 coverage decision in this area, frankly, and I
17 do think it's really also a difficulty that
18 would extend to even trying to use coverage
19 with evidence development as sort of a Medicare
20 level to push on this area. But I do
21 appreciate that this is an important public
22 health problem and that it does have a lot of
23 important clinical questions and questions of
24 treatment and effectiveness that need to be
25 answered, and hopefully Medicare can push in

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1 that direction to get some of those studies
2 going.

3 So again, thanks to everyone for the
4 day.

5 DR. GOODMAN: The meeting is
6 adjourned. Thank you.

7 (Whereupon, the meeting adjourned at
8 3:05 p.m.)

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